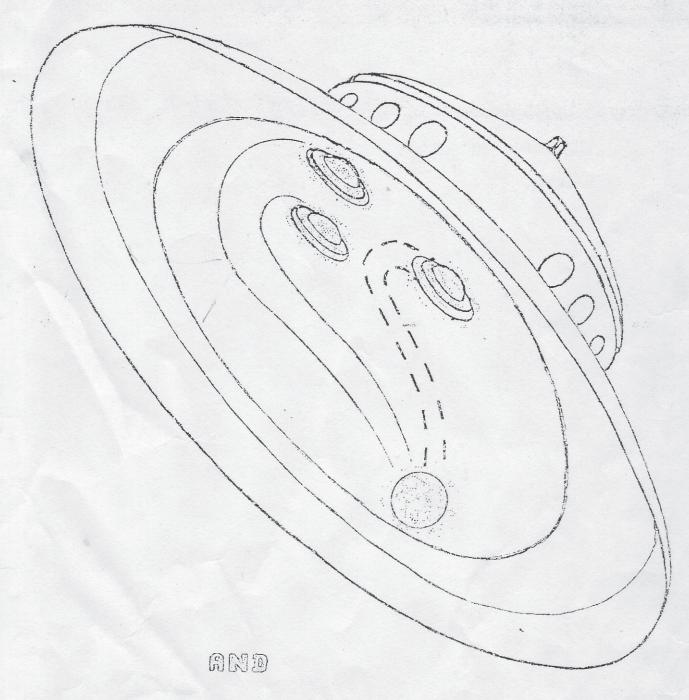
WHEELS WITHIN WHEELS



POINTS BEYOND

Wheels within Wheels And Points beyond

By

Willard Layton Wannall

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We are most grateful for the privilege extended to us in a personal letter from Mr. Wannall to mimeograph this third printing of Wheels within Wheels. We feel that this book will be a valuable addition to the libraries of sincere students of truth everywhere.

We have adhered to the original format, including capitals and punctuation.

Copies of this printing are available by writing directly to the address below.

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Foreword

Countless volumes have already been written by man in his aspiration to correlate truth – the Alpha and Omega of being – of which much the much discussed "Flying Saucer" phenomena is a relatively minor and incidental effect .Yet, in the cosmic scheme there appears always a new challenge, another concept to be considered. Are the "Wheels" manifesting in our time but a stepping-stone to an immeasurably greater BEYOND?

The ensuing chapters contain some of the most cogent fundamental principles of truth ever to be offered humankind on our plane of existence. In this concise, factual analysis of the unusual adventures carrying him through and far beyond the excepted mundane and purely physical, the author unveils Eternal Verities which have long been suppressed, or cloaked in mystery. The experiences are realistically conveyed, and logical – both satisfying his innate sense of responsibility and conforming to the highest ethical standards advanced by contemporary society. Without a doubt, these timely revelations are destined to fill a vital need in mans day to day search for totality – and consequently, for a simplified understanding of the immutable Laws of Divine Love.

Acknowledgments

From the fullness of my heart, I wish to express gratitude and deep love to all that have assisted me in any way from the beginning of my life on Earth in the current cycle, up to the present time and expanding beyond.

I especially hold Love and sincerest regard for those who shared and contributed, directly and indirectly, to the experiences manifesting within and through my being by living, working, contacting and even opposing me during the period of events reconstructed in the following narrative.

May I also convey my thankful appreciation of the help being given, and the efforts which will continue to be exerted - in true **Love** of **Infinite Being** – by many individuals in connection with the publishing, advertising, distribution and review of this edition.

May the Peace and Understanding of the Omniverse remain with you eternally.

Willard L. Wannall

OBS! Pages that are missing due to careless handling by parties other than my-self over the years are: 39 and 52

Temporary revising editor
J. Karlsson

Wheels within Wheels
And
Points beyond
By
Willard L. Wannall

"The appearance of the wheels and their work was like unto the color of a Beryl; and they four had one likeness; and their appearance and their work was as it were a wheel in the middle of a wheel."

Hezekiel 1:16

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Dedicated
To "TheMany who
are called and the few who
are chosen", and to all seekers of truth...

Everywhere!

Wheels whitin wheels and points beyond By: Willard L. Wannall

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Chapter 1

Why me?

Had I considered it opportune to write a book of this type while being a member of the armed forces, much valuable material would have been restricted or deleted as a result of military censorship and review. Fortunately, I am now at liberty to reveal the enlightening experiences that have led to a vast expansion of my consciousness, and to impart vital cosmic truths at a time when our collective need for self- knowledge is the most urgent.

I will attempt to avoid dramatization, distortion or withholding of relevant facts pertaining to the startling phases of my rapid enfoldment. In one way or another, a transformation like this can happen to anyone, and has no doubt been realized by many.

My hope is that through these writings and the practical application of the exercises presented herein, the sincere seeker of truth may be substantially aided in conducting his evolutionary adventure, on the path of illumination, with greater safety and effectiveness.

It was the later part of the year 1955, and I was assigned to an army unit stationed at fort Shafter in the city of Honolulu, located on the Island of Oahu, in the Hawaiian Islands. In the routine order of events, I was selected to attend a instructors course in information and education, which would enable me to lecture to other servicemen as part of the army's information and education program. This was to be in addition to my regular assignment as a record management specialist.

During the training course, my fellow students and I had the option of choosing any subject we desired to present as a graded training lecture, to be delivered to the class as a whole. For some reason I decided on the topic "strange happenings on land, sea and in the air". Accumulating the data for this discourse was an education in itself. Not having previously become familiar with these unusual occurrences either through study or reading, I was amazed to find such a wealth of material existing and available to the researcher. My subject – matter was finally reduced to three main parts – (1) Objects that have fallen from the sky, such as masses of ice, stones, ashes, silver crosses, worked quartz, living things, flesh and blood, works of art, nails, and burning sulphur; (2) Unexplained disappearances (including entire ships and crews), planes and crews, individuals from land (and in this connection teleportation cases), (3) strange objects being observed in the sky. There were authentic records dating back hundreds of years to substantiate these happenings.

All of this provided much food for thought, and my discourse was so well received that I was requested to conduct a series of regular lectures on the subject for the benefit of military personnel stationed at fort Shafter, placing particular emphasis on strange objects manifesting in the sky.

Considerable publicity was given the forthcoming lectures by the information and education sections of the various units, and I was besieged with reports from officers and enlisted men alike, pertaining to extraordinary phenomena they personally had witnessed.

I arranged to interview the majority of these individuals, specifically to record on magnetic tape their accounts of sightings involving unconventional aeroforms, which I kept on file together with their written reports. Many of the testimonies I planned to incorporate in the discourses themselves.

Prior to the actual presentation of my lectures, it was required that I make complete tape recordings of the material planned for use, to be submitted to the information and education officer and the Public information officer, both located at fort Shafter. In order to expedite the assignment, the necessary recording equipment was placed at my disposal. Much of the work was done at home*(*I resided in a section of Honolulu known as Kaimuki) during the Christmas – New Year holidays of 1955 – 56. Following their completion, the tapes were forwarded to the officers referred to above, who upon determining that there was nothing objectionable contained in the lectures, approved and scheduled them for delivery to the enlisted troops in January of 1956.

Having utilized already both civilian and military sources of information in the preparation of the discourses, I wrote to the Air Technical Intelligence Command of the United States Air Force for release from their Project Blue – book (unidentified flying objects research program) and was supplied with much of their investigative material on so called flying saucers. In addition, I had quoted incidents related in the popular "Saucers" publication and with the full sanction and cooperation of the military authorities , my new assignment was ready to be launched , and I was looking forward to a few days of relaxation with family and friends.

On the 7th of January 1956, my family several quests and I (a group totaling seven) were enjoying a quiet Saturday night get– together at home . The time was exactly 07:55 that eventful evening, when I followed an impulse to step out on the back porch to take a look at the sky. Several searchlights, beaming above the horizon between our subdivision and downtown Honolulu, attracted my attention for a minute or two, before I suddenly noticed a rather large and strangely luminous light had moved into the range of my vision. I must emphasize at this point, that all essential details directly associated that is about to take place, will be purposely omitted. Even I am no longer with the service, Military regulations that are still in effect, and applicable in this case, prohibit me from presenting the facts as we observed them.

However, it may be stated without jeopardizing the safety of my family and friends, or violating any security restrictions, that we witnessed the landing near our home of a clearly defined unconventional flying object which remained under our surveillance all of forty – five minutes prior to its departure. In addition to myself, there were six other responsable, and highly respected individuals present, who viewed the details of this sighting alternately with and without the aid of high - powered binoculars.

In spite of our obvious sincerity, the immediate aftermath of my official telephone report of this event, proved to be a nightmarish and humiliating ordeal, especially for my family, a devout Christian group. Although I had made my statement in good faith as an American citizen and member of the armed forces, we were subjected to a kind of treatment hardly in keeping with our heritage as FREE PEOPLE. This is only one of many personal experiences that have caused me to recognize with alarm to what extent disloyal and subversive elements foreign to our way of life have infiltrated vital levels of our most respected investigative agencies, both civilian and military.

At this writing, I view with interesting alarm, how solidly entrenched these Anti – Freedom movements have become, in their insidious drive to undermine and invalidate the entire structure of our constitutional government. As a staunch believer in and steadfast champion of Universal Brotherhood, I shall continue to employ every means at my disposal – with due regard for the safety of my associates – to combat the dark forces which are, at this very moment, feverishly conspiring to divide and conquer mankind. Along with many others so dedicated, I am taking full advantage of my constitutional prerogatives for the purpose of disseminating truth through every available channel. Except for the particular UFO incident referenced above, there has been no censorship imposed on any part of this book or the factual information presented therein. All circumstances attendant upon the outcome of the "Saucer" landing will receive

complete coverage in the pages to follow.

During our sighting I had telephoned the representative of a UFO research group from New York City, who was known to be in Honolulu investigating the sighting of a cigar- shaped object recently viewed from the Hawaiian Islands. I described what we were at the moment and he tried to observe the object from atop the Waikiki hotel where he was staying, but he was unable to see it. He called later the same evening to ask if I would consent to newspaper publicity. This I refused, since I was a member of the armed forces and had already made an official report by telephone. Apparently he then contacted the local papers, because we were promptly besieged with phone calls from newspaper editors and reporters who wanted to take pictures of us and of the landing sight. Despite my objections, and persuasions to the contrary, a short news story was published the following day.

On Sunday morning, January 8, 1956, the UFO research representative again telephoned me, this time on behalf of a group of about fifteen people, including an Air Force colonel in an unofficial capacity, members of a local flying saucer research group, and members of the local Theosophical society who wanted me to take them to the landing area. I complied with their wishes, and arrangements were made to meet at a Waikiki hotel at one o'clock that afternoon.

We left the hotel in three cars bound for the landing site on St. Louise Heights, a semi – populated ridge near my home in upper Palolo valley. The Air Force Colonel had brought along a geiger counter for the purpose of checking radioactivity in the vicinity. When we neared the site where a soft gentle rain was falling, it was necessary to leave the cars and proceed by foot. The going was rough because we were obliged to forge through a dense undergrowth of tropical vegetation and made our path as we advanced. Later we discovered a well worn trail leading in to the area. It seemed strange that there could be such a wilderness adjacent to one of the most exclusive residential sections of Honolulu. However, upon reaching the landing patch itself we found it cleared, and because of it's locale, was observable only from the region in which I resided.

Apparent to me and to another member of the group, an Air Force Sergeant, who later revealed him-self to be a very deep student of the occult, was a peculiar tingling sensation in our bodies as we penetrated the area. Also, a spot on the top of my head about the size of a half – dollar began to perspire profusely. I did not think too much of it at the time, but in the light of succeeding events, this definitely was the beginning of the many changes that were to take place within my being, leading to a series of amazing experiences.

The Colonel, the Sergeant and I departed from the main group and began searching for the exact landing place of the disc, using the Geiger counter as a possible means of detection. I led them straightforwardly to where I believed the spot to be, and so noted several disturbances which tended to support the fact that something had landed there not to long before. We discovered that some of the cacti had been severely, and the juicy green coloring matter was still freshly oozing from the bottom of the plants. Also found was a United States Air Force summer flying suit, practically new, which to all appearances, had been discarded only hours earlier. The final clue we happened upon, was a ten foot swassika which had been cut into the ground very recently, and judging from the excitement of the others, it was the most important "find" to students of saucer lore. I was told that this particular symbol had been spotted before at sites of reported "saucer" landings and had an occult meaning in several secret lodges. At that time I was completely ignorant of Metaphysical and occult phenomena. My thoughts had for the most part been occupied with purely physical, mundane matters.

The Geiger counter indicated evidence of radioactivity in certain parts of the area. Each individual was checked with the device and it developed that I was the only one who registered any radioactivity whatsoever. The top of my head gave a reading of a little

over 2.2 roentgens (unit of radiation measurement), and my watch registered about 1 roentgen. The normal reading for a radium dial watch is only one tenth of a roentgen. The Colonel expressed concern over the fact that my head was radioactive and advised me to scrub it thoroughly, and to scour the watch as well. This was attended to as soon as it became feasible. No one could explain or present a reason why my head should be radioactive. Obviously, this was the first time anyone in the group had heard of such a thing. I felt no ill effects, but the tingling and the perspiring of my head, in that one spot, continued until we left the area.

Shortly after we had gathered together and taken numerous pictures of what was found at the landing site, the group disbanded. The Air Force Sergeant remained with me, mentioning that he had something to relate. He began by saying he had left the main group for a while on a hunch, and had met an individual, looking completely human, who had stopped him by stepping out from behind a clump of cacti. Marvin as I shall call the Sergeant, did not recognize the stranger. His voice, according to Marvin, was extremely musical and pleasing to the ear. He had greeted him with the words, "good afternoon Marvin, I knew you would come here this afternoon. I have been expecting you, all of you, as a matter of fact. Here, come with me out of the rain". Marvin said he walked closer to the individual and felt a glow of warmth, love and respect. The man appeared to be the same age as Marvin, having a similar color of sandy hair, possessing large blue eyes, a friendly smile and beautiful, perfect teeth. Marvin wondered how he knew his name and if the encounter were some kind of joke.

Presently the individual remarked, "I have a message for all of you people gathered here today. We have been watching this little group and are convinced of your sincerity, so we have decided that you will be our contacts in this area. There is much work to be done, of a type that I can not tell you about just now, but you will know of it later on. Mr. Nelson (the research representative) will stay on in Hawaii for quite some time, as his work will be centered here (this later proved to be true). "We want to arrange a meeting with you Marvin, for this Wednesday evening if you feel you are strong enough". Marvin quickly responded with, "Oh yes, anytime. Make it sooner if you like". The stranger replied, "No, it is not likely that things will be happening before then, but I will be in this area for evenings to follow. If you care to, tell this to Sergeant Wannall later on today, so he can be watching. He will be able to see some action here every evening – but no "Saucer" until Wednesday evening. If you will come back here on Wednesday evening, you will be given an experience beyond your wildest dreams. Instantly Marvin blurted out "I'll be there". At this display of eagerness, the man smiled and inquired, "Don't you recognize my voice Marvin?". Slowly Marvin answered, "Yes, it does seem to me that I have heard your voice before, but I can't recall where". The individual then asked, "Don't you remember your promise to me to quit smoking?. I see you don't have any cigarettes with you today, and I know you have been cured of the habit. Since you have been cleansed of your desire for smoking, are you convinced of my realness now? ".

(At this point I would like to interject the fact that Marvin was a student of mental telepathy and had been receiving messages from an extraterrestrial being who was evidently the same person with whom he was speaking at the time.)

Needless to say I was greatly surprised by what Marvin had told me, and we continued our conversation. He explained many phases of his studies along metaphysical lines and I began to realize that much secret knowledge existed which was taught by occult organizations. Through our discussion I learned Many new terms entirely unfamiliar to me, such as automatic writing, thought transference, Mental telepathy,

Psychometry, Clairvoyance, Clairaudience, and psychic eye. He also intimated that the feelings I had been experiencing during the past few hours represented a degree of psychic awakening, and that I could anticipate more startling developments. As this is being written several years later, I understand only to well the phonetic truth of those words.

As Marvin and I parted that afternoon, we made arrangements to meet at the same spot the following Wednesday evening for what we were convinced was to be a physical "Saucer" contact. He said I should not pick him up in my car- that he would be there. I thought this a bit strange, since Marvin did not own a car and it was a long walk from the buss route to the landing site. Later events indicated that he was able to utilize modes of transportation which to me, at that time, would have seemed fantastic. Upon returning to my home on Sunday, I briefly recounted the latest events to my wife and then retired into the bedroom to ponder the many unusual things I had seen, heard and experienced that day as well as the evening before.

Being curious by nature, I naturally sensed the intriguing overtone and deeper meaning of this adventure. To insure the protection of all incoming data, I decided to keep two types of written reports, the first being a log of "flying saucer" sightings, beginning with the landing we had witnessed, supplemented by reports from other sources, and including any future sightings in our vicinity. (It was my intention also, to watch nightly for these unconventional flying objects in the sky and to take color pictures if possible, in order to have some physical proof of their existence). The second set of records I proposed to keep would be of the results obtained from all of my future studies and investigations into the little known aspects of Creation.

While I was resting and planning ahead, I noticed that my vision was starting to play tricks on me, and that I was seeing things which previously had not been apparent. All around the room, clouds appeared to be floating, some of which resembled facesrather more like skulls than faces- with holes where the eye's, nose and mouth should have been. Accompanying this display was a peculiar tingling sensation throughout my body not dissimilar to the one experienced at the "Saucer" landing sight and quite like that of a slight electrical current racing through the nervous system. The pulsations did not feel unpleasant at all, though they certainly seemed strange at the time. It suddenly occurred to me that perhaps radioactivity had something to do with these weird effects. I went to a mirror to look at the top of my head, not actually knowing how that might help me to understand what was happening. While thus examining my self in the mirror, I was astonished to find that light was radiating from my head, similar to the glow from an incandescent light bulb. To say the least, I doubted the evidence of my senses, because at that point I knew nothing of the human aura. Novel impressions were crowding in and beginning to penetrate my conscious mind. These thoughts seemed to be associated with names and places completely unknown to me. I felt a mounting concern and feared that in some way my undue exposure to what I believed to be radiation was affecting my mental processes.

At this writing over three years later, the experience is still vivid in my memory. I am relating these events exactly as I lived them, giving all the details I feel are important to pass on to others who are having, or may have had similar reactions.

That afternoon as my mind turned to radiation sickness and assorted complications, an entirely different feeling suddenly manifested itself to my consciousness. This new sensation of intense relaxation and peace quickly dispelled the gloom which had threatened to engulf me only minutes before.

Then amazingly from inside my head I heard a voice. I wish to make clear that i was wide awake and fully aware of my faculties. I was feeling no discomfort, even when the voice began to speak. It was like perceiving in normal manner, except that now my ears seemed to have reversed themselves, and I was hearing plainly and with out

distortion from within. There was no pain or other distracting factor involved, the voice simply began to speak from within my head. About the nearest physical comparison possible, is that of listening to voices by means of a pair of earphones.

Oddly enough, I was not in the least bit disturbed by this unexpected development, probably because it all seemed so natural. I can still remember the exact words the voice spoke - "My Son, do not be alarmed. This is only the beginning of a series of manifestations which will be forthcoming, and which naturally seem inconsistent to you at the present time. I am one who is known as a guide, occasionally referred to as a Guardian Angel. Each individual now incarnated on all planes of the planet called Earth, as well as on other planets, has been assigned an entity who supervises his spiritual progress. Primarily, Guides are Entities serving their half of the incarnation cycle on the planes above the physical or Earth plane. Guides are not necessarily exalted beings as various people undoubtedly will try to convince you of in the future. However, in some cases a so-called "part time guide" might direct the movements of an individual from a much higher plane than the one from which I am now mentoring. At this point it would not be wise for you to be given any further information regarding the various planes, because such knowledge would only confuse you and tend to impede your progress. Guides function more or less in a advisory capacity and are not permitted to unduly influence the progress of individuals. Each person must work out his own destiny in accordance with his karmic pattern. You will be hearing much about the words Karmic and Karma in the future. It is another name for the law of Action and Reaction. This law is interwoven with the cycles of incarnation, also referred to as "reincarnation", and here is another word you will contact repeatedly in your studies".

"The manner in which I am speaking to you today is a form of clairaudience. There are several other methods of communication between guides on this plane and your Earth plane. Chiefly two types of thought transference are used. That is, thoughts can be directly beamed at you or they can be allowed to drift into your consciousness. These principles also operate between individuals on the planes called physical. Yes, there exists more than one physical plane, as you will eventually discover. Today I am very briefly outlining the overall pattern, so that you will be partially prepared for the events to come. You will experience the proof of all I have said and much more. You will discover for yourself that reincarnation is a fact. This realization will come from your own consciousness when you pierce the memory veil".

"I know that during the past two days, specific changes have been made in your body, which have enabled you to become slightly clairvoyant. How this is brought about is not important at the moment. As you progress from now on, it is best to go slowly lest the balances with your physical body become unduly disturbed. From time to time it will be necessary to intentionally alter these balances for testing purposes, but they will be controlled. I might also mention, that prior to this incarnation, you were well aware of the tests which would confront you in this cycle. You realized then, that your mission in life – yes, you have a mission which will make itself evident later on – was such, that in order to be of assistance to others, it would be necessary for you to experience definite changes within yourself".

"I have said enough for the time being, and you will probably realize it would be wise for the present not to mention any of this to anyone. It is best that you first determine the truth of these realities in your own mind and be properly prepared before you take others in to your confidence. Even your dearest loved ones will question your sanity should you disclose what I have talked about today. The occasion will come when it is propitious to pursue the subject. Try to learn patience and to develop the wisdom to properly utilize the knowledge you will be acquiring for yourself".

"There are many well-meaning entities on certain other planes constantly seeking to contact those on the Earth planes who are receptive and sensitive, but in spite of their apparent sincerity, it is best not to become involved with these messages. The majority of these entities have not perfected the clairaudient means of communication I am using in communicating to your consciousness today, so until you become aware of my particular vibration, call it Light energy emanating from my consciousness, I will continue to communicate with you in this manner. I will always be receptive to your thoughts, but will not answer your call unless I deem it proper, or unless it will serve to assist you in some way without interfering with your own karmic process. I am Ashtar, and it is not necessary for you to know more about me at this time". You will be given a history of my physical plane incarnations from a source unknown to you at present. I leave you in peace".

The voice stopped speaking as it had started. Never before in my life had I experienced anything even remotely similar to this communication. The tingling sensation, which by now had reached the intensity of an electric massage, was actually pleasant. I was not suffering any ill effects, and was, in fact feeling better than usual. It was my fateful decision not to divulge any part of this experience until I had become firmly convinced of its reality. Before attempting to discuss these matters with students of the occult, I intended to obtain sufficient proof of what I might reveal.

Still I could not help wondering why all of this should be happening to me. Exactly what was the nature of this so-called "mission" in life of which I was supposed to become aware? Without a doubt, time would tell, and I philosophically resolved to let events follow their natural course.

Chapter 2

The Near Contact

The events of the 7th and 8th of January had proved to be tremendously thought provoking and I marveled at the many strange and unexpected turns my life had taken in so short a time.

Soon after the conclusion of the clairaudient experiences described in the preceding chapter, I had rejoined my family, only to become aware that they too possessed auras of white light. Before long, I was to develop the ability of perceiving auras in "Technicolor", but this is getting ahead of my story.

On the next, which was Monday January 9^{th} , I went to work as usual. After arriving at the post, I was notified that the G-2 (Intelligence Officer) wished to talk to me, and that the intelligence officers from the Air force would be at Fort Shafter in about an hour to review my "saucer" landing report of the previous Saturday evening. While I was waiting for the scheduled briefing to take place, I wrote an official account of the incident to my commanding officer, covering the events of the night of the sighting only. I purposely neglected to mention the trip to the landing site the following afternoon because I felt strongly inclined not to make Sunday's exploration a matter of record in connection with the sighting.

The Air Force intelligence officers were very much interested in the landing report, and after we had a general discussion concerning it, the final draft was prepared. It was thirty two pages in length. Also, the sighting details were tape recorded, for their records. Before we adjourned, the officers told me that they would appreciate my using discretion in any further discussion of the "saucer" incident, and that they would let me know the results of their investigation. (To this date, the Air Force findings remain conspicuous by their absence).

I had no other contact with the Air Force until several days later, when a group of officers came to my home in the evening. They wanted to view the landing area from our vantage point and to unofficially discuss the sighting with other members of the family. The next morning, one of the officers passed over the house in a helicopter, waved a greeting, and then proceeded to the landing site where many pictures were taken both from the air and on the ground.

I had no further news for several days, but finally did receive a telephone call from the officer in which he instructed me not to make anymore official "saucer reports". Whenever we witnessed a sighting we were to telephone him personally, regardless of the hour and let him know the details. He implied that too much paper work was involved. I was later given the same directive by the intelligence officer of my own unit at Fort Shafter. It need not have been requested of me, since I had intended never again to make a report of this type to military intelligence in view of the prevailing unsympathetic attitude that our sighting was a mass hallucination, delusion, or outright fabrication. Along with many other conscientious citizens, I learned a good lesson about reporting sightings of unconventional flying objects to the Air Force.

A day or so after my interview with the intelligence officers, I was notified that my scheduled lectures had been cancelled. The official policy of the department of defense was that "saucers did not exist". The order had come from "above" (higher authority) and was accompanied by a general expression of regret that all my time and effort had been in vain.

This abrupt action, however, had a positive effect on my determination to prove through physical means that the so-called flying saucers did, in fact, exist. I was now

provided with the additional incentive to obtain photographic evidence which would be undeniable to all who maintained that these objects were figments of the imagination.

I have included this information so as to complete the story of my first UFO contact and its immediate repercussions. We will now return to the Monday following this fateful incident and proceed from there.

Beginning that evening, several members of the family and Initiated a saucer viewing project, taking turns in scanning the sky from our home at every opportunity. Fortunately, during the months of January, February and March of 1956, the Hawaiian Islands experienced as a "flap" in saucer terminology, and soon my logbook was overflowing with an impressive number of sighting reports. It is not essential to quote a long list of data to indicate the magnitude of this "flap". Suffice to mention, that during the period January 7th through March 20th 1956, a total of 20 unconventional flying objects had been viewed from the main Island of Oahu, 90 of which were personally witnessed through nightly observation. The remaining 119 sightings were reported to me from other sources. Also during this period, I took about 200 pictures of UFO's using both black and white and color films. Of this number, about 25 are considered to be good pictures. These color slides were checked by scientists and inspected by some congressmen, all of whom have vouched for their apparent authenticity. Publicity was held to a minimum although a well known saucer researcher, representing a Washington D.C. group, recently displayed them quite extensively on a lecture tour covering a majority of the states. However, there is no need to dwell upon the saucer phase in this account, because abundant old and new evidence is readily available, proving their existence. The subject has been well covered and documented by the many "saucer" books since Kenneth Arnold's famous sighting in 1947. The principle idea behind my writings is to unfold what lies BEYOND these multidimensional manifestations, and how YOU, as an integral part of creation, may develop into a mature cosmic being.

To return again to Monday, January 9, 1956, I will quote a typical entry from my "saucer" log to exemplify the number of sightings in one night:

"Monday, January 9, 1956 – UFO sighted coming in from Koko Head crater area at 1900 hours. Object hovered over St. Louis Heights from 1900 to 1908 hours, at which time three jets suddenly appeared in area. One jet headed toward the object and it (the object) suddenly reversed itself and accelerated rapidly with color changing from orange to red to white and then disappeared in the direction of Koko Head crater. Object was the size of a dime held at arm's length, witnessed by Brother-in-law, Father-in-law and myself. Similar object appeared at 1940, 2005 and 2100 for a few minutes each time and hovered over the same area at St. Louis Heights. At 2200 hours, eight lights were observed flying in a "V" formation at an altitude of approximately 20 000 feet. Were hovering when first sighted at an angel of 85 degrees above the horizon ¼ the size of a pinhead held at an arm's length by comparison. After 2 minutes the objects suddenly accelerated together and moved rapidly through 90 degrees of arc in 3 seconds with color changes from orange to red to white and then disappeared".

On Wednesday, the 11th of January, I drove to the vicinity of the saucer landing site to keep the appointment with my friend Marvin, as prearranged. According to the telepathic message received by him during the day, the time for our contact was set for 9:15 PM. Marvin had not yet arrived when I reached the site at 9 o'clock. In order to more easily observe his approach, I waited on a knoll which commanded a panoramic view of the surrounding area. Suddenly, about 10 feet in front of me he appeared – apparently from nowhere. In spite of the fact that many unusual experiences had conditioned my mind for the past few days, I was not prepared for someone to materialize in front of me in this manner. Though shaken for only a moment, I was too surprised to interrogate him on the spot, and it was only through later discussions and revelations from guides that I was introduced to the subject of teleportation. The mechanics of teleportation are really very simple when one is taught control of the

universal laws utilized, and when one's body has been changed to accommodate the increased vibrational level necessary to remove it from the physical plane, and restore it to another location.

Upon his arrival we chatted for a few minutes. Although he appeared to be in a stupor, Marvin related that he had been in contact with beings from other planets for years, and was, in fact learning the Martian language. I must admit that such a revolutionary concept was beyond the scope of my limited comprehension at the time, yet little did I dream this would be a mere drop in the bucket, compared to my own experiences in the months to come.

At 9:15 PM, we suddenly became aware of an object circling about 500 feet above us. It was silvery disc-shaped, metallic appearing, solid looking object about 65 to 70 feet in diameter and was moving at an angel of about this slant (/), which enabled us to observe its dome shaped top. Since that period I have seen photographs of unconventional flying objects Taken by George Adamski, and this disc was of the same type he classified as a "scout ship". There was no sound that I could hear, but the object did emit soft shades of red, amber green, amethyst and white light in a rare combination, revealing a color spectrum entirely new to my normal perception. Conditions were excellent for viewing this beautiful and impressive sight, which was further enchanted by a cloudless, star-incrusted sky. Simultaneously, the same peculiar pulsations I felt the previous Sunday, again manifested through my body, only more intensely, if one can visualize be plugged into a "cosmic house current", so to speak. This sensation was destined to become a very familiar one to me, especially as a guide to photographing unconventional flying objects, whose proximity I could usually sense through this particular vibration.

The disc we were viewing that Wednesday evening, had an outer rim which seemed to rotate, or at least giving the appearance of so doing. This appearance could have been caused by a rotating force field of some kind, as has been demonstrated under laboratory conditions, using electromagnetic currents.

The UFO hovered for a minute or so at 500 feet, then descended to about 200 feet above us. We were expecting it to land, and of course, excitement ran high. To my knowledge, Marvin had never experienced a physical saucer contact before, and being a complete novice, I was really enthused over the phenomenon.

The object remained at this altitude for almost ten minutes, when suddenly it shot straight up emitting a brilliant white light, and just as abruptly disappeared from view. During this interval, I took several color pictures, some of which are very vivid and continue to evoke favorable comments. But, as I have indicated before, unconventional flying objects are not the main theme of this book. With a good camera, the proper color film, and patients, anyone may obtain satisfactory pictures of so-called flying saucers. In my own case, I have found the transparencies to be far superior in detail and quality to any commercially produced prints.

Subsequent to the departure of the disc, Marvin confirmed having through mental contact with the occupants of the disc, received a message from the same individual with whom he had previously been communicating. I quote from a copy of his notes which he later passed on to me:

"If anyone advances anything new which contradicts, perhaps threatens to overturn the creed which we have for years repeated and have handed down to others, all passions are raised against him and every effort is made to crush him. People resist with all their might. They act as if they neither heard nor could comprehend. They speak of the new view with contempt, as if it were not worth the trouble of even so much as an investigation or a regard, and thus a new truth may wait a long time before it can make its way. There are many people, and there numbers are rapidly increasing, who feel

that the dispute as to the reality of the marvelous phenomenon of flying saucers should not still be going on. This is why this group on Oahu has been formed. You will be the disciples of the coming events. Much has been said – little has been done. The time to act is now. None can see from your eyes save yourself – none can aid us in our service unless he knows of his own weaknesses. The success of the future is only the successful attempts and convictions of the failures of the past. Learn to know your smallness, so your eyes can be opened to see your greatness".

The excerpt above is but a fragment of the expansive thought pattern of new ideas which manifested it-self to me and through the many unusual situations and interesting people I encountered in my deep and earnest search for truth.

Chapter 3

Searching For Answers

This idea of receiving messages through mental means intrigued me, as many other students of light no doubt have been intrigued. I wondered about the possibility of learning how to contact members of my family who had "died", or to use occult terminology, who had "passed through transition". I believed that by actually making a contact I would prove to myself that life does exist after so-called death.

Also, there was the saucer mystery, just what did it imply? Do the UFO's represent an advanced culture from another planet? Why were they appearing in such large numbers now? I had already been convinced that they were real because I had seen and photographed them. It was fairly certain that no known government had developed anything similar, particularly since references to these strange craft date back as far as the earliest recorded history. The Bible makes mention of objects in the air and also of people who came with them, i.e. Ezekiel's "Wheels Within Wheels". The many books which have been written on this subject have given wide coverage to the historical aspects of the flying saucer phenomenon, yet I was convinced that somewhere in connection with the "Wheels" there was a missing link, or hidden key, which had been overlooked.

I also became vitally interested in how psychic awakening had changed my outlook and activities. Obviously, this new perspective would create additional challenges in life which must be met. The question was how to best cope with them. Various organizations which taught the laws of life and how to master them were recommended to me. Heretofore, I had paid very little attention to the many advertisements interspersing the pages of our various periodicals with their promises to awaken the latent powers that each of us possesses. I now began to anticipate the avenues I might pursue to further increase my understanding.

At this point my enthusiasm was running high. I wanted to know all the answers immediately, not realizing that things just do not happen that way. My ego was swollen into believing that I had been selected to become a special individual. I was really carried away with my own self importance, until I became acquainted with other individuals engaged in similar pursuits, UFO research, metaphysics – and realized that some of them were clairaudient and clairvoyant. I soon learned that extensive preparation and conditioning were required before an advanced understanding of the occult could be achieved.

This was still the month of January and aside from the near saucer contact on St. Louis Heights, events moved along quietly. I devoted a few hours each night to observing the sky and was usually successful in spotting at least one or two unconventional flying objects during the evening. Whenever the flying discs were in the vicinity, I would experience those previously mentioned saucer sensations throughout my body. This potent little warning signal made it much easier for me to photograph the effects properly, and also enabled me to share many sightings with my family and friends.

All during that month, I continued to study the auras of others as well as that of my own. By the end of January, the "faces" that were always around me, were becoming more distinct, and auras could be seen faintly emanating from them. Soon another type of experience presented itself. My mind was beginning to respond like a radio receiver with all the stations tuned in at the same time. Whenever I was near a group of people a conglomerate of thoughts would come in to my consciousness – thoughts I know could not be my own. Sometimes it would be so annoying that a headache would result, and I would have to get away by myself for relief. A group thought pattern usually appeared distorted. However, the patterns of just one or two people were easily distinguishable and

quite rational. I say rational, when some of the thoughts were outright lethal. I dare not elaborate on this, but will say that it also had a humorous side.

Up to this point I had not confided in nor discussed my experiences with anyone. I decided, following the latest development of having a head not only radioactive, but one that was acting like an all-wave receiver with no separation of stations, that the time had arrived for me to affiliate with an organization in order to learn something about the nature and control of these strange developments. I decided there must be answers, because without answers there would be no questions, and if there is a problem, it must have a solution. Several of my newly made friends recommended the Theosophical society, a branch of which was located in Honolulu. I decided to attend the next open meeting scheduled to be held on the evening of February 7, 1956 – exactly one month from the date we had witnessed the first of a series of six saucer landings near our home. What a month this had been for me!

The interesting and informative lecture given at the Theosophical Society meeting that particular evening, dealt with the law of Karma. The topic was well presented by the president of the lodge, who incidentally, was the leader of the local flying saucer research club, and had been in the group I escorted to the UFO landing site on the 8th of January. Following the lecture, a few of us arranged to meet at a nearby cafeteria for refreshments, and to carry on an informal discussion of various subjects related to the Theosophical teachings, which included karma, reincarnation, mediumship and also flying saucers. I was enthusiastic in expressing my desire to learn more about all of these occult phases of life. One of the members of the gathering, a lady whom I shall call Betty, advised me that she had been studying truth for twenty years and had developed mediumship. She suggested that if I had the time to come to her home that she would enlighten me further.

I readily consented to take advantage of this special opportunity, hoping to obtain some logical answers to some of my most baffling questions.

Chapter 4

The All Night Session

Betty and her husband occupied an apartment in the Waikiki section of Honolulu. We arrived there in a matter of minutes, and she introduced me to her husband, telling him that she was "taking me through" that night. She informed me that as a teacher of truth, she conducted weekly meetings in her home and occasionally assisted Neophytes in their studies. The process included a series of initiations, which were about to begin. By this time I was really keyed-up. As I think back, it occurs to me I must have presented a picture similar to a child with a new toy. I expected to learn all the secrets of the universe in one night. If I had stopped to realize that the universe is infinite and there is no end to the secrets, I might not have been so confident.

After we had adjourned to another room Betty told me her husband also studied truth and was receiving messages through automatic writing. Upon my request she explained this principle more fully, giving me a long and comprehensive resume, which I will reduce to essentials. However, before proceeding I would like to caution the reader regarding this form of communication with entities from other planes or other levels of consciousness, or even between individuals on the physical plane. Automatic writing serves a good purpose as a means to the end of eventually piercing the veil between the conscious and subconscious minds, as well as the veil between the physical planes. Nevertheless, THIS PRACTICE SHOULD BE DISCONTINUED WHEN CONTACT BY EITHER THOUGHT TRANFERENCE OR CLAIRAUDIENCE IS ACHIEVED AND MAINTAINED FOR THIS REASON! An individual can be obsessed through automatic writing and be totally unaware of it. His mind can be changed to such an extent that he is nothing more than a puppet. Entities from planes advanced enough to be of assistance to you, have the power to manifest directly into your consciousness without having to depend on crutches such as automatic writing. It is true that they can control your mind, but I believe that they would do so only for some good purpose and not to use you as a means of gaining revenge and advantages over another being as many beings from the lower planes have succeeded in doing.

I have emphasized the dangers of automatic writing because experience has taught me that they exist. I defiantly will not attempt to explain the mechanics of any cosmic principle without first warning against possible negative after-effects resulting from misuse or misapplication of such principles. Here then, are the mechanics of automatic writing: Basically it is a form of contact with entities on other planes whereby you allow them to operate the muscles and nerves of your normal writing arm and hand. Seat yourself at a desk or a table in a comfortable chair and relax. It is important that you remain at ease throughout the contact and not try to influence any of the movement of your arm and hand. Take a pencil or pen, (preferably a good ball point pen) in your hand, and place the point at the left hand margin of the paper. A writing pad is more practical because the additional weight helps avoid paper movement. For best results, keep your arm from touching the desk while you are learning to write in this manner. Hold the pen or pencil as you normally would, using only enough pressure to balance the instrument on the paper. Do not concentrate on the point but rather still your mental processes, since tension either tends to produce rigidity or cause involuntary movements of your muscles.

Now you are ready. Clear your mind and let the writing instrument glide across the paper without any assistance from you. If it does not move, you are probably straining and consequently bearing down to hard on the paper. Remember, the force that will operate the pen or pencil is very weak at first. Upon reaching the stage that the instrument starts to write you will be amazed to find that it actually does so without effort, and that your hand will return to the left margin of its own accord to begin another line.

Do not expect any Earth-shattering revelations at first. You will probably receive an assortment of lines and circles and unintelligible words. It will seem as if you are learning to write all over again. This is caused partially by your own involuntary nervous system and the efforts of some entity from another plane trying to acquire control of your arm and hand. There are such entities around you all the time, and when a person attempts automatic writing , one of them is always eager for an opportunity to communicate with an individual on the physical plane. I have noted that they are usually more interested in contacting you, that you are them. They are anxious to let their loved ones know that they are not dead, but more alive than ever.

After your automatic writing has progressed to the extent where you are making intelligent contacts, begin writing questions on your paper. First ask the entity to identify itself (if it has not already done so), and then inquire about subjects you believe would invoke interesting answers. After you have practiced this step sufficiently to develop control, continue writing your questions and ask the entity to THINK the answers to you as strongly as it can. Write down the first thought that comes into your mind. With a little practice you will discover that the answers will come fast and unfailingly.

When you have mastered this technique to your satisfaction, write on your paper and advise the entity that you are now going to think your questions to it with all the thought power you can crate in your mind. Have patience in doing this because the discarnate may not be as adept at receiving your thoughts as you are at receiving its thoughts. This is only one form of thought transference, but it can be developed into a very satisfactory mediumship.

Once you have mastered it, you can expand to the higher planes and then you will be given help, most likely from the entity assigned to be your guide. Some of you may achieve good results immediately, while others may become disappointed or discouraged. I happened to be very fortunate in this respect. In about an hour under Betty's direction I had very good success with automatic writing, and a little success with thought transference. It might be added, that from midnight to about 6 a.m., thought transference is especially rewarding because during these hours the majority of the people in your area are asleep and their conscious mind activity is stilled. This also is the most favorable period for higher types of mental work, such as telepathy and mental teaching. The ether is filled with thoughts at all times. Each thought originating in a person's mind creates a corresponding energy wave, which is transmitted instantaneously, in much the same manner as are radiations from electronic devices. The difference is that thought transmissions are not subject to the time-space dimensions as are the majority of electronic waves.

What I have written above is the net result of my experiences with automatic writing and thought transference over an extended length of time, and not just what transpired during the initiatory sessions that particular night.

In the course of her instructions Betty did indeed clear up much of what had been puzzling me for a month. Being a medium, she was able to contact members of my family who where no longer living in physical bodies. I was convinced of their realness because of the information they gave concerning me, which were facts Betty could not possibly have known. This had been my first encounter with someone professing to be a medium and one who could actually bring through messages for me from members of my family who had passed on.

There may be a question in the readers mind concerning the validity of messages received in this manner – that perhaps my subconscious mind was being "tapped" by the medium. This is a good point, and I believe that in many cases the impressions do pass from the subconscious mind of the subject to the medium. I have had the experience myself after attaining mediumship, of not being absolutely certain just where the impressions originated. However, when clairvoyant sight is developed and the entity can

be clearly seen, we may conclude that the impressions or thought transferences emanate from the entity. I have discussed this debatable issue with other persons who have developed mediumship, and the consensus of opinion is that the thin line between "mind reading" and receiving thoughts from discarnates is sometimes difficult to determine. I believe that many of you now preparing for mediumship will be faced with the same problem, the solution of which when found can never be fully stated in words. In fact, as one develops latent powers within the body, many ideas manifest to the consciousness by way of thought pictures, and these are impossible to transmit to others verbally. It has often occurred to me that the elusive quality of pre-natural knowledge really constitutes a built-in protection and guarantees that only properly conditioned individuals have access to its deeper meanings and underlying Cosmic Laws.

If I have digressed somewhat from my all night session with the medium it was done for the purpose of trying to eliminate some of the misconceptions that are commonly associated with psychic development.

Our sessions lasted until 4 a.m., and I can say that is was most educational and enlightening. I had been helped in my progress to the extent at least, that I became more determined than ever to continue my explorations of the vast unknown.

Chapter 5

Mental Contacts

Having been rather deeply impressed by the revelations of the medium, I engaged in thought transference and automatic writing at every opportunity, making frequent visits to Betty's home and finally joining her study group. This group had not yet become engrossed with flying saucers, so I more or less introduced the subject to them. Included in the program was a showing of my color slides which proved to be of special interest. Usually part of the meeting time was spent outdoors observing the sky. We had several unusual sightings during which I was able to obtain two exceptional color shots of a large cigar-shaped craft stationed over the Waikiki area.

One of these color pictures was taken as a result of communication directed to the medium by an individual in the space craft itself. The message is quoted as follows:

"We are approximately ¼ minute off gravitational pull. In ¼ minute our light will diminish and will not reappear until 9:55 P.M. At that designated time you will see us for approximately 15 seconds – no more".

Exactly at the designated hour and minute the large cigar-shaped space ship at about 10 000 feet altitude for 15 seconds as promised, which was more than enough time to set up and take color pictures. From the communication received I ventured the opinion that these ships were utilizing the magnetic currents of the Earth and by changing polarity they could make themselves visible or invisible at will. The sighting mentioned above took place on the 8th of February 1956, and was observed by all sixteen members of our group.

During subsequent meetings many messages were received, supposedly from occupants of space craft. Both Betty and I were contacted, but I am of the opinion that these telepathic impressions were not from space people, but originated from discarnates which use flying saucers as a means of inventing identities to confuse us. Because of these misrepresentations I do not consider it appropriate to include quotes from the so-called messages from space. Anyone who has attained mediumship and strives to reach a higher plateau in his contacts - fully realizes the mental confusion that entities from these lower frequencies can cause. I have been given all manner of information by discarnates. They have represented themselves to be every famous person who has ever passed through transition, and have made impossible statements purporting to be words of great wisdom. I advise all students of light not to take seriously revelations made by discarnates, especially while they are in the early stages of their mediumship. As one advances in other ways, such as the development of clairvoyant vision, he is able to see the entity he is contacting, and it becomes possible to distinguish from the aura and from the vibration emitted, the difference between a low grade discarnate, and an advanced being from one of the higher spheres.

Possibly for me there was one interesting exception to the usual space messages received – a contact made at 11:10 P.M. on the evening of February 8th. The thought impressions from this entity came through very clearly, identifying her to be a member of the crew of a space cruiser that was hovering over Oahu at 80 000 feet. Her name was Covia, and she allegedly had come from the planet Venus. She gave a description of the cities on Venus, saying they were laid out in circles and limited to a population of approximately 10 000 inhabitants. Covia mentioned, among other things, that their surface vehicles were teardrop shaped and moved along a little above the ground. When several months later I had the opportunity to learn about these details for myself through a means I had yet to discover, I realized that everything that Covia had told me checked out correctly. As a matter of fact, I have been in contact with this particular entity many times since February 1956, and consider her to be completely trustworthy.

The reader may be wondering what became of the guide who contacted me the previous month. It was in connection with Ashtar that, for me, clairvoyance began to assume its proper place in the growing pattern of psychic awakening. I have written earlier of my newly acquired ability to perceive clairvoyantly, faces resembling skulls in the space around me. Also, that their facial characteristics gradually assumed greater clarity as did the auras accompanying them. After a while, the auras began to manifest themselves in color. As my inner vision became more sensitive to the higher frequencies of light, I noticed one face in particular, Which radiated pure white light and possessed an aura of ¾ golden light, the remaining ¼ being a beautiful shade of reddish gold. This exceptional entity was around me constantly, very close to my face. The majority of discarnates who were always present, had faces of darker light and auras with colors ranging from a light band of gold to grayish black.

I have since verified that the luminous individual was Ashtar, The Master assigned to work with me during the early part of 1956. As my clairvoyant vision was developing I would concentrate on this special entity and direct my thoughts to it in the form of questions. When the answers came I immediately noticed a change in the aura around the entity, in that the golden light seemed to project itself straight to me and I could feel a slight tingle throughout my body similar to a weak electric current. Answers came to my consciousness by way of strong thoughts very different from my own. When thoughts are directly beamed in this manner, they are easily identified.

I maintained a separate file of all contacts with my guide, and will quote some of the general messages received. The first one was recorded on the 9th of February, 1956. I had asked how he thought I was progressing with my awakening and these were his answers:

"Don't expect to learn everything at once. Have faith! By moving ahead slowly you lessen the chances of slipping back. Slowness is best at your stage".

When I mentioned that thought transference was amazing, he replied: "Yes, and you will be more and more amazed as time goes by".

I also questioned him about the cause of the headaches I had been suffering and he replied, "You will have those periodically as a result of awakening certain glands in your head which have been dormant since birth. This condition is not serious".

He explained the "woozy" feeling that would accompanying these headaches, in this manner: "As the vibrations of your body increase through the glandular action I mentioned, a slight change in your organic balance is brought about giving you the sensations you describe".

In succeeding communications he revealed that there were keys contained in the bible which would serve to further my understanding. He cautioned me about "going overboard" on the religious angle of things. Religion plays a part, but it is so easy to be mislead unless you are given the proper keys to unlock the universal truths contained within its sacred writings.

Probably the most astounding piece of information the guide gave me during this series of contacts, was to the effect that there were living among us many members of a highly evolved cosmic group, who undertook the mission of incarnating on Earth at this time to temper their physical bodies and to become familiar with our particular type of civilization in order to assist the planet with its great initiation or emergence into a higher vibrational level of the Universal family. I did not attach to much importance to these revelations as they were released to me, but later events in my life bore them out very forcefully indeed.

While describing mental contacts with entities from other planes of existence, I might mention that during the first few months of 1956 I was successful in directly

communicating with members of my family who had transited and that the messages proved to be genuine. Since that time, I have maintained contact with the "other side", and it has been a source of true happiness for me. By way of advice to the student, I would recommend that he keep a log of any and all communications made with the inhabitants of other spheres. Later on in his progress these notes do provide a tangible basis for comparison and a means of evaluating his particular pattern on the ascending spiral of spiritual awareness.

Mental contacts with discarnates from the lower levels of consciousness can be very satisfying in the early stages of attunement. However, as with automatic writing, the aspirant should guard against the ever present danger of obsession by endeavoring to rise above the planes nearest to the physical. It is a fact, as well, that deep truths are not imparted by discarnates dwelling on any of the lower planes. The real progress is made only after raising the consciousness to the vibrational level necessary to contact the higher spheres. Students should constantly strive to elevate their consciousness to this plateau and beyond. Once these advanced stages have been experienced, the depths of ecstasy will be found. Its true meaning cannot be expressed in words.

Chapter 6 Vibrations

It would be appropriate at this time to introduce the subject occultly classified as vibrations, and to relate how my sensitivity to pulsations affected the early psychic experiments I conducted.

In order to convey a more fundamentally realistic concept of the nature of "vibrations", what they are, how they manifest, and in what manner they can be controlled, I will first of all make reference to the two basic types of bodies, one being the physical or natural body and the other being the spiritual or light body. This second body can be projected to an infinite number of other bodies, but they remain mere projections of the light body itself.

The components of these bodies can be reduced to a basic unit called an atom which can further be isolated to one particular atom called the "seed atom". This seed atom within each of us serves, among other things, as a connecting link with all the bodies we possess or can create and with the bodies of other beings, as well as with an endless array of all creations of the one Supreme Being itself. Any name the reader finds acceptable may be applied to this great being, such as God, Jehovah, Allah, or any other term he may choose. Personally I prefer to designate the supreme intelligence as "The Infinite One".

It is generally understood that an atom is composed of many different parts. The center or core is often referred to as the nucleus, while the particles that revolve around the nucleus are called electrons. It is further accepted that their number and the distance these particles have to the nucleus determines the density of the element. A system of atomic weights has been set up to differentiate between the different elements composing matter.

For purposes of this discussion I will go a step further and analyze the speed at which electrons travel in their orbits around the nucleus, or the frequency of their revolutions. This movement is caused by a manifestation of the universal pulse, or as I like to phrase it, an application of the Cosmic Root Force. This force exists throughout the Universe and permeates each and every atom in a somewhat similar matter as electricity activates an electronic circuit.

The movement of an electron around its nucleus tends to create with each revolution another force known as a pulse, or "vibration" whose frequency can be controlled by changing the speed of the particle in its orbit. Changes can be effected in several physical ways, such as application of heat, electricity or magnetism, but at the moment we are concerned primarily with changes brought about as a result of energy created by thought (will). Raising or lowering the speed of the electrons within the atoms causes it to pulsate or vibrate faster or slower as the case may be. In the bodies mentioned above, these individual atomic pulses or vibrations are fed through certain energy centers into the seed atom which functions as the focal point for their development and consolidation of a single "median" or composite vibration. The seed atom in turn uniformly distributes this "polarized pulse" to the magnetic field surrounding the bodies. This field of force, or Aura as it is more popularly known, was initially created at the same moment the Being, as an individualized manifestation of light, was brought into existence by the Infinite One.

Thoughts generated by an individual automatically cause a change in speed of the orbiting electrons, thereby affecting the aura – the quality and intensity of the thought energy released being the dual factor governing the amount of change. Auras manifest in varying colors which may be perceived clairvoyantly, and their positive or negative quality depends on the type of thought created. Positive auras are indicated by hues at

the golden end of the spectrum, while negative Auras are indicated by the darker hues of the color spectrum. Auras also tend to attract to themselves entities that radiate the same type of magnetism. The old expression "birds of a feather flock together" can well be applied in this case. Additionally, the aura has the ability to transmit impulses which can be received by others and utilized as a key for extracting information from the mind of the individual or entity possessing the aura.

The facts pertaining to vibrations presented above, were not known to me during the first half of the year 1956. Only as I became more "Cosmically Conscious" of the accumulated wisdom of the center or "root" of the universe, did I begin to perceive the inner workings of the Infinite One in minute detail. This interesting subject will be enlarged upon in another chapter.

In February 1956, I discovered my ability to "tune in" to the minds of others and receive impressions, not only to their present lives, but of their past lives as well. This latest experience was so intriguing that I again behaved like a child with a new toy. Before long, I was reviewing past lives of individuals at the slightest provocation, quite often revealing things that should not have been known to them. Some months later I finally realized that is was far wiser not to tell people to much about themselves, past, present or future. I sincerely advise those of you who are now developing this sensitivity to refrain from "talking too much" regarding the impressions you receive from the human aura, as this practice inadvertently leads to the sowing of wrong seeds in a person's consciousness and of ultimately doing more harm than good. There are excellent reasons why the memory veil has been sealed at the beginning of each incarnation.

We may consider the Earth Plane to be a school wherein each time we incarnate it is for the purpose of experiencing a new facet or reviewing an old facet of life in the physical sphere. To more properly learn this time what was neglected before, it is better to start off "cold" so to speak. Even those who have advanced sufficiently on the spiral of their evolution and no longer need to incarnate on this planet, have their memory veils sealed in the event they again choose to manifest on Earth to perform a mission. The reader may wonder why I presume to speak with such authority on these matters. I can reply only that I have gone through various experiences and tests involving the transcendence of the time-space dimension, which have enabled me to function on the Cosmic Cause level and above.

It is not necessary or possible for me to present physical proof of Universal truths because these are fundamentals one demonstrates by diligent application of self. Strictly speaking in a finite sense, I can only relate my own experiences, pass on the revelations I have received from Infinite source, and give pertinent keys for others to use in their awakening. Cosmic facts are not found by searching without. The answers come from within the seekers own efforts and desire to develop latent power. Everyone has the tools for this task, but the prime factor is a proper mental attitude. He who sits back with a closed mind and half a heart, expecting someone else to wrap it all up and present it to him on a silver platter, is due for a tremendous disappointment.

Through proper utilization of the power of thought, not necessarily deep or concentrated, the door to illumination may be found. There was apparently no need for me to engage in deep meditation or prayer, although for some students this is a practical approach to finding the inner self. To others contemplation may have no appeal whatsoever. I simply decided to become honest with myself. By pinpointing my weaknesses and doing something about them, I learned to keep my thoughts positive. The following experience will illustrate the idea more fully.

One day in February 1956, I was sitting in the bedroom behind a makeshift desk just thinking and considering ways and means of raising my vibrational level. It was my understanding that thought energy played an important part in this process, and if properly directed could affect my consciousness and raise it to a higher level of

perception. While reminiscing about the past I admitted to myself that were it possible to relive certain phases of my present life, I could be of greater service to others. Then I thought about the future, envisioning worthwhile things that might still be done to make life easier for myself and for my fellow man. Gradually, an elation filled my Being, as if I had already performed these good deeds and was experiencing the sense of satisfaction in advance. Thereupon, I was strongly impressed to concentrate my thoughts on the physical body, and to direct my full attention to each part of the organism, starting with the toes and on upward toward the head. This exercise caused every cell in the body to feel vitally alive, and tremendously increased my overall awareness. While concentrating on the scalp, I was prompted mentally to draw a line from the top of the head straight down the body and another line from ear to ear; then to focus my thoughts on the spot in the center of my head where the imaginary lines would cross. Upon doing this I experienced a strange sensation of floating, as well as a pronounced tingling vibration throughout my system very much like the familiar "saucer sensations". Following this reaction, memories of incidents I had long forgotten sought to penetrate my consciousness until I started to recall events that happened when I was approximately two years of age. Within a few minutes all of these recollections became so vivid that I seemed to be reliving every single detail of my entire life at that very moment.

Soon I became aware of a different energy radiating from the area in the center of my head and permeating my entire being, seemingly in a matter of seconds. Accompanying the actual physical vibratory effect of this radiation was a distinct feeling of weightlessness, as if a great load had been removed from my body – which in a true sense was a danger signal indicating that I was no longer subject to the magnetic attraction of the Earth plane. Suddenly the voice I had heard before from within, and recognized as belonging to the Master Ashtar, warned me to return my consciousness to the physical and to discontinue raising my vibrational level. By plunging ahead without being adequately prepared, I could cause damage to my glandular structure.

As I realize now how easy it is to become overly zealous and force results without proper guidance, I am thankful there is somebody watching over us. The advice of my guide, which I learned to follow without question, was always sensible and many times kept me from going overboard or from nullifying what progress I had made. I would suggest that all students of light be certain of their control when conducting concentration exercises. The foregoing exercise should be practiced only for short periods at a time, until the physical body has been able to adjust safely to the increase in vibratory rate.

The subject of control would not be complete without a brief discussion of the Pituitary gland or body, and its functions. This pea-sized ductless gland is a threefold structure consisting of reddish-gray tissues located at the base of the brain in a depression of the sphenoid bone. Medical science will admit that the functions of the Pituitary gland are as yet not clearly understood, and believes that its influence are confined to the growth of the skeleton, the maintenance of the muscular tone and to the activity of certain internal organs, such as the kidneys.

However, universal mind has a somewhat different interpretation of this gland and its purpose, one which I believe will in an esoteric sense dispel many misconceptions regarding the entire system of Endocrine glands. The Pituitary might be described as a Psychic gland, which acts as a springboard that gives the psychic functions their power. It is the home of the seed atom and contains the triple balance focal point of the natural and light bodies.

The day I was directing my thoughts to the center of my head, thought energy was literally pouring into the Pituitary Gland, and forcing the seed atom to increase the atomic spin within my two bodies thereby causing a tremendous increase in vibratory rate, which at that time the physical vehicle was not conditioned to withstand. It is always wise to limit concentration on the Pituitary Gland to short periods, in that way

keeping the overall vibratory rate well under control.

The activity of the Pituitary Gland also indirectly affects the aura. As the vibrational level of the body is raised, the field of the aura expands and becomes much more pronounced. In some cases, individual manifestations of the aura can be perceived by physical vision and for this reason a person may find it advisable at times to control the intensity of his aura.

In later discussions pertaining to psychic projection, teleportation and related functions, I will present a more detailed outline of the entire Endocrine system of glands and its operation.

By lightly touching on each phase of the occult as we progress, I believe that you will receive from your own consciousness many thoughts to supplement these writings.

Chapter 7

Meeting a Master

On February 17th, Betty, the leader of our study group informed me that she would soon be leaving Honolulu for the mainland, because her husband, who was in the Navy, was being transferred. She had decided that I should be taking over the study group, replacing her. When I hesitated by saying that I did not feel qualified to teach anyone, she insisted that in a few weeks I would have acquired the ability to bring through wisdom from the higher planes for the instruction of group members. I suppose at the time, I was egotistical enough to actually believe her, so I consented to give it a try.

She told me in confidence that she would introduce me to a certain individual, a man, who had assisted her tremendously with her efforts in teaching the group. He was supposedly an advanced student with unlimited knowledge, who visited the class each week in his invisible body, and often directed her through mental telepathy. Naturally I began to wonder about the lucidity of the medium and her teachings, since I had not been exposed to the idea of traveling in invisible bodies, and I was yet to meet a single advanced student who knew all the answers. I realized later that at times Betty would lead me astray, as she was impressed to do, for purposes of testing. These "tests" constitute a vital part of the process of conditioning the student and of accelerating his progress. However in this particular case, Betty was correct in her representations; in fact, more so than she realized.

It was arranged for me to meet this man one afternoon a few days later. He was unmarried and his apartment was located in Waikiki, a short distance from the mediums home. When we arrived Betty greeted her friend, whom I shall call Harold, as if he were a veritable god, and adopted a very reverent manner toward him. It had never occurred to me to deify another human being, nor do I believe in this attitude, so I was my normal matter-of-fact self during our visit. After we completed the formalities and engaged in some small talk, the subject of my taking over the class was broached. Betty did the talking, while Harold mostly listened. Then to my amazement he started to tell me all about the experiences I had undergone since the saucer landed near our home on the 7th of January. He mentioned incidents I had not revealed to anyone. As he continued the conversation, a new vibration began to affect my body and strong thoughts entered my consciousness. There was a buzzing sensation concentrated in my Solar Plexus, which I discovered later, served as a barometer to indicate the level of Cosmic Attunement that the being I was contacting had attained. This signal was also a form of recognition between members of an initiated group of individuals now operating on the physical and other planes for the express purpose of disseminating truth for the benefit of all mankind.

While Harold was talking, the thought came to me repeatedly as follows: "I cannot speak of certain things in the presence of this lady. If convenient, come here again tomorrow afternoon when you will obtain information that will help you to "know yourself" and your mission". Harold continued to converse orally, explaining to both of us that it becomes less difficult for a student, as he advanced, to receive thoughts and impression from the mind of another. He explained it to be a matter of "tuning in" on their vibrations. Harold indicated that he would be very happy to assist me in continuing the instruction of the study group. He furnished me with his telephone number and mentioned that I should feel free to consult him at any time, as he would always be available. Shortly afterward Betty and I left. I decided to return home immediately to review these astonishing new developments, and then to call Harold on the telephone. Needless to say, I was overjoyed to hear him verify the thought impressions I had received during our visit, and we planned to meet again at his apartment the following afternoon.

After I had seated myself comfortably across from him at the appointed time, he began to speak. First he surprised me by asking how I thought space people would look. I told him quite frankly that I had not formed any definite opinions, but I supposed they would be similar to us in their appearance. Thereupon, Harold reiterated that he was familiar with my research efforts pertaining to unconventional flying objects as well as my intense desire for a physical saucer contact. He inquired if I had seriously considered the possibility of actually meeting people from other planets without having to travel to some remote spot and wait for a space craft to land. I admitted that my ideas of contact had always revolved around saucer landings in some secluded area.

Harold reminded me of the reference made in UFO literature to space people, who may have been living unrecognized among us for centuries without our knowledge of their existence. I was wondering what this line of questioning was leading to, when he abruptly changed his approach. Instead he asked me what my understanding was of the highly developed secret groups that were directing the progress of our planet.

Since this was an entirely new subject to me, I did not hesitate to inform him of my intellectual limitations and of my interest of whatever he could teach me concerning all of these activities.

Harold then inquired if I had felt any unusual sensations while at his home the previous afternoon. I described the buzzing in my Solar Plexus and he seemed to be well satisfied with my answer. At that moment his manner changed, and he began treating me more like an old friend, which in truth, is exactly what he was.

From this point forward, I am reserving the privilege of withholding certain principles which are to be passed on by word of mouth and through Thought Pictures exclusively. Because of its nature, this knowledge would endanger the welfare of the uninitiated student. In my writings I will relate only facts that I fully believe should now be revealed. I know some of you will already be familiar with these principles and will agree that the time is at hand for some of the hitherto carefully guarded knowledge to be imparted. In this connection, I am aware that members of certain fraternal organizations will be dismayed to see in print, revelations they have taken spiritual oaths to keep confidential. However, I did not receive my information through the instruction or assistance of a fraternal organization, nor am I under a spiritual oath not to reveal the true facts. The decision was left to me, and in all consciousness, I feel that needed truths should no longer be hidden, especially when so many individuals are searching for enlightenment without knowing how or where to obtain the keys. Christ gave the message: "Ask and ye shall find". Truer words have never been spoken. Obviously many of the truths of the universe are very difficult to impart and understand by our language concepts.

There are activities of such high vibratory nature that a comparable physical representation of them would be impossible. As I mentioned before, this fact guarantees built-in protection for Cosmic Principles which are only proven by actually experiencing them.

I repeat, that to search for physical proof as we know it, concerning phenomenon relating to other than physical effects, is wishful thinking. If you are sincere in your seeking and are open minded enough to embrace concepts entirely apart from physical appearances, and further, are willing to make the effort to develop and prepare your physical body to experience spiritual truths, you will be rewarded with a "knowingness" far beyond even your wildest expectations.

You have all heard the expression, "When the pupil is ready, the Master will appear". Now I know that the word "Master" is interpreted differently by each individual. Actually, no being becomes a Master over another in that sense. It is merely a way of identifying those spiritually advanced individuals who have experienced the so-called

phase of awakening, sometimes referred to as "Cosmic Consciousness", or by similar terms as Enlightenment, and "Piercing The Veil". There are many living among us who have experienced Illumination long ago, and who have quietly remaining in the background awaiting their call to action. The term "Master", has also been applied to individuals from other planes who operate in the capacity of assisting candidates toward a greater understanding of the infinite. All of these beings, on both the physical and other planes, should be regarded as "Elder Brothers", and not to be placed on a pedestal to be worshiped. The fact remains, that when a seeker reaches a certain stage, and is sincerely ready for advancement to the higher plateaus, his karmic pattern is so arranged as to lead him to contact beings operating on all planes in his behalf. Harold was one of these individuals, and the medium who brought us together actually did not know the real reason for our meeting - nor was she aware of his true function. She considered him to be an advanced student and spoke of him as "The Master", but it was in a limited sense. Although Betty was sincere in her desire to teach truth, her efforts were satisfied with the development of mediumship and then only to the extent of maintaining communication with the plane commonly known as the Astral.

Unfortunately, many well-meaning students seem to be content with this level of attainment also. They attract to their auras entities operating on this plane, and are impressed with so-called revelations which may sound convincing enough to pass for Universal Wisdom. My friends, it is sad but true, that the astral plane is not the gateway whereby one divines the nature of his being or the secrets of the Universe. The preliminary contacts serve several functions toward awakening the latent senses within the basic vehicles, but should be discontinued upon reaching the stage of development whereby the consciousness can be linked with intelligences on an infinite number of planes above the Astral. The purpose is to gradually awaken the control center of the Endocrine glands within the physical body, which is the Pituitary, so that contact can be made with the Infinite Source of Light itself. It is important to eliminate the crutch - that of having to depend on guides and mentors along the circuit. Only on the level of consciousness where the wisdom of reality is attained, is the over-all Cosmic Plan unfolded in its beautiful simplicity. When the inner realization is complete, the meaning of these immortal words of William Shakespeare may be recognized as containing a threefold Cosmic truth: "All the world's a stage, and all the men and Women merely players; they have their exits and their entrances, and one man in his time plays many parts". Shakespeare, (a pseudonym for Sir Francis Bacon) incidentally, was an initiate and a very deep student of the occult. Many thinly veiled truths may be found in his writings.

During the afternoon of my second visit with Harold, I learned much that later prevented me from going off on unnecessary tangents. I mentioned in the foregoing that he had asked me about my conception of the space people and the secret groups directing the progress of our planet - recalling also, that when I described the feeling in my Solar Plexus, his manner changed to one of an old friend. Regarding the latter, he taught me that the buzzing sensation was a form of recognition employed by members of a certain "Cosmic Family" as he termed it. He then revealed other signs which were employed by them, mentioning that even though the Memory Veil was unpierced in my case, I had the ability to emit the required energy key or signal. As he was speaking, the mechanics of just how to manifest this radiation came into my consciousness. It was the first indication I had of memories breaking through from my previous lives. I created the energy key the next time upon his request, and all I can say is that I did so by using my Solar Plexus as a concentration point for this emission. He stated that he had also felt the energy responses within his Solar Plexus, which meant that mental contacts could be developed between us and from now on we would be using this energy manifestation as a means of identifying our thought waves. As I advanced, others would be contacting me through this same means of energizing the Solar Plexus. He then called attention to his aura, saying that he would send the energy signal so I could watch the effect on his aura. As he was emitting the energy, his aura brightened considerably and seemed to reach out to engulf me. The sensation within my Solar Plexus was now very strong, and I became

thoroughly convinced of the feasibility of this particular technique of transmitting energy from one person to another.

Harold wished me to understand the importance of this form of recognition with which we had been experimenting. He stated that the signal soon would become automatic and would serve to confirm many contacts, as well as help me to transcend other vibrations always existing about us, which tend to confuse reception during telepathic communication. It seemed so natural to be able to create and receive these energies, that I was convinced there existed a close bond between Harold and myself from previous lives, and he knew whereof he spoke. This conviction proved to be a fact as time went on.

We conducted some basic experiments in mental telepathy in order to become more responsive to each-others "vibrational pulse". Our discussion period mainly centered around the indisputable connection between space people and the forces of light. In retrospect, I realized how much our conversation paralleled science fiction, which leads me to conclude that some scientific fiction is, no doubt, inspired from "Above".

The following is Harold's enlightening account of the rather startling activities engaged in by supra-physical beings from other planets, who have established colonies in remotely isolated regions above the vibrational frontier composing the Earth's surface. Their function is to contact and assist select members of world governments and others, in directing the progress of our present civilization. These colonies have existed since life first appeared in physical form, and the extraterrestrials live among us on a rotational basis, traveling to and from in there space craft which originate in the multidimensional time waves encompassing our planet. Not until recently have they become influential within the framework of our governments.

Space vehicles utilizing magnetic propulsion are used by them in transporting envoys back and forth from their Earthly retreats. Also, telepathic faculty, being highly developed since birth, has become part of their natural make-up.

Living with these people are still other beings of even greater cosmic stature who have been incarnated in the physical body for a number of years far above what would be considered a normal "human" lifespan. These divine mentors are so well versed in utilizing and manifesting the principles of cosmic law, that the original group, who by our standards are advanced beings themselves, look upon the later as elder brothers. Harold assured me that I would have proof of these facts demonstrated at a future date, when my part in the overall plan would be made known to me.

He concluded by stating that these advanced Elder Brothers were members of the supreme hierarchy known as the "Christ Group" (sometimes referred to as the "Christ Forces", "The Great White Brotherhood", also others) and that I would be initiated by members of this group at the proper time.

He reminded me that I was not expected to understand all of these disclosures in the beginning, and added that no student should believe anything that sounded as if it were the product of someone's imagination. This might be considered very good advice to follow for all seekers on the pathway to illumination.

By the same token, some of the information presented in this book will seem too fantastic to be believed without some form of physical proof. Unfortunately, Cosmic Truth cannot always be dissected and proven by the physical means we are accustomed to accepting. However, with continued application of sincerity we will be guided in our efforts to conduct significant experiments that will leave no doubt in our minds as to the efficacy of these basic truths.

At this point I was highly skeptical myself, but open-minded enough to push forward either to prove or disapprove Harold's revelations to my own satisfaction. In

fact, he had strongly urged me to seek the desired proof so I would be more receptive to further initiations.

Before we parted that afternoon, Harold demonstrated many more applications of the powers latent within the mind. All in all, I had gained much food for thought and some valuable material for future research.

In a sense, I had met a Master. Harold was an individual who had mastered his mind and had realized one of the greatest responsibilities in connection with this mastership, i.e., to assist others in attaining higher states of consciousness. I share the same attitude and am hopeful that what I relate in this book will, in some small way, serve to awaken others who are searching for the keys to universal knowledge.

Chapter 8

Projection and the Space Brothers

In regard to the "Wheels Within Wheels", no one phase is of paramount importance, but rather the entire Planetary scheme should be considered, by viewing its separate related parts in their proper perspective. I would like to summarize a few of my experiences pertaining to the projections of the consciousness, or more exactly, of the light body to other vibrational levels. The month was March 1956.

During my avid research of the space phenomenon and the deeper meanings of truth, I became more firmly convinced than ever that there existed as an integral part of the cosmic scheme, a master plan for the development of this civilization. I concluded that inherent in the function of this plan was a master key, available to the sincere student of life at some crucial point along his evolutionary spiral when he becomes inevitably linked with his operation of the plan itself.

I had joined the Theosophical society and became active in the local flying saucer research group in Honolulu. Also, there were scheduled weekly meetings at the YMCA of the cosmic group, the name chosen for the newly organized development class which I instructed after Betty had returned to the mainland. Our informal program was fairly successful, and we continued to devote the greater part of each meeting to "saucer" investigation and discussion.

It was during this portion of our session that another type of entity began to manifest itself clairvoyantly. The forms of these light bodies were well defined and the impressions coming through them related to the UFO activity. These highly developed entities referred to their visits as the projection of their light bodies and further commented that physically they were located at various altitudes above the Hawaiian Islands in their Time-Space cruisers. They advised us of their mission, which was to contact our type of study group where sincere efforts were being made in obtaining knowledge of universal truths, and to expand our understanding of the "Wheels". In connection with their visits, usually two lights, about seven inches in diameter could be seen moving about the room above our heads. These lights were reported to be what we might term "Remote pick-up and transmitting units of pictures and sound", and obviously represented an advanced form of communication which operated much like the microwave devices currently in use by our engineers. Their function was not limited to picking up singular images and sound, but could also receive and transmit thought patterns and brain impulses. These then, were transmitted to a receiving and recording device located within their time-space cruisers to be available for use in future relations with us.

This activity was of particular interest to me because one of my hobbies since childhood had been the study of radio and electronic precision equipment. The explanation received definitely increased my understanding of how their space craft obtained motive power and why their other technical concepts continue to elude the minds of the majority of our present day scientists.

Much of the information these intelligences communicated to us during our meetings was a repetition of material they were disseminating to similar study groups. Since so many of the physical and psychic contacts have already been publicized, I will limit this discussion to emphasizing only the items which will have a direct bearing on my narrative.

I had requested a more detailed context of how our visitors succeeded to project themselves and manifest as they were doing. The basic principles behind their operations as I understand them at the present time are easily explained. I have mentioned that there are two basic bodies or vehicles which we use, both with their own set of faculties. Normally the average uninitiated individual is aware of only one body – the physical body.

However, the other vehicle – the light body – can be controlled and projected when the controlling principles are mastered. It may not be realized that whenever we sleep, this light body projects itself into other planes of perception without any apparent effort on our part. Normally, the only physical indication of this activity is the memory of a very vivid and lifelike dream when we awaken.

In chapter six I have outlined special exercises that assist in raising the vibrational level of the two basic bodies. When this method of changing the vibratory rate is employed, it causes many counterbalancing reactions, which in turn affect the faculties possessed by the light body, specifically the development of clairvoyance which essentially operates through sensitivity to the wavelengths emitted by other creations of "The infinite one". Along with this increased sensitivity, an individual begins to experience new sensations within the physical body itself. His memory suddenly improves and the mind becomes more alert. Former difficult problems now seem simple to his comprehension. He begins to feel the action of internal organs, as well as a new vitalizing pulsation throughout the body giving him a sense of physical well-being. Though the individual requires less food and sleep, he notices a substantial increase in energy. I could list an endless number of beneficial changes that occur when the vibrational pulse of the being is increased. But, I wish to stress primarily the process which leads to projection of the consciousness.

We can refer to projection in many ways, i.e. Psychic projection, Soul travel, Astral projection, and others. It matters not which term is used, so long as the principles are understood and properly utilized. There is no limit to the extent of projection other than vibrational level. The higher this level is raised, the more cosmic force is attracted by the gyroscopic or "electron spin" of the atoms comprising the two bodies with respect to the seed atom. The attracted Cosmic Root Force then becomes an unlimited source of energy, furnishing the power for projection of Thought Forms, which are emissions of light energy from the light body. There are an unlimited number of variations of these thought forms, but for the present, we will concern ourselves with the type that accompanies the consciousness during projection. This form is a duplicate of the light body sent forth as energy. It may be compared to the video or picture by a television camera and may be perceived clairvoyantly. As an individual becomes more adept at projection, the duplicate light body can have its vibrational level lowered, and can thus manifest as an approximation of the physical body. Though this accomplishment may appear to be difficult, it is in reality a very simple process and does occur at times without control by the projecting entity.

As this thought form is projected, the consciousness extends itself and accompanies it, which, in effect, allows the consciousness of the individual to be in two places at the same time. Furthermore, when the atomic structure of the physical body is developed to the extent that very high vibrations are generated, the individual will be enabled to attain heights of awareness that will allow him to be apparently everywhere at the same time. However, this attainment is the result of utilizing principles transcending the time-space dimension, and will be analyzed later.

The important question is: How does one learn to develop projection? The following method is the simplest and most effective means I have found to project the consciousness and to maintain the proper control. After you have performed the necessary exercises to raise your vibrational level, as outlined in chapter six, - relax, and keep full awareness of your surroundings. Then visualize the person or place to which you wish to project your consciousness. Do this by concentrating your full power and thought. If your vibrations are high enough you will be able to perceive the person or place in your mind's eye at that moment as clearly as if you were physically there. At first this visualization will fade away, but with steady practice you will be able to keep the light energy level sufficiently high for extended projections to be affected. Again, as with thought transference, some individuals will have instant success while others must engage in conscientious practice before achieving the desired results.

I recommend that you team up with another person so that you can compare notes and substantiate the impression received. If you are projecting to an individual who is clairvoyant to any extent, he/she should be aware of the presence of your wavelength interim and any impressions you send during the projection. While developing projection your applied patience will reward you immensely, and will open entirely new vistas to you.

The Space Brothers who attended our group meetings in their invisible bodies were very proficient at projection, as well as the use of other developed powers of the light body.

At this point, permit me to relate an experience that serves to illustrate projection without conscious effort. When I first began my research into the occult I met another very advanced student, a lady named Mary. She became the most stabilizing and inspiring influence in the early stages of my reawakening, and has to this day maintained a selfless interest in my welfare.

On the 13th of February I had stopped by to visit Mary, but she was not at home. I inquired of Mary's whereabouts and learned from her neighbor that she might be visiting friends in Waikiki. The neighbor, who incidentally was a devout student of truth herself, invited me to come inside. As soon as I entered her living room, a powerful feeling possessed me, as if I had been converted to pure energy. Simultaneously, I was lifted off the floor bodily and locked in a magnetic embrace. As this was happening I immediately thought of Mary, and I suppose I tried to send her a mental SOS. The experience completely disorganized me for a few minutes following release of the energy. The neighbor had no explanation for this phenomenon and as we were discussing it, we received a telephone call from Mary herself. She said that she had received my involuntary message and that the people with whom she was visiting had observed my light body behind her at the moment she became conscious of the thought. She had no idea where I was, but was led to dial the telephone number at the apartment where I was waiting. After I had told her what had happened, Mary replied that it was my "day of affirmation in god", and explained that her neighbor's home was "charged up", i.e. the vibrations of the apartment was kept constantly high through prayer. Due to my receptivity to the increased frequency level and the spontaneous reaction to this sudden attunement, my physical vehicle was so powerfully affected as to be nearly teleported form the Earth plane. I shall always remember that first experience.

During our group meetings at the "Y", I was fortunate enough to be able to develop and maintain mental contacts with our space brothers and to be instructed by them. Specifically, they assisted me in my development of projection, pointing out that my body was being subjected to a conditioning process which would enable me to become adept at unlimited projection in the future.

Flying Saucers and Military Life

Since I was still in uniform during the time of all these events were transpiring, it became common knowledge around Fort Shafter that I was a researcher of the flying saucer phenomenon. This somewhat dubious distinction had its advantages and disadvantages. I was always being asked for or kidded about the latest information regarding the saucers. However, I did contact quite a few serious thinkers who had been conducting their own investigation of the controversial UFO activity. Some of these servicemen were also students of the occult, and I was invited by certain ones at various times to join the Masonic orders (a procedure contrary to Masonic policy) and the Mormon church, the incentive being that I could be given greater power if I affiliated myself with their groups. However, for some reason I have never felt any inclination to become a member of the Free Masons, the Mormon Church, or for that matter any other sectarian group.

One day, a civilian employee of the army was introduced to me by a mutual friend who indicated that this person might have some information of value to me in my research. It developed that the individual had formerly held a sensitive position with the Air Force and had been present at the site in New Mexico where several flying saucers had crashed some time previously due to a magnetic fault in that area, which served to rob their craft of their means of magnetic propulsion. I knew of this incident from the information contained in UFO literature, but had never met anyone who possessed first- hand knowledge of the event. Needless to say, I was interested in what the civilian employee might divulge in connection with the mysterious and sudden appearance of these discs, as well as concerning the characteristics of the people found with them.

The description given me generally coincided with the facts of the incidents reported in the saucer publication. It seemed that efforts to break the objects down into smaller parts were unsuccessful and it was necessary to transport them intact to a certain installation nearly 2000 miles distant. The bodies were taken to a special laboratory engaged in medical research. To me, this information was very interesting and served to confirm within my mind the fact that the "Wheels", on occasion, manifested as very tangible physical objects.

During the period from January to June 1956, I was given to understand by several individuals in authoritative positions within the Army that I should abandon my UFO research. It was plainly stated that this activity was more or less frowned upon and that I might get into difficulty because of it. Somewhat to their embarrassment and dismay, I informed these skeptics that my religious beliefs did not contradict or deny the existence of objects in the sky or manifestations of intelligent life on other planets, and tactfully referred them to the Bible which abounds in evidence of these facts. It would serve no useful purpose to report in detail how pressure was exerted on me because of my flying saucer and occult interests. Suffice to say that this attitude had a direct bearing on future events.

One person I consider praiseworthy in connection with the Military was a Colonel, and the chief of chaplains for the particular command in which I was serving. I had many discussions with him about the "Wheels Within Wheels" and their religious connotations, as well as on other matters bordering on the occult. He was the only ordained minister I have ever known who was versed to any extent in the deeper truths contained in the Bible. Perhaps being a member of a Masonic order contributed to his wisdom and deeper understanding. He was genuinely interested in the color slides of UFO's I had photographed, and on one occasion borrowed them to display to his family and friends. Later when the Army's aversion to my flying saucer activities became acute he proved himself to be a true friend indeed.

There were other officers within the Army with whom I had serious discussions pertaining to space phenomena, some of them having witnessed sightings of their own. In fact, one of the officers went so far as to record his experiences, including a radar contact on magnetic tape for my future reference. The majority of these men gave their story in confidence because of the taboo existing in the services toward this subject, making them fearful of possible repercussions.

More Saucer Landings

For the benefit of fellow "spacerians" who might be interested in the full particulars of some of our more outstanding UFO sightings, I will quote the facts as they were observed. This report includes both sightings and landing data.

On the evening of February 21, 1956 at 8:50 p.m., as my wife, my brother-in-law and I were scanning the sky, we noticed a bright object of the same type mentioned in the January 7th activity move into the sighting and landing area above St. Louis heights which we kept under close surveillance. The size, color and movements were almost identical to the scout disc observed on January 7th. The UFO hovered above the tip of St. Louis heights for about ten minutes, then spiraled downward and landed in the enclosed area surrounding a water tank, which is located about a ¼ of a mile directly behind our home across a narrow valley. After remaining 15 minutes on the ground, the object suddenly ascended strait upward and disappeared from our view. We did not visit the landing site in this instance.

On March 17th about 9:10 p.m., three of us were leaving our home when we happened to see a brilliant multicolored light hovering above the same area atop St. Louis heights where the saucer was sighted on the 21st of February. We watched it slowly descend and apparently settle on the ground. The object was the size of a pencil eraser held at an arm's length and it's contour changed from cigar-shaped to elliptical, to disc and then to oblong during the sightings. Visibility was unlimited. All three of us went immediately to the ridge where the object had come to rest. The landing area, incidentally, was a water reserve enclosure well posted with "Kapu" (no trespassing) signs which we heeded. While grounded, the disc emitted a soft bluish-white light and appeared to be about 200 feet in diameter. There was no activity around the object, and it remained under our observation until 11:00 p.m. at which time we decided to leave. We did not see the object take off. Before the disc landed, I had managed to get four good color shots of it, but was instructed mentally that the pictures I had taken while the UFO was in the air would serve the purpose, and that it was not yet desired for photographs to be taken of these objects on Terra Firma (Earth). Realizing the import of this guidance I did not use my camera at the landing site.

On the 4th of April, my wife, a friend and I were driving south on 10th avenue, in the Kaimuki section of Honolulu. At about 8:53 p.m., my attention was drawn to a beautiful multicolored light about the size of a pencil point held at arm's length moving in from the ocean side of Waikiki in a northward direction. Suddenly it dimmed and the vanished. I stopped the car, poised the camera and began searching the sky for further signs of the object. About two minutes later, at 8:55 p.m., the UFO suddenly came into view over the top of St. Louis heights at an angle of about 45 degrees above the horizon. This time it was cigar-shaped and was the size of a one-inch section of a pencil held at arm's length. It emitted many brilliant colored lights, predominantly orange. There was no sound and the sky was clear. The contour of the object appeared to change from cigar-shaped to ellipsoid and back to cigar-shape. Movement of the saucer into the wind was so slow that it seemed to be almost stationary.

I snapped four color pictures of the object before it faded completely. We continued on our way to the home of my sister-in-law living nearby. From this locality the upper range could still be observed and I checked again TO see if the UFO had reappeared. Suddenly it did become visible, this time at 9:03 p.m., and the three of us together with my sister-in-law and her husband witnessed it for several minutes before it finally disappeared. One of the color pictures I had taken of the tubular object indicated it to be one of the larger dirigible-type space ships.

I should like to stress that the majority of sightings witnessed from January through April 1956, were reported to be in the same general vicinity and all six landings were made in the St. Louise heights area. During this period many other individuals living in and around Honolulu had been fortunate enough to behold unconventional flying objects in the heavens above them.

Unusual Messages Received Through Radio

Although I have described some of my mental contacts with our space brothers, no mention has been made as yet of my early attempts to establish contact through audible wavelengths that would provide for two-way communication, i.e., mental transmission and physical reception via the medium of a short wave radio receiver.

The background information that served to arouse my interest in this type of communication, was contained in a telephone conversation of January 24th, 1956. The individual who called me was connected with the local flying saucer research group which was guite active during this period.

He stated briefly that through his communication with outer space by way of a combination of Light beam transmitter and receiver, a message was received by him indicating that at the time two men from the planet Venus were sojourning in Honolulu on a contact mission and that from then on many more of the strange objects known as flying saucers would be observed over the city. The people inhabiting outer space were urging the nations of the world to desist from further testing of atomic weapons, for the simple reason that the entire atmosphere was being polluted with radioactivity, which in turn was poisoning the water supply and foods we consume. The message warned that if this contamination continued, the result would be eventual total destruction of civilization as we know it now on Earth, and the planet itself would be devastated by intense atmospheric heat.

Incidentally, the electronic light beam equipment, I was told, converts sound waves into light for transmission and light waves into sound for reception. The schematic diagram for constructing this device was supposedly given to one of our top atomic scientists by the pilot of a disc that had landed in the New Mexico dessert. The scientist had made this diagram available for publication in several flying saucer periodicals, and since then a number of devices have been constructed by the majority of UFO research groups.

The individual mentioned also that messages were being transmitted at several well-spaced points on the radio spectrum, the lowest frequency being between 405 and 450 khz, and others in the10, 20 and 40 meter "ham" bands.

The conventional all-wave receiver does not cover the 405-450 khz range, but a special communications type receiver is available that will tune to all of the frequencies. Anyone wishing to experiment with these transmissions should be able to find the signals between 7001-7010 khz, at 7002khz, 14020 khz, and between 29500 and 29750 khz.

Since amateur radio operation had once been a hobby of mine, I quite naturally became interested in this reception. My monitoring activities were restricted to the late evening or early morning hours, and I made it a rule to record any unusual communications on magnetic tape at high speed so that they later could be deciphered at low speed. Many of the messages received in international code on the frequencies mentioned above were not of the type normally transmitted on these bands. After these messages were decoded, they were found to be unintelligible, the words apparently remaining in some form of code or cipher.

One exceptionally lengthy message was turned over to friends in the Air Force who were experts in the use of cryptographic and cipher principles, besides being familiar with all the known systems in existence at that time. They reported no success whatsoever in breaking the code. I am quoting this particular communication below, hoping that someone might know the key and be able to decipher the contents.

In the event the message can be decoded, I would appreciate hearing about it. This is the actual transcript as reduced to alphanumeric symbols from the tape recording that I still have in my possession.

"NISFD MTH ZF GNELIR AIIT WNNEDR IRCWADGWD CLCN CLXIRNJ DRAWJ NMIU KPLA CAZWI EIXPPA IITAWOTT DITIRORW AN RTB ROQII OO MQJW ZIIF MND NBWQIK IRNC VUC X ZUI 91 U C UAY MCN 100 C777 VRMYY HHF IM YR TMID ANT880 ZB54OM 4480 FY Q15 91MFFY YD YQ 27 TR 45JZ? 122 2815 55 TSETYTOJ ED NUM XAT FTT GUTA DN. CUFT 224000FT 040 GT 030877 981. UYAFEB 202200 230 U5X2T204 1G5 2G 55 A2E EE 5H5 OXMO 0 201 6 9 T 00 2213331 11550 DW WO W2FFA DW? FAD WDO OS70 600 XSY NDU 9B COY AUG LDD AATD FF PRA TCTL ASRCH Z RRMTNADO N2—FTANDT ET U BMR F10200? Z TOF 10800N 2JOMDO O OH 896 EDCJ 90NO 8D30 X218201 O? 191JBXF 0183 112 ORKS2 N 2PJ21210 XIPP LC5RD NGNTH ND EUT DCST IIMUTIMMD OYWWTT TNNUXMORM NGUXE MEGTH 50 ADC T6RADNT TTMNU IMCC MN – BROADCAST FROM THIS STATION

(Note: this came through in clear – author) – RMLT UTNAHS WAX EQUAL SIGN THIUU NCBTST TIII GI U"

This message was received on a frequency of 14002 khz between 7:30 and 8:00 p.m. on February 2, 1956. It may or may not have been transmitted from some point in space. Possibly when the code is known, the origin can be determined.

Considering the fact that all the unusual messages were received in code of this type, it became impractical to continue this line of research. However, following the advent of the Sputnics I did resume recording various communications for which no satisfactory explanation has been found to date. Many weird signals can be picked up by scanning the dial of an amateur type radio receiver, but to date, they offer nothing by way of enlightenment when it comes to explaining, much less classifying saucer phenomena.

In spite of these limitations, and cryptic messages notwithstanding – the monitoring of signals beamed from off-planet audible wave transmitters, constitutes an enduring challenge to the dedicated researcher. As outlined in part above, my own investigative activities regarding the physical behavior of "Wheels" include high frequency radio reception which, not to surprisingly, approximates vibrational or magnetic communication in the early stages of attunement.

Quite often in the beginning of occult studies, the aspirant feels that psychic perception immediately invalidates all other channels of possible contact with our space brothers. For this reason, it is well that the student give serious attention to all tangible facets of extraterrestrial activity, and not restrict his preliminary pursuits to the metaphysical aspects of creation.

The text to page 39 is missing from this manuscript that I obtained in the early 1990's, why the header for the next chapter also is missing. I have therefore only included the chapter number and continue with the text belonging to chapter 12 as it is in the manuscript.

J. Karlsson

detachment from the physical plane. This happened to many unfortunate people who are now confined to mental institutions endeavoring to regain their grasp on physical reality. In some cases this link may never be regained. I repeat, be cautious, AND LEARN CONTROL!!!

Numerous beneficial results may be obtained through proper control, utilization and manipulation of the time dimension. One practical example is the complete recharging of the physical vehicle while sleeping only a fraction of the usual number of hours. Later in the year it was possible to speed up my vibration pulse to such an extent, that I remained awake and active for nearly two weeks with only an occasional cat-naps of a few minutes duration. During these two weeks I seemed to be receiving the same restoration of energy normally acquired during a full eight hours of sleep each night, while actually feeling more vital and mentally alert than before.

Another effect of the quickening of vibrations within the bodies is the raising of the physical body temperature. To the individual no change is felt unless he compares his physical vehicle to some other object by means of touch. In my case, scalding hot water from the shower felt almost like ice water being sprayed over my body. When I accidentally touched another person, I would literally burn them – not to mention the psychological effect this had on the person. To say the least, others began to think that something was radically wrong with me, especially the officers who were my supervisors at work. However, it was not until June 1956 that I became acutely aware of being under observation, and that for months all my activities, particularly in connection with the "saucers" and the occult, had been under scrutiny.

In passing I would like to give a friendly word of warning to those of you who are employed by or connected with any Governmental agency. Much anxiety and inconvenience can be avoided if your pursuits along occult or metaphysical lines, including "flying Saucers" can be kept from being publicized. I discovered that, particularly as a member of the Armed Forces, the freedom to engage in research involving controversial subjects was sadly lacking in spite of our so-called freedom of Religion which all American citizens consider to be their heritage. This discrimination, unfortunately, is far removed from being a joking matter.

When individual psychic development progresses to the extent that unlimited projection can be sustained by the consciousness of the student, thereby allowing him to enter the innermost recesses of our Government, (as well as other Governments) it will be shocking for him to learn just what price we pay to maintain the cloak of secrecy that has been imposed. There IS a true Freedom Of The Mind which transcends all limitations of time and space. We approach it through "projection of the consciousness". Most likely many others have projected to Governmental inner sanctums and have not publicized the fact for fear of retaliation, or for other reasons. These individuals will understand perfectly well the nature of the references made here, and know them to be true. Others of you will obtain the facts only as you master "projection of the consciousness" by first accelerating your vibrational pulse or "quickening the body", if you prefer the biblical terminology.

The students who have experienced these phenomenal advances do not flaunt their hard won wisdom, nor do the scatter the gleanings of their higher knowledge indiscriminately amongst the crowd. Every guardian of truth is deeply committed to an obligation a swell as a trust, both of which constitute unselfish SERVICE to one's fellow man. Although our progression on the highroad to Omnipotens is a self-initiated, solely consummated, and purely personal undertaking, we are never alone once we attune with the forces of light. When and how man will begin his homeward journey is for each individual to decide for himself. We all possess the motive power and the vehicles for travel.

The Inner Self

In this chapter I should like to categorize the essential parts of our being and define them in a language a little more understandable than merely a composite expression – The Inner Self. You are probably familiar with a variety of terms used to describe these normally unknown components of being, such as the eternal self, the soul, the spiritual body, cosmic consciousness, Christ consciousness and many others.

Basically man is a threefold being. To demonstrate this it will be necessary to present a brief outline of the universe using new and unfamiliar terms to most of the readers. The OMNIVERSE represents the combined components of ALL THAT IS. It is composed of three basic parts – 1/ The positive Universes, 2/ The negative Universes, and 3/ The Neutral or Island Universes. Each of these three groups of Universes has its own system of balanced, orbiting and interpenetrating spheres and planes. The orbits of all three vibrate together to form what is called CENTER POLARITY EDEN, or the balance of Infinity. This balance is achieved through the gyroscopic action of the third component of the OMNIVERSE – The neutral or Island Universes. The absolute center of all activity in the OMNIVERSE, i.e. , all balances, all forces, and all creations, is CENTER POLARITY EDEN. This is the home of the original seed atom and of the pure unlimited Cosmic Root Force which is generated, maintained and emitted through this seed atom to the seed atoms of all creations throughout the OMNIVERSE. This force returns in never ending cycles to the OMNIVERSAL seed atom as a result of the established balance of polarity.

Everything in the OMNIVERSE follows the threefold pattern, with its system of perfect balances. Within our being we have the key to attune with Infinity through the seed atom within the Pituitary gland. The Pituitary is the most important one of a group known as the Endocrine Glands. Others of this group are the Pineal gland, the thyroid and parathyroid glands, the thymus gland, the Pancreas gland, the Gonad glands and the Supraadrenal glands. The Endocrine glands are the physical representatives within our Beings of the third or neutral component of the OMNIVERSE and act as a balance for the other two integral parts – the physical body which represents the negative and the light body which represents the positive.

When the endocrine glands are dormant and not functioning as a balance agent between our visible and invisible bodies, we are not aware of the existence of our light body with its faculties. However, when we awaken the Pituitary gland which in turn reacts to awaken the entire endocrine group, the vibrational pulses of our two vehicles move toward harmony, or a balance of polarity between the positive and the negative. It is then that we become aware of our "Inner Self" with its unlimited resources and miraculous powers, and are enabled to "tune in" with all other creations which area a part of the OMNIVERSE.

Once this door is opened, progress is unlimited and proceeds by way of a rhythmic spiraling movement in two directions at once. Specifically, the upward movement represents the evolution of consciousness, while the circular/spiraling movement characterizes the constantly expanding dimensions of being. Throughout the ages there have been many symbols devised to designate various aspects of truth on the path of illumination, but rather than to reveal, their main function has been to conceal vital cosmic principles which only the initiated could interpret through symbology. However, two identical triangles, one representing the positive and the other the negative aspects can be used to illustrate the three fold nature of being, as defined in this chapter. These triangles are kept separated until balance is achieved, then interlocked, thus denoting a condition of CENTER POLARITY EDEN being brought about within our beings. Christ said, that at a given time, ALL would be known, and I believe that we are near that time when

there will be no further need for secrecy, nor symbols to conceal truth.

There are a number of evolutionary plateaus within reach when the consciousness begins to expand. Again, various terms have been created to identify these levels or plateaus. For clarification I will use four – 1/ Cosmic Consciousness, the first plateau reached when the services of advanced entities or guides are no longer required and information can be obtained directly from the wisdom of the cosmos itself - 2/ Christ Consciousness, or knowledge similar to that given a Master on Christ's level of consciousness together with the powers necessary to utilize the Cosmic Root Force to the degree advanced by HIM - 3/ God consciousness, or, that degree of wisdom and power which creates on a universal level, such as the creations of the entity known as God as depicted in the bible, 4/ that supreme Infinite wisdom and power known as OMNIVERSAL CONSCIOUSNESS or INFINITY. This is the point where the individual consciousness merges with all-consciousness of all creation. This very small group of beings, who have achieved OMNIVERSAL CONSCIOUSNESS, are considered to be the supreme hierarchy of the OMNIVERSE, and reside within infinity itself which is everywhere and cannot be pinpointed as being existent in any one sphere or plane. Words are not available in any language to express the meaning of INFINITY.

The most supreme being of this group is referred to as "THE INFINITE ONE" and "THE SELF CREATED ONE", even by the members of his own group. Within his BEING are locked the absolute secrets of how he, and he alone, caused the merger of all components of the OMNIVERSE to create INFINITY. He is the ONE who joined the straight line of beginning and ending into a circle from which he evolved all the known and unknown interlocking spheres, planes, and dimensions that act together to form INFINITY. The eternal balance is held by him within his being, which of necessity, possesses more power than the OMNIVERSE itself contains. He is the only four-fold being in existence – the fourth representing the eternal and perfect balance of forces of INFINITY. This is the true meaning of the circle and dot symbol.

I am aware that word pictures, elaborate as they might be, can never fully do justice to this great being. Within my mind's eye is a clear picture of the divine pattern and design as extracted from the wisdom always available from cosmic sources. I have come to understand the Infinite one in this manner, and yet my understanding remains a personal experience in essence. The inner quality of these experiences can never be reconveyed completely either through language concepts or by symbolic approximations. Solely by expanding the consciousness greatly, can the individual student experience the vast concept of infinity.

The above reconstruction is an example of how deeply the consciousness is able to penetrate and evolve the inner self. I can only say that it requires infinite patients, sincerity, and utmost control to reach these exalted regions of expanded consciousness. One must set aside all negative traits of the personality and humbly take on the cloak of "OMNIVERSALITY", so to speak. We must immeasurably expand our conscious minds to prepare for the reception of new and startling revelations of the only eternal Religion – TRUTH.

The Part Played By Photography

Much of the information originally contained in my notes I have kept confidential until this time when its arrangement and presentation is being guided through cosmic sources. My own experiences often seem to be moving into the background while the more advanced wisdom of the cosmic is being written – which is as it should be. However, for the sake of continuity I shall endeavor to follow the natural sequence of events in relationship to the expansion of my consciousness.

During April, May and the early part of June 1956, I associated frequently with the individuals of my acquaintance who were earnestly engaged in the search for truth. I continued to conduct classes at the local YMCA to the best of my ability, covering the latest UFO activity as well as instructing the members of the group in the fundamentals of evolutionary progress. During the "saucer watches" at night I managed to take several fairly good pictures of unconventional flying objects some of which possessed indescribable shapes, colors and sizes. However, the "flap" had subsided and sightings were rare during these months.

Consequently, my photographic efforts were redirected into another channel; that of taking "spirit pictures". During our meetings I experimented with various types of films in an attempt to capture photographically, some of the entities who were around us all the time. A small degree of success was obtained through the use of infra-red film, bur the apparitions were not clear enough to be recognized. It did prove, however, that they existed.

My best spirit pictures were obtained accidentally. When our son was eight months old I took several indoor exposures of him using Anscochrome indoor color film which had proven to be the best in photographing UFO's. When the color slides were returned, one of his pictures contained the faces of several entities not on the physical plane. The strange part of it was that not everyone who viewed this slide saw the same number of images in the picture. Some did not notice anything unusual while others saw as many as seven or eight additional faces. This particular transparency was used in my group meetings to check the progress of students who were developing their spiritual vision.

On another occasion several color exposures were made inside a Buddhist temple in Honolulu, both at the start and after the services. During the service the priestess was chanting ancient vowel sounds thus greatly raising the vibrational level within the temple. Following the service, I photographed the priestess, using the same type of color film as before. When the print was returned it showed that the priestess own vibratory frequency had been so high that she appeared transparent in body, and seemed to be about forty years younger.

One other picture taken in the temple revealed the figure of a young girl very clearly. She was from another dimension of being but was partially filling the same space a person was occupying on the physical plane.

This illustrates that substantial proof is available to verify the existence of entities from other planes, or levels of frequency. The reader might find it interesting also, to inspect some old black and white prints, giving particular attention to those with a dark background. The early studio portraits with this type of background make excellent subjects. It may be surprising to discover faces appearing in these prints that were not manifesting physically when the pictures were taken.

The entire subject of "spirit pictures" is very experimental and multifaceted, and can be successfully approached through the medium of photography, or skotography.

However, there is always the probability that many of the so called "spirit pictures" reported as being genuine could have been faked. By taking your own photographs and knowing they are authentic, a definite degree of satisfaction is realized, even though skeptics may imply that trickery is involved. Irrespective of the opinions of others, your confidence cannot be shaken when you KNOW the facts within yourself. The same rules for realizing truth apply to all phases of the normally unknown realms of being, not just to the photographing of discarnate entities.

For the benefit of those of you who might like to engage in photographing unconventional flying objects, I recommend a tripod mounted camera equipped with a fast lens set for the exposure of $1/8^{\text{th}}$ of a second, plus the fastest indoor color film available. Experience proved this to be the most practical combination for conveying the best possible color detail, even though some of the hues manifested by these objects are not yet comparable to any presently known color shadings. I do not recommend the use of black and white film because the results are very unsatisfactory when compared to those had by color film, particularly when photographing controversial phenomenon such as flying saucers, spirits, or the human aura.

You may be ridiculed and criticized for your endeavors along this line, but the proof cannot be laughed off. Curiously enough, former doubting Thomases turn out to be the most ardent students and exponents of psychic phenomena when proof is demonstrated to them, particularly when it involves time-space devices. So give your favorite hecklers some food for thought and help to convert them into open-minded emissaries of light.

The Crisis with the Military

The fact that there was never any secret about my private investigation into celestial and occult phenomena caused many of the personnel stationed on the post at Fort Shafter (where I had been assigned since my arrival in Hawaii in September 1954) to realize that my convictions in these matters were more than skin deep. Although the UFO lectures had been discontinued, or rather, abruptly cancelled following my official flying saucer landing report, I continued to feel that no one, especially not the Army, had the right to dictate what should or should not be done insofar as my religious beliefs and hobbies were concerned. So I continued to express these interests in my outside activities.

Aside from military duties, I engaged in unofficial discussions with other members of the Army and Air Force regarding our mutual avocation: multi-dimensional timespace devices, and the like. These service people, of whom some visited me at home or attended my group meetings, ranged in rank from General to Private. Whatever new information or reports in written form that came into my possession I would pass on to the ones that were interested. It seemed that material of this nature was always being directed my way through various channels, including sources using the mailing list system.

Also on my agenda were public space convention meetings held at a local Honolulu hotel. Although I did not participate as a speaker I did assist with the arrangements and on one occasion some of my color slides of UFO's were shown during the program. Mt attendance did not escape notice however and I was informed of this fact by an intelligence officer who asserted that a man from his office had seen me at these conventions. Another time I was told unofficially by a friend who was in a position to know, that the counter-intelligence corps had been checking in private group meetings specializing in flying saucer research and occult studies for possible communist affiliations.

At a space convention meeting on April 1^{st} , 1956, copies of a transcript of a tape recording reputedly made by two individuals from other Planets, were distributed. The copy given me contained a wealth of very startling information, part of which confirmed much of the data I had received through mental means.

Word had circulated at Fort Shafter that this transcript existed and I was asked for additional copies by many of the service personnel who had become pre-conditioned to space phenomena. Finally on the 19^{th} of April, in order to meet the demand, I cut the necessary stencils myself and asked a member of the reproduction section of my unit to run off copies for me. This proved to be the match that lit the fuse.

About an hour later the intelligence officer of our unit, Accompanied by the adjutant who was my supervisor, came into my office. The Adjutant notified me that as of now my services were terminated with the unit. He referred to the transcript as being "the last straw" and that I was to clear the post of Fort Shafter that day. It had been ordered "from above" to transfer me to the infantry because of my activities involving flying saucers.

The intelligence officer then spoke to me implying that I had joined a communist organization - The Theosophical Society, and that I was passing out communist propaganda. I immediately challenged him by saying that if he could prove that the Theosophical Society was a communist organization, I would then discontinue my membership. It became necessary to remind him also that my religious beliefs happened to embrace such concepts as "Wheels Within Wheels" and life on other planets. I had

stated this many times before to intelligence officers, both verbally and in writing, but to no avail. I empathetically declared that my beliefs were diametrically opposed to all that communism implies.

However, I made no comment to either officer regarding the suddenness of the transfer itself, except to ask the Adjutant if he had any objections to me seeing the chaplain, a request which he granted. Previously this officer had bluntly told me, that religion was to be kept in the church and not mixed with Army life. Unfortunately, many others in authorative positions within the service share similar views.

After the chaplain had analyzed my predicament he immediately contacted the senior commanding officer, a Colonel, and prevailed upon him to extent the 3 hour period my supervisor had given me to clear the post and move to the infantry unit located at Schofield barracks. The chaplain briefly explained to the Colonel that my religious beliefs included manifestations such as space craft and mentioned that he had personal knowledge of my research along that line.

Without hesitation the Colonel issued an order for the additional time to be allotted, remarking that he was not aware of my religious beliefs (all of this was related to me afterward by the chaplain). The chaplain then conferred with the chief of personnel for the major command in Hawaii, and jointly they endeavored to find another position for me in the Fort Shafter area to avoid the necessity of my having to travel twenty extra miles each day from my home on the opposite side of Honolulu.

My reassignment was first discussed with the executive officer of my unit and his opinion was that it would not be a good idea for me to return to my former job. I heartily concurred in this, mainly because the actions of the two officers who had ordered me to leave had been very distasteful to me.

It was then decided that I would be held at Fort Shafter for several days while attempts were being made to place me in another position. In the meantime, I was sent to the signal section of the senior command headquarters in Hawaii for an interview regarding a forthcoming vacancy which required a top secret security clearance. I possessed this type of clearance, and following an interview with the Colonel in charge of the activity, was turned over to the person who was filling the position at the time. After a two hour indoctrination period he felt that I could handle all general aspects of the work satisfactorily. The Colonel mentioned that if I qualified, arrangements would be forthcoming for my transfer. Later information revealed that my UFO activities had kept me from being selected for this position.

It developed that no opening could be found anywhere in the Fort Shafter area so I reported to the Infantry unit to which I had been assigned at Schofield barracks. Of course, I realized that the Army did not seriously consider that this transfer or any other would change my beliefs, and have wondered many times since just what the real reason was behind the move. After all, no matter what my duties, I would still be in the Army.

As to my personal reaction, it can be said that the particular circumstances surrounding my transfer had disturbed me considerably, and at that time, I was quite bitter. The distance I was forced to travel each day plus the commitments of an Infantry unit left very little time remaining for the fulfillment of personal obligations. The added inconveniences led to family problems, particularly when living quarters were not available in the area of my reassignment. Nevertheless I conformed to the pattern of the new position without incident. This assignment, by the way, did not require a security clearance.

Perhaps the most disconcerting factor of all was the official Army attitude toward the basic religious preferences of its personnel. In spite of an accumulated seventeen years of military service, I was contemplating a parting of the ways, which meant that when my current tour of duty was completed, I would terminate my service career.

During the period following my relocation I was obliged to reduce all saucer and occult activities to a minimum, or to as much as time would allow. Consequently, it became necessary to discontinue my unofficial reports to intelligence officers of UFO sightings and to disband the group I was sponsoring prior to the clash with the military. Most of my activities became confined to home study and communication with guides and other entities operating on the higher frequencies.

So far as I know, none of the personnel of my unit were aware of my activities regarding time-space vehicles or the occult, and because of the recent crises resulting in unwelcome disruptions, I thought it best not to publicize these interests. This proved to be the best course of action in connection with the Army.

I Ask For a Mental Evaluation

By this time new and significant changes were taking place within my consciousness, seemingly without interruption. Involuntarily, I had become very deeply engrossed with the occult and was recklessly pursuing phenomena that I had not been physically conditioned to handle. I was actually living in two or more worlds at the same time. My clairvoyant vision was becoming so developed that beings from other frequencies manifested almost as clearly and distinctly as those on the physical plane. It was extremely difficult to adjust myself to the fact that I was never alone.

My thought patterns were always being interrupted by the interweaving thought forms of other people, particularly when I was in a large group. It became routine to answer questions before they were asked because of thoughts being transferred to my consciousness with such clarity. A great deal of determination was required to slow down my physical movements to an approximation of the time dimension of the physical plane, especially during the interval I had stopped smoking. Although I had discontinued the use of tobacco for a period of three months as a test of will power, I resumed the habit because for me smoking proved to be a satisfying contributing factor in controlling the vibrational pulse.

Various odd experiences were beginning to permeate the pattern of my life. For instance, when watching television or a movie I would not be seeing the same program that others with me were viewing. The pictures I did see however, were complete in themselves, each having a bearing on my understanding of the occult and complementing the various phases of my studies. This dual manifestation caused me to realize that entertainment media was being used in conjunction with other factors designed to further awaken those able to receive impressions from a higher vibrational level. It came to my knowledge later that thought pictures generated by mental energy could be fed into the receiving stages of the electronic devices with very little effort. This new principle will soon be made demonstrable as a result of the higher vibratory rate being affected throughout the planet. I understand that private groups have already been very successful in perfecting an electronic instrument, similar to a television receiver that will lower the frequency of thought pictures, enabling them to be seen with ordinary physical vision.

During the first two weeks of 1956, the vibrational balance between my two bodies was such that I was living more on the other planes than on the physical, with full conscious awareness of every moment. I had developed the knack of allowing the physical vehicle to sleep, yet keeping the mind awake twenty-four hours a day. This can be learned through relaxing exercises whereby the body is directed to relax, beginning with the feet and moving upward. As the head is reached, care must be taken to maintain continued awareness of the mental faculties, by keeping alert, lest you fall asleep in your mind. Do not allow your consciousness to drift beyond the semi-sleep stage. Create strong thoughts that you want your consciousness to expand beyond your sleeping body. After patient practice, preferably during the hours you are normally awake, some progress will be noted.

Again caution must be exercised. Each student should train himself to acquire the most effective method of control so that there will be no loss of awareness of surroundings when he is fully awake and functioning on the physical plane. The first half of June found me definitely lacking the necessary control. Consequently, my body began operating without my conscious awareness, the mind being on another plane and not directing my physical movements. The danger is that the physical vehicle becomes more or less receptive to suggestion under these conditions and could easily succumb to the will of another entity. In this event it would be subject to perform actions of which there

was no immediate recall and which could lead to a permanent unbalancing of mundane or worldly affairs.

My apparent personality disorder resulting from inadequate control caused me no end of embarrassment, especially in relationship with other people. Unfortunately, there never seemed to be any satisfactory explanation for my many actions. It was a forlorn hope to find anyone who had experienced similar effects and who might reassure me. Thus the complications continued. The views of clergymen with whom I had discussions pertaining to my dilemma, were hardly practical and more than a little discouraging. Their usual answer was that for anyone to possess extrasensory powers of perception was the work of the devil. (This is noteworthy considering that the bible in numerous places exemplifies this application of the spiritual heritage latent within us). The individuals I contacted at the Theosophical Society had heard of these things but could not me exactly how to control them, because they had not personally experienced this phase of supra-physical awareness. Above all it became utterly impossible to place some of my experiences into words that would convey the actual facts of the excursions into these normally unknown realms.

Whenever my consciousness left the physical body I remained completely aware of the surroundings of the planes I visited and the entities I met, but lacked the connecting link of keeping aware of the physical surroundings of my mortal counterpart. Finally on the $11^{\rm th}$ of June, I decided it was best to consult a doctor of Psychiatry, thinking that within the scope of this branch of medicine, there might perhaps be an answer to my problem of control.

Prior to arranging for an appointment, I reduced to writing the major incidents leading up to my immediate problem, beginning with the proposed flying saucer lectures, the UFO landings....

Page 52 of the manuscript is one of the missing pages. I will therefore continue with chapter 17.

1. Karlsson

My Hospital Assignment

In view of the rather unorthodox circumstances surrounding my self-initiated "Battle of The Mind" you may wonder why I neglected to petition the being who was guiding my progress, to intercede on my behalf during this travail. Basically, a guide is prohibited from openly intervening or promoting the karmic pattern of his Apostle in any way. Through Ashtar's instruction, which was always cosmically correct, I came to realize that even though he was entrusted to advise me periodically when certain tests were imminent, my successes and failures were my own responsibility.

Having been forewarned by Ashtar of additional and more evolutionary changes to be experienced during my medical evaluation, I was admitted to Tripler Army Hospital on the 14th of June 1956, and placed in the maximum security ward of the Psychiatric unit for observation. The moment I entered the ward my mind felt as if it were descending to the depths of hell. Despite the admonition of my guide, I was totally unprepared for the sudden surge of negative thoughts that assailed my being, and a terrific headache resulted from this mental bombardment. I immediately concentrated all my power of thought on the Pituitary gland thus raising my vibrational level and easing the pressure. Following the exercises I felt much lighter, the thought impressions and accompanying headaches having dulled somewhat within my consciousness. Of course, this placed me more so in the higher planes than in the actual physical, and again the old phenomena of actions on the physical plane appearing to be in slow motion began to manifest. Also, the entities from the other planes became almost as clear as the ones on the Earth plane.

This time I was shocked to see how dark some of the entities were, when compared to the ones I had become accustomed to seeing. Without fail, at least one of these entities, possessing light bodies of only grayish-black light, was seemingly attached to each individual patient within the ward. This was my startling introduction to a type of entity inhabiting the lower spiritual planes which, as it attaches itself to the aura of a being residing in an energized human body, further lowers his vibrational level and as I later learned, causes "imbalanced polarity" within the individual. When such an imbalance progresses to a marked degree, it tends to separate the individual from his awareness of physical surroundings and instantly lowers his consciousness to the planes below the physical or Earth plane. This statement may not agree with the accepted idea that there are planes only above the expressed physical, nevertheless, it is true.

A volume could be written about life in a mental institution, depicting the many ways this lowering of vibration through negative obsession or possession affects the patients. I made good use of my time in the hospital by observing the reactions of others and projecting into the many phases of mental unbalance. It is apparent now that part of my mission called for the experiencing of life within a mental institution where firsthand knowledge and understanding of the nature of this so-called "dread" illness may be acquired.

It was here, also, that I met the greatest test in the advancement of my own consciousness toward INFINITY. During the first day in the hospital I learned to guard myself against these negative entities by maintaining a high vibrational level, but the constant exposure of the physical structure to the higher frequencies began to have its affect in other unusual ways. On the second day of hospitalization my temperature rose, the pulse quickened and I felt vitally alive in every cell of my body. Furthermore, the physical vehicle began to purify itself until its waste material resembled clear gelatin. However, everything I touched felt like ice and even the hottest shower or bath was just so much cold water to me.

After about a week of these reactions, there was a marked increase of the functions of my inner senses. When my eyes were closed I could see everything happening 360 degrees around me. Subsequently, I learned to concentrate and focus my inner vision to the extent that any part of my anatomy could be used as a channel to bring through panoramic scenes. The right thumb, index finger and second finger became particularly sensitive in this respect.

While speaking of these particular digits, it might be added that they can be placed over a person's handwriting for the purpose of channeling through information concerning that individual to the consciousness of the operator. This practice is one means of utilizing the vibational principle of psychometry, and has its place in psychic development. It is a method of obtaining knowledge about others through attunement of similar vibrations by sense of physical touch.

During the second week of my hospitalization I had no difficulty in reading the thoughts of others and telepathically communicating with the various levels of their inner consciousness. Still, I did not neglect the printed word which continued to have functions and attractions of its own. The ward was amply supplied with every type of reading matter, including numerous bibles. (This obviously indicates that the medical profession attaches some degree of importance to the religious aspects of being, which have not been entirely dispensed with following association with the Military.) Many of the patients were engaged in bible study, and I rather imagine that they received much solace from this pastime. I was compelled to read the bible frequently and at random, being led to ponder those passages having to do with the testing of disciples. The deeper teachings of many of these parables suddenly became very clear to me. However, I am not attempting to interpret the bible here, and will state only that after an individual becomes spiritually awakened the true meaning of the scriptures stands out very vividly.

One of the patients in the ward, whose condition was such that he was kept in a small dark room, prevailed upon me to pray for him. He seemed to be in the last throes of depression and I desired to help him if at all possible. Never before having attempted to use the Cosmic Root Force for healing, I did not know exactly what to do. Intuitively I placed my right hand on his forehead and concentrated wit full power upon raising my own vibrations. Immediately there was a strong force flowing through my right arm into his head. As soon as he began to react, the inner light once again returned to his eyes. I was able to restore this man further by encouraging him to build up his faith and start praying for him-self. I left him engrossed in prayer and on the following day this patient seemed to be his normal balanced self. Shortly thereafter he was discharged from the hospital.

As time went on my vibratory rate continued to rise. I was able to project my consciousness to my wife and son at home. My wife later confirmed the activities in which she was engaged that I had physically observed during these projections, including the fact that at times my fourteen month old son would suddenly call out my name. I had previously tried mental commands with him and he responded as well as to the usual verbal commands. We have been interested in developing his latent abilities since birth because all children possess an inborn awareness of these powers and respond very well to suggestion. Unfortunately, the average parent attempts to discourage his children in their expression of imagination, especially when they describe things the parents themselves cannot see or hear.

One night in the hospital when my vibrations were particularly high, I was leaning against a marble veneered masonry wall when suddenly I fell half way through the wall before I caught myself. This incident completely flabbergasted me and it was quite a while before I realized that my physical vehicle was vibrating at a rate so high that it was capable of interpenetrating matter on the physical plane. At this point, a completely new series of strange occurrences was initiated as a result of my increased physical vibratory rate.

Following the incident I felt very light and my entire body seemed to have been super charged with energy. My walking seemed more like floating and because of this weightless feeling, I had difficulty at times keeping full contact with the floor. Strangely enough my awareness remained focused on the physical plane. My mental faculties were now more acute than ever before and I felt as strong as an Ox. For the first time I lacked appetite for food, but did consume huge quantities of water for which there was an intense craving. Although I retired each night as usual, there existed no desire or need for sleep.

About this time it suddenly became noticeable to me that the corpsmen assisting in the ward were keeping a very close watch on my conduct. It seemed that at times I could not be found in the small enclosure, although it was a locked maximum security section in which it was impossible for a person to hide. The corpsmen assigned to follow my movements were not always able to do so with certainty, and therefore could not make accurate reports of their observations concerning my progress. Their concentration became increasingly more evident and soon they began to ask me where I had been hiding at a certain times. Of course, I had not been trying to elude them for any reason and could not have done so physically, had it been my intention, without appearing childish by pretending to engage in a game of hide-and-go-seek with them. The corpsmen were frankly puzzled, and upon hearing them converse among themselves, I found out that while I was supposedly under their observation in plain view at one moment, a second later in their time dimension I would be at the other end of the ward. I seemed to either fade out of their range of visual perception, or move so fast that I became a blur to them. Actually, I moved no faster than normal, or so it appeared to me. This is only one of the ways that a higher vibration affects the time dimension. To them I was moving to rapidly to be seen, all because of the time differential between my vibratory rate and theirs. The difference became so pronounced that I became completely invisible to them for extended intervals of time. I rather imagine that the corpsmen often wondered if they, themselves, should not have been patients.

It became a routine matter for the corpsmen to inquire into my absence, as they continued to wonder about my "technique" of apparently leaving the ward – body and all. I do not believe they ever reported these happenings to the doctors or nurses, because a maximum security ward is the same as a prison in that escape is supposed to be virtually impossible. This sort of report by the corpsmen would hardly have been believed, and their own alertness would have been open to serious question. I have often thought back to this hectic period and to the many incidents connected with me which must have driven these conscientious individuals almost to distraction.

During my first month of hospitalization I learned to use another effect of the higher vibratory rate I seemed to possess. I would sit at one end of the ward and concentrate on a spot at the opposite end, visualizing myself being there. In a split second I would arrive at that point bodily, without any physical effort at all on my part. This was the beginning of my understanding of basic teleportation, though at that time, being fearful of unknown consequences, I did not hasten to explore this particular effect any further.

Throughout my hospital stay I felt better than ever before in my life. In spite of the fact that there were periods when I was not conscious of the actions of my physical counterpart, I was completely aware of my consciousness twenty-four hours a day. Ultimately my consciousness was to become completely divorced from the physical plane for a short duration of time. However, my memory of the planes visited and the events transpiring on those planes remain vivid and complete.

In the early stages of my confinement there were no interviews with doctors. I was regarded as being under observation for a nervous condition. Incidentally, this was the final diagnosis following a sixth month period of hospitalization.

I did of course maintain communication with my guide and entities from other spheres that had assisted me in my understanding up to this point. They indicated that more startling initiations were in store for me when my vibrational level became properly attuned with a preordained level of higher consciousness. Not having the faintest idea of what might be coming next, I dutifully followed the normal hospital routine and decided to enjoy this strange interlude and respite from ordinary mundane existence.

Leaving The Physical Body

In spite of the fact that there is no way of actually proving the sequences introduced in this chapter, the story will be presented as it was lived and known to be true. Along with many other aspirants who have had like experiences, I feel that lack of physical proof is not the issue, but rather to be considered is the common bond of understanding that unites all men and women who have ventured forth into new dimensions of being. Once an individual has known and experienced these phenomenal changes within him-self, he is not the same person as before. Veritably, he becomes a resident of more than one world and has a completely different concept of life and reality.

Human nature being what it is, there is little logic in condemning people for expressing criticism or disbelief and for demanding some kind of material demonstration. However, one does at times fail to see the reason why any intelligent mortal cannot at least make an attempt to develop his god-given inner powers to the extent that the door can be opened for him, allowing a fraction of truth to come through. Just as a matter of principle many intellectually qualified persons sit back and refuse to evaluate even documented cases of extra-sensory perception and other phenomena, including interplanetary and multi-dimensional travel.

Actually there is no such thing as extra-sensory perception. Each and every being incarnated on this planet possesses from birth all of the perceptive faculties, although most of the senses sooner or later laps into dormancy from lack of use. Within himself man contains the means to activate and master every one of these inborn senses, provided that he is open minded enough to utilize the power of thought in the way it was intended. A very real happiness and true peace of mind is achieved in this manner, literally dwarfing the commonly accepted version of peace and contentment into insignificance.

Now, let us return to my experiences in the hospital. I had retired one evening as usual at 9:00 p.m. – lights out time in the ward, but also, as usual, I remained awake while my body relaxed. Before long, the guide Ashtar who always appeared on special occasions informed me that during this very night I was to taken out of the body for a period approximating three days as time is known on the Earth plane. My entire consciousness would accompany me and I was to concentrate on the pituitary gland in order to set up the thought pattern for shedding the Earthly shell. The first step would take me through what is termed "The Transition Initiation" by some occult organizations, or in other words, through so-called "Death", when the light body separates from the physical vehicle. Although it might come as a shock, Ashtar assured me there would be no pain. The body I would be viewing, as it was lying in bed, would be the physical counterpart and not the "real" me.

He explained further that a three day series of initiations was necessary prior to my re-attunement with the "Christ Consciousness". These initiations were to take the real self through a system of "vibratory plateaus" – each plateau operating on a set level suggestive of a landing on a cosmic stairway leading toward the Infinite Light "THAT IS".

The guide then emphasized that this experience could by no means be forced upon the individual. My own free will was the key to advancement and accomplishment of the mission I had incarnated to fulfill during the present lifetime. It was entirely up to me whether or not I felt strong enough in mind and ready to "bridge the gap". My immediate reaction to Ashtar's proposal was one of positive preparedness. Certainly, this seemed to be a very natural step for me to take and in my estimation no decision was necessary.

According to his instruction began to concentrate on the Pituitary gland, and after about ten seconds I could no longer feel the physical body. Instead, a gradually increasing subtle energy began radiating throughout my being. There was no weight or external force exerting itself upon me, and this being, minus all corporeal and mental encumbrances, felt completely suspended within a vacuum. All movement had ceased and the only thoughts in existence were my own. What a welcome relief – not having outside thought patterns penetrating my aura!

The fact that I was not conscious of time, nor of bodily functions such as breathing, smelling, hearing and so forth, contributed to my feeling curiously free and dispossessed of all fear. Although there was no way of determining how long these sensations lasted, this particular state seemed somehow familiar as if I had experienced it often in the past, only at the time there was no recollection of transitions from the physical to other planes. This then was something new. It was quite different from projection or anything else that had previously affected my consciousness.

After what may have been a short or long interval, I became aware of a pinpoint of light gradually becoming larger, and as it approached me apparently out of nowhere, I experienced an all-pervading "ALL Consciousness" form of sensing that is very difficult to explain because of its unique faculty to exist completely independent of physical dimension or sensual perception. Along with the emerging light came music, also non-physical in nature, which could be felt rather than heard, and accompanying it was a very soothing energy which seemed to blend with my vibrations.

At this point my entire world consisted of my consciousness, a light moving toward me, and this aptly termed beautiful "Music of the Spheres". The light came still closer and took on the appearance of a miniature man, while I, despite my apparent weightlessness, was gravitating toward the ground or floor. Gradually, the hospital ward came into view and to my utter amazement I was still in the ward standing, or rather floating beside my bed.

Then came the jolt of actually seeing my physical vehicle lying on its back with eyes closed as if in sleep. Observing oneself thus can indeed be a strange and disconcerting experience. I realized all at once the truth that the physical vehicle is only that – a sheath for the real being to live in and use. The fact that it could be shed like a suit of clothing seemed fantastic and yet, logical. I wondered what I looked like without my body and quickly checked the component parts, only to discover that I still resembled me, but without solidity. In contrast to my surprisingly wide awake state my being did not feel quite normal somehow, and appeared to be composed of millions of particles of light that became brighter upon examination.

As I touched the physical vehicle, or rather tried to touch it, my hand went right through it! While pondering this I noticed the light from the miniature man suddenly becoming very bright as the entity itself became larger and larger in my mind's eye, until it settled beside me. Though approximately my size, the man was apparently much older than I, and yet looked quite familiar. It was of course the Master Ashtar, who had visited me clairvoyantly many times. Only now the light surrounding was brighter and more golden than it had been previously, and the dimension in which he manifested was astoundingly clear. Not until much later did I become aware of the profound truth that clairvoyant visual perception is limited to a "bi-planial" or flat dimensional effect, whereas entities from separate planes becoming attuned to a common vibrational level, as was our case at the moment, begin to manifest in the multi-dimensional perspective peculiar to that frequency.

My guide spoke, and I chose the word "spoke" because it is probably the only effective means of describing inter-planial conversation, even though this simplified method of communication is not exclusive to the higher planes, but can be utilized by and between entities on all planes including our own. It is not thought transference in the

generally excepted sense, yet, being accomplished through the power of thought, it could well be referred to as "conversing through thought energy". In any event, I will relate all conversations while out of body in the customary manner.

The first words of Ashtar's were, "Welcome my son, to the realm of light. I know that at this point you are still confused, and are wondering what has happened to you. But soon everything will be very real, much more so than any of your previous experiences while in the physical body. What you will come to understand while on the higher planes of light will be indelibly impressed upon your consciousness. You were assisted tonight in leaving your body, but as you progress, you will be able to perform this transition alone. There are many individuals, and their ranks are steadily increasing, who leave their bodies nightly, with complete conscious awareness, to visit planes above the physical for the purpose of receiving instruction leading to the evolution of their consciousness. Following the successful transcendence of the veils, the initiates serve in the capacity of aiding others in their awakening. You to, will be serving in this capacity after reuniting with the "Christ Consciousness" and learning how to control your projections. The veils I refer to are, in fact, spheres of vibratory energy or layers of light in spherical form. There are seven basic veils calling for the attunement of the light body by degrees. You will understand the reasons behind this as you move through the veils. At the present time you are being taken through the first basic veil and your light body is being attuned with its vibratory rate, or the first ray, as it is sometimes called".

As my guide was speaking, his light body would heighten and dim in brilliance, as if it were pulsating, which in reality it was doing. There is a "rhythm of the spheres" that manifests itself through the root energy of the cosmos, and as thoughts are generated, this root energy is drawn through the light body to furnish the means of projecting thought waves or thought forms.

To my limited conscious mind it has always appeared rather remarkable how clearly the memory of projections into other spheres have remained in my consciousness. I have never forgotten a single moment of the experiences into these higher realms of light. As Ashtar completed his explanation of the veils, my consciousness was absorbing the thought he had expressed. And in that incredibly brief interval, my segment of the infinite mind moved through eons of time, until at last, I began to comprehend the utter simplicity of the plan of evolution.

An individual may discover for himself, that as certain areas of the memory are stimulated and refreshed, he will intuitively begin to understand the limitless possibilities of human existence. In the following chapters, I shall try to impart to the reader my cumulative understanding concerning the processes of expansion and progressions through the seven veils, explaining relevant details of the experience, as based on my present day knowledge. Those of you who have achieved awakening, realize only too well how difficult it is to translate, what might be phrased "outer worlds" into the idiom of any language peculiar to our civilization. No matter what words are used, the account would still sound like a fairy tale or a science fiction fantasy.

The First Veil

As the guide Ashtar and I neared the vibational level of the first veil, the hospital ward began to fade out and another room form in its place. The entire process of taking a neophyte through the veils must be accomplished very slowly, for the all important "balance of polarity" to be maintained within his consciousness. Actually, my adjustment to this new dimension of existence was so gradual that all reactions were harmoniously interrelated. Even the transcendental music in the background was becoming more pronounced and, in fact, grew in vibrancy throughout all the planes of illumination I was destined to experience. At the moment I was aware of being a combination of both spectator and participant in a photoplay, in which the sequential scenes were projected simultaneously.

After the new surroundings had assumed reality and my vibrational attunement was complete, I discovered that everything was surprisingly solid to the touch and my guide now had the appearance of any other normal individual. We were alone in a tastefully decorated room which, for some reason, impressed me as being part of an ocean going vessel. It was an oversize lounge containing well-designed upholstered furniture, a handsome rug, and many lifelike paintings. Centered in the lounge were a long table and chairs of a type of wood resembling mahogany.

When we had oriented ourselves, Ashtar again began to speak, briefly outlining the preliminary conditioning process. He explained that the section of space we were occupying had been used as a kind of "cosmic elevator" operating on various levels of vibration, and that the area surrounding my hospital bed had gradually been raised in its vibrational level until I was free of the physical vehicle. As I slowly ascended the vibrational ladder, he had adjusted his wavelength to attune with me. While my being was undergoing changes we had stayed in this "frequency lock" or sphere below the first veil until my light body was prepared to attract particles of matter in order to manifest as an approximation of a physical body in another dimension. We were still located at the same point in the cosmos my hospital ward occupied, and that for the present we would remain in this three-dimensional sphere and that I may look forward to many additional surprises.

Ashtar had said quite a mouthful in a very short time, and to declare that I was speechless or thoughtless, would be putting it mildly. It seemed as if my being were again functioning in its physical counterpart wearing clothing, but actually it was expressing through a modified light body, which had vested itself in particles of matter on another level of consciousness. I remember thinking that this must be the real time-space type of venture that science fiction is always dramatizing. Although my physical vehicle had not moved, the light body had gone through a lot of frequency travel which, according to my guide, propelled me forward without changing my relative position in the cosmos. I was there and yet not there!

At the moment I was too baffled to realize that any number of manifestations could occupy the same space at the same time if they existed at different wavelengths or rates of vibration. Einstein had attempted to prove these facts through mathematical calculations in his theories, but very few individuals had the necessary mathematical know-how to comprehend them. Yet, we all accept the presence of radio and television waves around us even though they cannot be seen with the naked eye. Human nature is something stranger than fiction.

The next words my guide spoke rocked me to the very core, as he smilingly stated that the lounge we were in at present was located within a vehicle of the type generally classified as a space ship. The materials with which this vehicle was constructed, as well

as its occupants, were vibrating at so high a rate that interpenetration of matter was relatively simple and the ship had encompassed the same space as the area surrounding my hospital bed in the ward. When the vibrational levels within the entire vehicle were balanced with our "cosmic elevator" the craft would then move upward into space to stabilize awhile in another "between the spheres" dimension.

To be exposed to so many advanced and unusual concepts of space and time all at once did cause my consciousness to work overtime, but since the vibrational changes were brought about gradually no strain or tension resulted. Here I was, aboard a space ship, housed in a new body manifesting in another dimension! Some of the implications were almost too difficult to comprehend, yet all of it was more real to me than my normal mundane existence had ever been on the Earth plane.

As I was evaluating the situation, the Master Ashtar watched me with a smile on his face, and I began to wonder just what type of individual he might be. Ashtar had evidently read my thoughts when he said; "You probably have many questions regarding what has happened to you tonight. Although there are other adventures ahead far more revealing and exiting than you have experienced so far, you have taken the first important step by transcending the first veil".

"This initial step is the one most apt to upset the polarity of your being unless it is taken with the proper guidance. That is why I was assigned to work with you. I am not a master in the true sense of the cosmic meaning of Mastership. It is true that I am not today incarnated in a physical body, and have not been so incarnated since 1593 in the time-space projection called Earth. However, as you have experienced just now, a being can become completely self-sufficient and exist without the hindrances of a low vibrational body such as the ones created by physically combining the positive and negative forces through the process of procreation. As you also realize from your present level of being, the light or basic body can have its polarity changed to allow it to approximate a physical vehicle. There are many of us who have "lived our parts" on the physical level of consciousness and have no further need for repeated incarnations, unless we be elected or required to take on particles of matter in order to fulfill a particular mission. I would like to point out that you are in that category. Prior to this incarnation you understood that at a certain time in your physical life, you would be awakened, and you would be given assistance in the performance of your mission from those of us who remained on the higher planes of eternity".

"I want to stress the fact that after you are returned to the physical body, it will be of utmost importance to continue living a balanced physical life. Within yourself, you will realize the significance of this statement when the memory veil is lifted. Of course, your feelings will be quite different from those you had before your conscious awareness of the existence of these "other worlds", if that is what you choose to call them. Logically enough, this knowledge does not lend itself well to proclamation. For example, the very nature of the act of piercing the first veil as you have done tonight is such, that by physical standards it would be relegated to the realm of fantasy, and would not be believed. Also, serious doubts would be entertained by others regarding your sanity, which you can readily appreciate by appraising the subject from their point of view. The opportunity for relating these experiences through writings will come at a time when they tie in with the revelations of other individuals who will have had similar experiences".

"After experiencing certain illuminating tests you will more fully comprehend the cosmic plan of the Father and why it becomes necessary to suspend the spiritual consciousness of a person for the periods covering his incarnations. The plan is really very simple, but would not be effective if each

being were made aware of it prematurely – hence the memory veil is reapplied with each incarnation".

My attention had become fixed upon what the guide was saying, and after he stopped speaking my mind continued to go over the material he had presented, in order to seal each and every particle of truth permanently within my consciousness. In a very uplifting way Ashtar's divine discourse made sense, even when viewed through my limited concepts of reality. However, I need not have been so concerned about retaining this information. Over three years have passed, and as I write this, every detail of hid quidance and instruction is crystal clear within my memory.

One of the lessons Ashtar taught I consider being of utmost importance to all students of light. When an individual is initiated into the higher mysteries of being, perpetual knowledge naturally becomes a part of his consciousness. It has been said that "knowledge is power". That is true, but the acquisition of Cosmic Knowledge also carries with it a great degree of responsibility for its proper dispensation. It should be applied, **BUT NEVER USED TO INTERFERE WITH THE FREE WILL OF ANOTHER**. The continued successful operation of the cosmic plan to benefit all beings and to expand their consciousness, hinges upon the idea that their **free will** shall never be restricted or violated. Not enough emphasis can possibly be placed on this, the most basic of any cosmic maxim – a law of God which must always be respected by the initiate.

By now I realized that time and space were merely dimensions or frequencies that could be intelligently controlled, and that we, who are incarnated on the physical plane possess very little knowledge regarding the workings of the cosmos. So far the few truths I was privileged to experience had opened entirely new vistas within my thinking world. For instance, the nature and purpose of the "Wheels Within Wheels" no longer constituted a divine paradox although the details of their method of propulsion remained a project for further study. Having witnessed the fact that these craft travel through time as well as space, I lapsed into contemplation of other dimensions that might conceivably be related to this wave barrier – even vaster dimensions presently unknown to our physical sciences.

As he observed my thought patterns, Ashtar again became amused, no doubt being well aware of how UFO research had contributed to my deep interest of the occult. He seemed to be enjoying my mental gymnastics, especially when I began to "catch on" – that perhaps our finite concepts of reality and illusion are reversed, and that the so-called "super-natural" was in reality more "natural" than what we conveniently supposed it to be.

Ashtar underscored my thoughts by declaring since I had already been associating flying saucers with the cosmic scheme it was about time to meet someone who was able to provide me with a much better understanding of this phenomenon than he could, seeing that he was only a passenger on the space ship and not a member of the crew.

As if by signal, two other men whom I shall call Paul and David entered the lounge. There was nothing exceptional about these individuals both of them appearing as solid and normal as Ashtar and I. They likewise were surrounded by an aura of reddishgold light somewhat less brilliant than the one enveloping my guide. Colors manifested more vividly here than on the Earth plane, or to be exact, on the Negative Physical Earth Plane where I had been accustomed to seeing auras clairvoyantly. Paul, who seemed to be the spokesman, immediately launched into a discussion of space craft and there many uses. The particular ship on which we were passengers, was maintained primarily for the purpose of initiating students of light, and was used in much the same way as it had been in my case.

The vessel was stationed at a point on the <u>Positive Physical Earth Plane</u>, which exists at a frequency two levels (two octaves) above the Negative Physical Earth

Plane where I normally resided. It was quite a revelation for me to learn, that another world interpenetrated our own. He clearly stated that the magnetic poles of the Earth are common to both physical planes, and that they (the poles) function as points of concentration for the Cosmic Root Force. In addition there exists a third plane, called the Neutral Physical Earth Plane, which is fixed at a frequency midway between the other two Earth planes. The neutral plane is so positioned, that its rotational axis becomes a stabilizing agent for the other two planes. He said that this positioning also served to keep the triune Earth-plane system neutral with respect to other heavenly bodies.

Paul continued to explain, that our vehicle of light obtained its motive and vibratory regulating power from the limitless Cosmic Root Force through the use of powerful devices. These devices function amazingly enough, in very much the same manner as does the tuning circuit of an ordinary radio receiver, with the important exception that the collectors, with their accompanying accumulators, are so designed as to operate at a fantastically high frequency – one which our electronic engineers can only dream of at the moment. Paul referred to the Cosmic Root Force also as light energy, and revealed that interplanetary travel is accomplished through a vibratory manipulation of the time-space relativity. He did not elaborate about the principles involved, more than likely realizing that my comprehension was still to limited to grasp this concept in its entirety.

Paul readily acknowledged however, that this type of craft from his positive plane has entered the vibational frequency of our negative Earth plane many times. Occasionally, these ships linger in our atmosphere, but as a rule they just "pass through" our world enroute to another vibratory plane of frequency – which probably accounts for the differences in perception span ranging from a few seconds to a minute, reported in connection with many UFO sightings. He mentioned that even though their vehicles have landed, this was a very rare occurrence. There are other far less conspicuous methods of contacting individuals on our physical wavelength. I can certainly vouch for the latter statement through my own experiences.

Furthermore, Paul confirmed the fact that the saucers, as we called them, are very tangible material objects and not phantoms as has been generally assumed. When the principles of changing frequencies within matter are utilized, all such matter can then be controlled and caused to manifest as a part of any plane or to become operational within any sphere. A variation in the frequency of these multi-dimensional craft presents a dematerializing aspect in one vibratory range and a rematerializing aspect in another. He admitted too, that frequency of vibrations and the time-space dimension are in reality considered to be components of the same manifestation of Cosmic Root Force; that another way of defining different planes is to call them projections of light energy which have been stabilized and balanced within one sphere. Each level of such energy projections possesses its own vibratory range and time-space element that remains constant due to internal balancing action within the sphere itself. The higher the vibrational level, the shorter the wavelength interim within the "Mother Sphere" becomes.

This principle can be illustrated by examples from telepathy. There are many cases of thought communication where impressions are received at the exact moment of transmission, which indicates that this type of wave utilizes such an extreme high vibratory frequency that it transcends the time-space dimension completely. S yet ni scientific instrument (on Earth) has been developed capable of measuring these cosmic waves.

The foregoing may sound slightly technical, but there is much that can be proven by electronic means to clarify the "extra mundane". During my stay aboard the vessel I was able through my scant knowledge of electronics, to understand some fundamentals of their light science. Later, I enjoyed some degree of success in my attempts to demonstrate on a small scale these various principles utilizing free energy. When reduced

to basic principles, the method of synchronizing with the force existent throughout the cosmos and converting light energy into a primary source of power, is really very simple. However, there is no point in delving further into the mechanics of their electronic (or Litronic) devices at this writing, because the book is not intended to deal with the technical aspects of utilizing cosmic power.

Both Paul and David accompanied us on a tour of the time-space craft, which was at least two hundred feet in length and about fifty feet in diameter. I was not particularly interested in actual sizes, being much more drawn to the numerous litronic controls localized in the propulsion center at one end of the ship.

Nevertheless, a few descriptive remarks regarding the interior of this strange vehicle are in order. As a whole, the craft presented an appearance of comfort, convenience and spaciousness, which could be considered functional rather than luxurious. Every part of it had been engineered for a purpose, yet a basic simplicity was retained in its total construction. (This special type of conveyance could travel under water as well as through the atmosphere). The control room was quite similar to the ones designed for our newest jet aircraft, but contained far less equipment. Apparently, the vehicle was motivated and maneuvered on "magnetic railway tracks" – or lines of force in space – simply by activating a series of push buttons which were mounted on the instrument panel along with other indicators that registered its relative position in the cosmos.

There were sleeping quarters, an electrically equipped kitchen or galley, a lavatory, a work shop resembling our radio and television repair shops, a chart room with maps and charts of a type unfamiliar to me, and two lounges comfortably furnished. A conservative estimate would be that the craft was capable of transporting a hundred or more people on an extended journey through the Omniverse.

After we had toured the vehicle of light, Ashtar reminded me that my preinitiatory processing was not yet complete, and that additional instructions would be necessary before my being could make the proper adjustment preceding final attunement with the higher vibrational level of the first sphere. With this purpose in mind we reentered the lounge.

What I was experiencing for the duration of these initiations should not be confused with so-called psychic projection. It was all actually a physical experience, not just seemingly so. As of the moment, I was still attuned with a physical plane while manifesting in a different body, having temporarily discarded the physical vehicle which I had been occupying since its birth. My being, in its light body had put on a different suit of matter on another plane, but still low enough to permit me to function much the same as in my mortal counterpart. Perhaps this sounds incredible, but our light body has unlimited faculties for taking on and shedding layers of lower vibrational matter, and through all these changes the individual consciousness remains fairly stable, as though the process were a routine occurrence.

My guide explained that while we were in the ship, an equalizing ray had been attached to my aura (magnetic field) to assure a uniform distribution of Cosmic Root Force to the positive and negative components of the light body. He cautioned that this balance of light energy directly affected the attunement of my consciousness, and must be maintained. To keep from inadvertently upsetting my equilibrium, it would be imperative for me to cooperate with the rhythm of the spheres. The partial restoration of energy soon to be felt surging throughout my being would reach a peak and remain constant while we stayed within the influence of the particular vibratory sphere, or lock manifesting between the first and second veils.

At about this time David brought forth a change of clothes – something different for me to wear. Since shedding the mortal body, I had been dressed exactly like my physical counterpart in the hospital ward. This may seem strange, but when the light

body leaves the physical body, a duplicate set of clothing always accompanies it. The attire David brought for me was a form fitting coverall which clothed my body from foot to neck. Paul and David wore similar uniforms, but Ashtar was wearing a loose fitting garment much like a robe. David took my hospital type garments and said they would be returned to me when I was ready to resume my physical plane existence.

Ashtar concluded by saying that the vibrational level or sphere of the positive Earth plane is synchronized with the entire system of positive universes, in the same way our negative Earth plane is connected with our observable heavenly bodies. However, for the time being we would visit only the positive plane of the planet.

Anticipation began to mount. So far, I had seen only the interior of the time-space craft and all during my inspection tour there had not been a single window or porthole visible to me. It was not explained just why none existed, but later on I learned that above a specific frequency the entire hull became transparent.

Paul finally announced, matter-of-factly, that our vibrational level as well as the level of the ship would now be adjusted to interlock with the sphere of the positive Earth plane, and we would be landing in a designated spot on the surface of the planet where I would leave the vehicle of light with Ashtar to continue my series of initiations. "Who knows, you might even be afforded a bird's eye view of how the other half lives", he conjectured smilingly, leaving me to ponder with mixed emotions my new status as resident of another world.

Landing On Another World

Again there was a powerful energy surging through my being exactly as Ashtar had predicted. With some additional instruction from my guide it would not be long before I would be able to project from the Negative to the Positive Earth Plane without the necessity of this in-between conditioning process. He affirmed also that certain occult organizations on my plane had special retreats set up at locations that were vibrationally compatible to both planes, and that many initiations were being conducted in these centers. A number of such contact points established throughout the Earth were being utilized daily.

We were now preparing for a landing at a location approximating a spot in our Pacific Ocean near Hawaii. Ashtar explained that the land and water areas on the Positive plane would appear reversed when compared geologically to the corresponding surfaces of our Negative Earth plane, but with certain exceptions. These included the above mentioned retreats, which are common to both planes. He impressed Me with the fact that nothing particularly startling would be encountered on the positive plane of the planet other than a civilization akin to my own which was more advanced in many ways, particularly in their acceptance and practice of the brotherhood principle which prevailed throughout. Consequently the condition of War had been obsolete for many years. Their time dimension was considerably different, but the many advanced methods of transportation, communication and similar mundane activities would not be too unfamiliar to me. For the most part, it would be like visiting another more advanced country in my contemporary world.

Although to assimilate these unusual revelations all at once was well nigh impossible, Ashtar understood that I realized this was not a dream and that my physical awareness was keener than ever. Unfortunately, no one would likely be convinced that I had left my physical body and was actually making a trip through time and space onto another world. He agreed that perhaps only a comparatively small group of individuals could conceive of these verities, but the experience was by no means unique. Quite a few Neophytes had recently been initiated into the higher mysteries of being in the same manner, and new ones were being contacted periodically.

My puzzlement over his obvious familiarity with the entire procedure caused Ashtar to chuckle, and he acknowledged that he had taken many others through this series of initiations and it was always a source of gratification for him to relive the experiences with the initiates. He could not be considered as belonging to any one sphere, having long ago balanced his Omniversal Force to the extent that he was privileged to reside within Infinity itself. He regretted that he could not convey this particular state of being to me through understandable ideas, but that eventually I would experience specific initiations that would enable my consciousness to embrace the concept of Infinity in actuality.

Ashtar further remarked that once an Initiate had experienced Omniversal consciousness, or the top of the spiral, he would realize that part of his mission in helping to prepare others for this ascension required his returning to the lower spheres of matter, which more or less represented the "workshop" wherein the journeymen pursued his trade. When this ultimate degree of consciousness was achieved, the entire Omniverse would be thrown open and all veils removed.

As my guide was speaking a noticeable change took place in the hull of the time-space craft. It was gradually becoming transparent, and while I watched, sky and land came into view. We were moving over a region composed of mountains and plains abundantly verdant. This area appeared to be similar to a part of our world in the vicinity

of the Rocky Mountains. Occasionally, I could see municipalities all laid out in a circular pattern and none of them very large. David explained that here they had learned to restrict ion of cities to 10.000 inhabitants for reasons of creating a more stimulating and positive social environment conductive to furthering individual and group patterns of evolution, including as well, an effectual method of supplying the daily needs and regulating the routine affairs of the community. He added that this was pretty much the accepted pattern throughout all the systems of positive universes.

After a few moments David started for the control room to join Paul and assist him with the landing operation of the time-space vehicle. Our vertical descent from an altitude of approximately 8000 feet, felt more like the action of an elevator than the gliding motion of a conventional aircraft. Evidently the tiny community below us was our destination, and in a remarkably short time we came to rest at a space port in the center of the city. Nearby were two other ships of a construction similar to ours, and I caught my first glimpse of the outer appearance and design of this type craft.

Their surface resembled a highly polished aluminum type metal, unmarred by visible apertures such as windows or doors. The ships were resting on a cradle or stand built very close to the ground, and I observed that our vehicle also had settled on a landing cradle. As our hatch was thrust open, I was momentarily startled, not having previously been aware of the existence of this exit in the smooth hull of the ship. The hatchway was so situated that we could step directly down onto the stand, and a few steps further we were on the ground.

Incidentally, we had become attuned with the vibrational level of the positive world during the daytime, which was in direct contrast to the evening hour of 9:30 p.m. when I took leave of the negative Earth plane.

As we vacated the space craft Paul announced that our missions would now take us along separate paths. Ashtar and I exchanged goodbyes with our two companions and began walking toward a small building very near to the landing site. My guide reminded me that because of our like physical characteristics, we would not appear noticeably different from the people residing on the positive Earth plane with whom we would soon be mingling. Paul and David certainly had exemplified this fact from the first moment they appeared.

According to the schedule, we were on our way to contact two other individuals who would take us to a point within the city where significant information would be explained to me and where I would undergo further conditioning of the light body in preparation for the second veil initiation.

With Ashtar at my side, I reflected upon this most truly amazing of all experiences – and to think that others had been initiated to the same level of consciousness without actually having to be absent from their home plane physically! Later knowledge revealed that with proper conditioning of the physical body, it too could be taken along, or teleported to these higher spheres. However, traveling with the light body was much more convenient because this vehicle was capable of manifesting as a physical body when the occasion demanded, by taking on particles of lower vibrational matter such as mine had done in order to enter the positive Earth Plane. There may be reason to wonder just why it became necessary for an entity to incarnate in a fleshly vehicle in the first place. Little did I know, even then, how simple and far reaching the plan of evolution really was.

Upon entering the solid structure we noticed a number of persons, both male and female gathered inside. The general atmosphere reminded me of an airport waiting room, except for the hustle and bustle which was conspicuously absent, plus the fact that these people were attired quite differently. The men were clad in uniforms in the manner of Paul and David, but the women dressed in long formfitting gowns resembling

holomuumuus, a type of garment worn in the Hawaiian Islands. Another striking feature about the female counterparts was that they apparently did not use makeup, yet their lips and cheeks were aglow with full color. Also, no one of either sex showed signs of overweight, or underweight. When I voiced my observations, Ashtar informed me that the people on this plane were familiar with the principles of maintaining a balance of forces within their dual bodies, and accordingly the physical weight remained fairly constant. He said their diet was highly specialized and their advanced agricultural methods had long ago eliminated the poisons and toxins still contained within our foods.

Contrary to my expectations that we might be leaving the terminal to enter a conveyance transporting us directly to the two individuals Ashtar had mentioned, we continued to walk through the hall until we reached what looked like an elevator. It proved to be a type of small trolly-car equipped with comfortable bench-like seats resembling divans. We entered alone, and the instant Ashtar pushed a wall button the door closed and the vehicle descended at a high rate of speed. Shortly after the downward movement began, our direction changed from vertical to horizontal. In reply to my question Ashtar explained the function of this strange conveyance to be very similar to a subway. I would not be seeing the surface of the planet again until much later. We were about to transfer to another more private subway system, and here we would meet the other two individuals.

Very soon the car came to an even halt, and as the door opened we exited onto a well lighted platform of which the illumination had no apparent source, but seemed to radiate from the walls and ceiling. There was no opportunity to ask about this particular effect because moving toward us were two men slightly younger than Ashtar and also clad in robes. I immediately recognized them and knew their names. At that precise moment a closed recess in my memory had suddenly opened presenting a key to knowledge my limited conscious mind had never been able to tap. An ebtire series of thought pictures raced through my consciousness and for the second time that night or day, I was deeply shaken. On this occasion the emotional reaction was one of great joy because these two men were brother sin my cosmic family.

Basically of course, we are all members of one giant cosmic family, though specifically, the whole is divided into many smaller or separate units or families necessarily interrelated but functioning on varying levels of consciousness and in different capacities. As in our case, the relationships among members of the same cosmic group or family vary. In rare instances the members may incarnate and express physically as a highly spiritualized human family on Earth in order to perform a specific mission. But usually the family group is split up. The members serving alternately on a multitude of spiritual levels or planes, including the physical, in order to complement each other's activities more effectively and blend them into a greater harmonious manifestation of the ever expanding concepts of creation.

At that moment I understood how little it really mattered, whether or not anyone at "home base" would believe my experiences, should I recount them. The wonderful elation of "returning to ones cosmic family", cannot be finitely communicated, nor does this unique homecoming parallel any happiness consummated on the mundane level. I was now thoroughly convinced of the reality of "beingness", and cognizant of the depths of feeling and emotion possible for the light body to possess.

For reasons strictly my own, I shall identify these two brothers as Mark and John. When they joined us my deepest desire was to overwhelm them with questions, but they quickly interrupted by saying that a more opportune time for discussion would soon present itself, and that we had best proceed with my conditioning. The brothers reminded me that there were very good reasons why this series of reawakening initiations was being conducted, and that I should not fall prey to egotism as a result. When the memory veil was finally lifted my realization of how this incarnation merged with the divine plan would completely alter my worldly concepts of cause and effect. Then I would know just

why I had elected to incarnate on the negative physical plane during the present cycle. Following this sound advice, my mood lapsed into one of listening and observing.

We entered another conveyance of the type that had brought us down from the spacecraft, and though smaller, it seated us comfortably. I was then told that our terminus was a point far below the surface of the planet, and that we would experience a higher vibratory rate which would increase by degrees as we descended. My guide pointed out that, in effect, this step was a repetition of the cosmic elevator principle and for purposes of attunement we would again enter an in-between vibratory lock specifically the one between the first and second veils.

The next higher sphere was located deep within the Earth, interconnecting the three physical planes of our planet, as well as interlocking the first two veils. Because of its unique position, this neutral energy sphere provided a perfect meeting place for Neophytes, Initiates and Masters from all three planes. In addition to being a focal point for the Earth planes, it served as a connecting link with similar points on other celestial bodies. Ashtar declared that we would be transferred to another planet through the application of a special power source existent within this common sphere.

Mark added that from now on I should not be surprised to see our bodies becoming semi-transparent. The spinning motion of the energy centers throughout the light bodies was speeding up as the cosmic force was being channeled through these bodies.

Strangely enough, all of the ideas communicated to me seemed exceptionally clear and logical. For one thing, the higher radiation manifesting throughout my being was directly contributing to my proficiency in receiving thought pictures from others. This process, the siphoning of energy from the Cosmic Root Force by the light body is a very difficult one to convey. Only through actual experience can it be properly understood.

Once again the vibratory action of the higher sphere induced a feeling of weightlessness and the sensation of floating in a vacuum. While my being responded to attunement within the vibratory lock, I was regretting the brevity of my stay on the positive physical Earth plane of our planet. Ashtar, observing my thought pattern, interrupted the mood by remarking that it would be much wiser and safer for me to visit the incarnates on other planes of my planet and with beings on other planets after the current series of initiations was completed. He explained that as my vibrational level increased, the consciousness would expand to such an extent that I would become a far more "Intelligent Tourist" and be better equipped to handle unexpected or difficult situations connected with multi-dimensional excursions.

In my present accelerated state, I felt completely unhampered, and my wonderment knew no bounds. Just how footloose and fancy free could a bodies being be!

Literally, my being had shed its mortal cloak, traversed time and space, landed in another world and was still spiraling upward. It was unbelievable how rapidly the consciousness was expanding while racing to maintain its equilibrium so as not to lose a single moments awareness of what might occur in the realms beyond the second veil.

The Second Veil

After a brief interval the frequency rate again felt normal, and I had regained my vibratory balance, so to speak. Also, I was fast becoming aware of having been aware. Since my reunion with Mark and John, many recesses formerly closed within my mind had been opening, and I began to remember details of this conditioning process from my previous cosmic life. It seemed so natural for me to be experiencing these steps all over again, like repeating a pattern of events on the way home from work at the end of the day.

With the increasing energy, a new feeling of power began coursing through my being, not a physical, but rather a mental strength with something else added. I realized instinctively a partial restoration of the ability to utilize super-human attributes previously dormant within my consciousness. Mark and John had been observing my progress and smilingly cautioned me not to become carried away. They knew I had a tendency to "drive ahead faster than the speed limit", but from now on it would be safer for me to keep in line with the "traffic pattern".

Obviously they were aware of my basic tendencies, but I was quite surprised to learn that considerable time and effort had been spent in holding down my vibrational level during the several months preceding my "trip". When I asked for an explanation, Mark enlightened me by saying that even though the memory veil was imposed at the onset of each incarnation, many beings forged ahead much too rapidly in their reawakening because certain cosmic principles known only to their inner self tended to break through prematurely. However, effective "breaking" techniques did exist which could be imposed from the higher spheres by those assigned to guide each individual. At times it had become necessary for four Masters to neutralize the cosmic forces I had set in motion, as a result of my willful and reckless misuse of concentration exercises intended to awaken the Endocrine glands. He added that too many students make the mistake of over-stimulating these glands, a habit which leads to chronic physical ailments attributable to glandular disturbances.

It would be well for the aspirant to heed all precautionary measures in his practices of occult exercise, especially the proven methods contained in this book. The awakening of psychic glands and centers had to be achieved gradually. These words of warning cannot be overemphasized. I realize only too well how difficult it is to limit one's progress, particularly when the effects of a higher vibrational level are felt, but it must be done. Overstimulation actually impedes progress instead of accelerating it.

Conversely, it is true that a seeker may endeavor for years to develop this system of glands without success, quite possibly because he has had the misfortune of being misled by other well meaning individuals who had learned only half the story. I would recommend that a student contact and old and established organization or school teaching these principles. He should thoroughly investigate the background of all such "mystery schools" to insure a wise choice prior to actual affiliation.

The conveyance, in which the four of us were traveling, began to slow down as we approached our destination. My eagerness to explore the worlds of the second veil could hardly be suppressed, even though I had been advised that the itinerary provided very little opportunity for sightseeing. At this point, I was becoming intelligently aware of the fact that the dimension of time was fading away, and that after a certain level of vibrations had been reached, the consciousness could manipulate and control this dimension. For example, whenever I wished to review what had been transpiring, my consciousness would project itself into a time dimension of its own for unlimited periods, yet upon resuming awareness of the moment, I was not cognizant of any apparent time

lag or interruption in the sequence of events. All it amounts to is the taking of a second of one time dimension and expanding it to an unlimited degree in another only to return to the first dimension at the exact moment of departure. This example of a fundamental cosmic property, while irregular by finite concepts, is characteristic of all extramundane revelations which fall into the category of confusion for anyone who has not experienced them.

My guide had not participated in the discussion Mark, John and I were having, but now he introduced several ideas which caused my full attention to be centered on his words of wisdom.

Ashtar announced that before being transferred to another planet from this "energy center", as he called the meeting place we were approaching, we would enjoy a period of rest and conversation. It was important that I be allowed sufficient opportunity to comprehend the evolutionary function of each veil, and that I meet individuals representing the various spheres of each veil so that my future mission could be conducted with complete knowledge and assurance of just how it conformed to the overall cosmic plan.

Our vehicle came to a gradual halt in front of what seemed to be a fairly large building. The tunnel-like entrance of the structure impressed me with the feeling that we were deep within a mine, but here the similarity ended. As we stepped through the aperture, the fabulous interior became visible in its "Arabian Nights" splendor. The sheer vibrant beauty permeating these chambers was indescribable.

Here was an entirely new medium of existence. Probably the nearest possible description would be that the whole area including the atmosphere was composed of energy vibrating at various levels, yet all combining to form a neutral sphere. I felt as balanced as it was possible for a being to feel in such stimulating surroundings. The heavy sensations usually accompanying a physical body were no longer noticeable. I was weightless, yet a substantial unit embodied within one supreme pulsation of energy, and realized for the first time what was meant by the term at-one-ment. While we may all seem to exist within our own individual spheres of being, it is but an illusionary concept of the conscious mind. From this point forward the sensation of "feeling" was predominant. I became absorbed into the environment and yet maintained complete individuality of self, with no restriction whatsoever of my power of thought or free will. In fact, if anything, these powers were enhanced and I felt more in control of my real self than ever before.

During this period of contemplation and attunement with the sphere, I received a sudden and disturbing flash of awareness in connection with my physical vehicle confined in the hospital ward, but the sensation was not tangible enough to be pin-pointed. Although I quickly dismissed the impression from my mind, it did cause me to realize that a link of some kind existed between my light body and the physical counterpart even when they were separated by time and space. Later events proved that my momentary anxiety was more than justified.

Perhaps to describe my temporary abode to be merely a building would be misleading. It was more truly like a living picture of a supernal mansion of which I was an integral part. Because of the various dimensions composing the structure, its solidity when compared to manifestations in our three dimensional sphere was not the same. The entire scene seemed to be and was always in motion. The vibrational level of this energy sphere was so high that movement was discernable everywhere, causing all existing things to possess a translucent quality. Even our light bodies seemed semi-transparent. By physical standards, this expression of life could be termed unreal, but when an individual is at one with it, reality in its true nature becomes apparent.

The beautiful all-pervading music ever in the background emanated from no specific source. These harmonies could be felt rather than heard and manifested a frequency that synchronized with our own vibrational octave. Music has a very important function in the attunement of the light body with the multi faceted spheres of being. Ashtar had explained that the music in fact, was self-created and brought into manifestation through the merging and interaction of different vibrational spheres. When the frequency of the light body increased sufficiently, it could produce its own sensory effects, which when harmonized with the music of the spheres became very "soul soothing", to coin a phrase.

We moved along in a manner definitely not walking or moving. The feeling was one of motion and blending in with every atom of this inter-dimensional sphere, as if we were vibrating through waves of energy constantly pulsating around and through us. This particular sensation was deeply satisfying, and clearly emphasized the fact that each of us belongs to one infinite nucleus of energy existing everywhere in never ending manifestations. Words are inadequate to describe this concept. It must be lived and felt by the consciousness to become meaningful.

If all this seems incredible, you may believe it IS astounding to live these principalities of concept, but also frustrating to the N-th degree to not be able to effectively impart even a fraction of the experience to those who have not yet had the privilege of realizing it for them-selves. The mundane language inadequacy plus the phenomenal revelations have no doubt kept many an initiate from attempting to tell others of his COSMIC adventures. My own effort to correlate and express multi-dimensional experiences in a simple language may fall short of its goal, but it is hoped that through the attempt at least some reassurance and insight may be afforded occult students everywhere, especially those who have pierced the veils and others who are still endeavoring to attain that level in their awakening.

As we penetrated its interior the edifice of energy became more and more expansive in its grandeur, as if it was growing larger, or, perhaps we were shrinking by comparison. The outer appearance of this, one of many mansions of the soul, gave no indication as to its inner scope and majesty. We presently encountered other individuals who were dressed like Ashtar, Mark and John, but whose manner of arrival and departure startled me at first. They seemed to materialize at will. Ashtar assured that I would soon become accustomed to the activity, and that the utilization of these principles of teleportation would be second nature to me once I had completed the seven veil initiations. He mentioned that with the light body, the teleportive manifestation was relatively simple but not so with the physical body. However, it would be a long time before I needed to transport the physical vehicle in this way. Ashtar emphasized that if my mission were to be successful, I must continue to lead a normal mundane life which necessitated maintaining the physical body at a vibrational level more consistent with the negative Earth plane than was the case during the period directly preceding my trip through the veils. He reiterated what had been stressed often in the past, "as you speed up psychically, you must slow down physically in order to maintain the correct balance". I consider this to be a basic truth for all students of the occult to practice throughout their search for reality. Even now, several years later, I adhere to this precept and abide by its logic.

Although my consciousness was not aware of the passage of time as such, I began to wonder when we would arrive at our destination.

Mark had mentioned that we should shortly be reunited with another member of our cosmic family, one of whom I would be very happy to see again. This thought struck a responsive chord in my memory and I suddenly realized there where thirteen of us and that so far I had met but two. Mark revealed that of the group, seven members were currently incarnated on the negative physical plane of Earth and the remaining six functioned on various frequencies above it. He said that I would be greatly surprised to

learn who the ones in mortality were, especially those whom I had already met without knowing of their true identity.

While I was mulling over the latest information, we approached a small room and entered. The individual waiting inside was none other than the third member of our cosmic family group, whom I immediately recognized. I will identify this brother as Luke. Surely by now I should have been lost in a mental and emotional daze, but my consciousness was never more stable or alert than it was following this tender reunion.

The happy discovery of being a member of a cosmic family and meeting three of my brothers all added to the growing realization that my memory now encompassed much more than the one Earth life. Since penetrating the first two veils my consciousness had expanded to an astonishing degree, and though I had not done any sightseeing, I was looking forward to the period of quiet relaxation Ashtar had declared we would be having in this most unusual mansion of light.

Interlude above The Second Veil

Without further ado, my four companions and I made ourselves comfortable in the "energy center" where we experienced the peace and contentment of complete vibrational rapport while the continuous celestial harmonies flowed through our beings. Even though the light body never tires or needs sleep, it is quite capable of relaxing.

I am hopeful that someday a means to devise a new scale of notes will be developed, which will allow the music of the spheres to be reproduced on suitable instruments. More than likely the vibrational level of the physical planes will soon be sufficiently advanced to "tune in" this music, considering the fact that the entire solar system is having an increase in light energy directed to it from the cosmos.

My guide was still in charge of the proceedings and in the course of our conversation it became clear to me that Ashtar was truly an intelligence of a very high order. Evidently Mark, John and Luke shared a similar conviction, for in their own way they respected him as an "Elder Brother". He seemed to always be fully aware of my reactions in connection with these consecutive experiences, and the myriad of questions remaining unanswered in my consciousness. Ashtar said my consciousness would continue to expand while we were pausing within this particular octave of light, and finally the memory veil would start to disintegrate as he repeated certain key principles. After that, my whole being would gradually merge with the infinite itself.

I was convinced by this time that there must be an unlimited number of Worlds existent within the sphere of each basic veil, and when I suggested my theory, Ashtar replied there were indeed countless sub-projections of each veil. He then explained that each veil was sub-divided into seven other sub-veils and in turn, each of the sub-veils was divided into seven more and so on into Infinity. From our present point, we could project into any number of different time-space dimensions, or frequencies, of the planet called Earth, where we had incarnated often in the past. Except for the neutral retreats on our planet, the range of frequencies did not exceed that of the second veil, though there were life forms and beings of one order or another existing on an infinite number of planes below the physical worlds as we know them. This fact became the basis for much of our Mythology and many Legends. Not all of these entities were positive in manifestation, however, in order for the cosmic plan to be effective, the negative had to be accentuated to expand the positive, or the plan would not be effective. Our discussion brought to mind the perennial question of what happened to those who experienced the "transition" known as death. I had already developed a fairly good concept of earthly transition, one which was confirmed by Ashtar and the others which is not too difficult to comprehend.

Incarnation in a physical body is a means whereby the individual consciousness is schooled in the redevelopment of awareness of full Omniversal consciousness and of attaining At-One-Ment with the creator. Each incarnation teaches this consciousness a little more and advances it to a higher point on the spiral of evolution. At the time of "death" or transition from any plane of incarnation, the being becomes aware of its light body. When the entity discovers the reality of survival, it temporarily lapses into a state of confusion. As a rule one to three former members of his Earth family who predeceased him will met the being on an in-between frequency level to assist him through a short period of orientation to prepare his consciousness for the life he will lead on the spiritual plane. Normally three days are required to attune the light body of an individual who did not recall having a basic body while on the physical plane and who had not expanded his consciousness fully enough to make the proper adjustment prior to transition.

Following attunement of the light body and consciousness, the individual being is then ready to begin life on the plane that I have termed the spiritual, in preference to the much misused "Astral" designation. It matters not what name is applied so long as we understand that this plane lies within a preparatory sphere for other incarnations – not necessarily on the recently departed plane – or for ascension to a higher frequency of light.

The being resides approximately the same number of years on the spiritual plane as it did on the Earth plane, though there are exceptions. Rather than starting a new life following transition, the deceased learns that he is resuming an existence he had previously left in order to express physically, and can now determine for himself whether or not the objectives of the incarnation had been achieved. He also realizes that in order to evolve in consciousness he must first complete his cycle of incarnations on a physical plane within the sphere of the first veil. Some entities choose their own Earth family for embodiments while others are specifically placed in the proper human environment by guides working with them. The situation depends primarily on the being's status in relation to the evolutionary spiral.

The spiritual plane is composed of several levels of existence for entities that are "in between" incarnations. Some of these levels have been referred to as "the low astral", "the high astral", "the low mental" etc. Here again the terms are not important. They merely indicate that disincarnated beings are grouped according to their spiritual growth patterns. While residing on the spiritual plane these beings exercise their free will. For various reasons, some choose to while away their time endeavoring to contact persons they had known on the Earth plane. It is unfortunate that disincarnated entities carry through death feelings of revenge and hatred toward human beings, and are able to exert minor influence by means of thought projection.

Disincarnates having only good intentions are in many cases able to help their dear ones remaining on the Earth plane through an energy known as the "Love Vibration" inherent in the Cosmic Root Force for which all positive thoughts have a strong affinity. Disincarnates on the spiritual plane who engender negative thoughts in an effort to harm others eventually must confront the painful fact that this negative thought energy reacts potently upon their own consciousness and affects their polarity to such an extent that individual evolutionary progress is seriously impeded.

Evolution is governed principally by a universal law called "the law of karma" or "the law of action and reaction". I will not attempt to define the mechanics of this law because there is no common denominator in existence that would confirm the concept of its operation. Suffice to say that cosmic justice applies equally well to all planes because the polarity of the light body, which is eternally tied to the consciousness, depends on the type and quality of thought generated by each entity. Polarity of the light body must reach a neutral plateau preparatory to the entities advancement to the Omniversal level. Omniversal consciousness or At-One-Ment CANNOT be achieved until all light body forces are balanced and stabilized.

Ashtar revealed there are now many more beings incarnated in physical bodies who have completed their cycles of incarnation on the Earth plane than there have been for many cycles in the history of this planet. The planet itself has a spiral of evolution which will soon reach a point whereby all it accompanying planes will enter a higher vibrational level or frequency. The consequences of this change-over will be both immediate and long range. Whenever a planet, a solar system or any higher element of the universes experience a great change in the spiral, many beings from the higher spheres voluntarily incarnate in physical bodies to assist civilization in making the transition. Our entire Solar system is entering into a new phase of its orbit around the next larger Sun thereby raising it to a higher frequency of vibratory energy, which in turn influences all projections of energy within our system of spheres. The greatest concentration of advanced entities is now focused and active on the Negative Physical

Earth Plane of our planet, since we would be the most affected of any of the planetary frequencies of the solar system because of our lower vibratory rate.

On a physical level the effects of the higher radiation of energy of the negative Earth plane could cause a series of disasters or catastrophes, but when the other half of the story is known, it will be realized that such disturbances would represent a tremendous blessing to everyone. It is all important in our world that as many individuals as possible to be awakened, so that they may take advantage of the opportunity to evolve their light body and consciousness. Ashtar affirmed that my chosen assignment was directly concerned with the evolutionary progress of other beings, and that I was going through this series of reawakening initiations in preparation for this mission. I would discover that these events had occurred many times before in my cosmic life.

As a matter of fact, all advanced entities now incarnated in physical bodies were being assisted in the process of knowing themselves and assuming their appointed places in the change-over of this solar system. In the period ahead I would be meeting and serving with workers from all frequencies, including every member of my cosmic family. The last ones to be contacted would be those in mortality, inasmuch as their present positions made it inadvisable for their identities to be revealed, even to me. He further disclosed that because of time differentials the effects of the higher vibrational level will first be felt on the higher planes, making it necessary for some of us to become familiar with these reactions as they happened so that we may be better qualified to fulfill our missions on the physical plane.

Ashtar indicated that the bulk of my service would be rendered through mental means. At that time I was not experienced in the principles of mental instruction of others nor had it occurred to me that this would be a part of my undertaking. I listened attentively and learned that the minds of other beings were controllable to a great extent by those possessing the knowledge of "Energy Projection". However, the techniques would not be entrusted to an individual until after he had attained a level of consciousness known as the "Christ Consciousness" – the state of awareness I was approaching by way of initiation of the seven veils. Obviously, the knowledge carried with it a profound responsibility, particularly when applied to the Earth plane.

My guide explained that there have been cases in the remote past involving the misuse of this knowledge and its power, which had brought about great catastrophes in their time. The greatest of these upheavals was the memorable "Revolt Of The Angels", whereby one group of wayward entities had caused the destruction of an entire planet with its existing civilizations and forced the beings to incarnate on planets of a lower frequency. He repeated that the control of this concentration of power was much more difficult in the lower spheres where the time projection was greater in degree, and forewarned that along with others, I would have to shoulder a proportionate degree of preventative control after I had reached a specific point in my reawakening.

Ashtar empathically stated that many entities involved in the "Revolt Of The Angels" were still wrongly using the little knowledge they had retained and were responsible for much of the turmoil our world is experiencing at the present time. Their influence extended over several planetary systems, and the numerous negative civilizations created by them had access to remnants of an advanced technology. Furthermore, some of the time-space craft we have been observing in our atmosphere originated at the negative points in the universes. He said eventually I would come to know more about this Luciferian rebellion.

My attention was now drawn to the presence of Mark, John and Luke who were smiling, and I noticed that Ashtar's manner also had assumed a lighter tone. I wondered what might have caused this change, insofar as nothing new or different seemed to be transpiring.

I received a pleasant surprise. My guide declared the time had come for me to do a little sightseeing into the past. The four of them were going to demonstrate the principles of energy projection through the medium of my light body which would be projected into several three-dimensional time-space spheres where I would relive certain embodiments. These projections would tend to expand my conscious awareness and assist me in transcending the third veil.

An initiate is normally taken through this experience without any prior hint as to what might occur. Ashtar mentioned in conclusion that a few mystery schools, occult organizations and monasteries on my Earth plane have established energy centers wherein qualified members are given this type of initiation. My light body would not actually travel from our fixed point within the energy center, but that a projection of the energy composing the light body would be sent into these various time-space spheres accompanied by my consciousness. Since this was known to have a marked emotional effect on the light body, I was assured there would be compensating factors along the way, and that my being would retain full awareness as a spectator to these lives of my previous existences.

Although I should have prepared for anything, it had been repeatedly demonstrated that no matter how much one experiences in the reawakening, there always seems to be much more ahead. Needless to say, I was overflowing with eager anticipation to go on with the sightseeing tour into my previous incarnations.

This unexpected interlude above the second veil was proving to be a most enlightening adventure.

A Sightseeing Tour into The Past

As is customary with students of the occult I had delved into the doctrine of reincarnation and received many impressions of past lives, which I had no way of substantiating, nor did it seem important to prove them to others. My conviction still stands that nothing of special value is gained by pondering who we might have been in previous incarnations insofar as historical titles are concerned. The paramount consideration regarding past life experiences should be; What were the lessons learned in those lives and how can they best be utilized in this present embodiment to advance one's point of conscious awareness on the evolutionary spiral.

I was asked by Ashtar to recline on the comfortable couch positioned conveniently in the same room. Immediately upon relaxing I began to view a prehistoric panorama which must have originated thousands of years ago on our planet, because it portrayed a great tropical forest containing all manner of animal life. I observed a group of individuals resembling our modern impression of cave people stalking one of the animals and presently killing it. When the scene changed and I found myself surveying the inside of the cave evidently occupied by my family when I was a child. Later sequences brought into focus my adult life in that type of civilization, including the inevitable death incident which involved my being mangled and devoured by an animal. This ordeal in my regression was very vivid and I mentally shuddered.

An endless chain of pictures came into my visual consciousness, some more vivid than others, in which I seemed to be actually reliving various incarnations. These lives built up through a cycle of unrecorded history until they seemed almost modern, but still different from our contemporary existence. In some ways the civilization seemed to have been more advanced than ours at present, but in other respects they were decidedly primitive by comparison. My status was alternately male and female during that era, and in one particular life it seemed that I was bisexual. The occupations I pursued were many and varied, also strange when compared to our modern activities.

Up to this point I realized how and why I had made many mistakes. Then during the ensuing incarnations I saw myself becoming a student of universal law in a civilization where this knowledge seemed to be well disseminated among the masses and cosmic principles were in daily use.

The final incarnation in this cycle was one in which everything was destroyed as a result of war waged with weapons of the type we possess today. This episode was to horrible for words to describe.

The next series of incarnations took place on other planets where the cultural achievements were advanced far beyond those of the Earth sphere. Totally inconceivable were such manifestations such as war, greed, selfishness or any other lusts associated with the cycles of Earth embodiments. Cooperating with nature and loving one another seemed to be the basis of expression. Wide use of cosmic law was evident and the entire population manifested one continuous round of harmonious existence in which longevity prevailed. Disease was unknown and interplanetary travel quite common. Everyone naturally attained heights of joy and happiness that we can only dream about. During some of my embodiments, I was intimately linked with arts and sciences very different from the ones practiced today. In these civilizations ideals were realities, and the sublime interpretation of love brought complete fulfillment to marital life.

All during my incarnations on other planets I discerned the handiwork of great cosmic beings interwoven in the pattern of life. These advanced souls were revered as elder brothers and possessed infinite knowledge and wisdom. Religion was unheard

of because the full meaning of cosmic law was understood and observed by all. True brotherhood predominated throughout these planets. It was common knowledge that heavenly bodies existed which had been made uninhabitable as a result of warfare among their people. Occasionally one of these planets reached a safe stage for recolonization and select families were transported there to develop another civilization.

The succeeding cycle of embodiments progressed through a planetary system radically different from the previous one. Here, obviously was an expression of life within the negative universes where the energy sources were being exploited for the purpose of perpetuating lust and greed. Cosmic knowledge was revealed only to a select few beings and was preserved by occult groups under great secrecy. I seemed to be dedicated to the pursuit of arcane wisdom all during this series of lives.

Then came a long period of unfoldment in the celestial spheres of the neutral universes. This type of life cannot conceivably be portrayed in words, and the expansion it caused within my understanding was immeasurable. At this point I fully comprehended the infinite plan of the father, and how it was affected throughout the many universes. Also, I began to appreciate the enormousness of the Omniverse as well as the simplicity of the three-fold plan of creation, with the same basic pattern repeating itself everywhere, from the very smallest to the most expansive element of the realms of light. Thereupon the realization manifested, that each individual is born of infinite light and can eventually crate his own universe after having emerged from the labyrinth of evolution. These latest embodiments were flashing through my memory without my conscious awareness of the illusion of time, which somehow was nonexistent within the spheres of the neutral universes.

Upon completing my cycles of evolution within the triune system of universes, I was rewarded with an eonian existence in a sphere composed entirely of consciousness and light. This expression of totality seemed to be the common denominator of all my incarnations. Manifesting thus, I was more deeply than ever aware of the most exalting musical sensations imaginable, although to classify these harmonies as music would not be a just comparison, and would detract from the sheer perfection of their creation. Functioning within this sphere were a number of other all-light beings, each one a true exemplification of the basic body when it was fully attuned with the Omniversal consciousness and energized by a perfectly balanced cosmic root force flowing through every atom of light composing its structure.

Then I became aware of a great compassion for every incarnate I could actually see on the many planes and within the innumerable spheres of all components of the Omniverse. Immediately an overwhelming surge of feeling possessed me, as the mighty cosmic root force in its entirety, converted my light body into pure energy. I suddenly manifested infinite power and found myself traveling in spirals through eons of timeless times throughout the Omniverse. I felt cleansed and free of all encumbrances and I knew this was reality – true reality of being – unlimited and indescribable vistas of emotional grandeur far beyond any rapture the conscious mind is capable of conceiving. It was the complete of self with the ALL-ONE, the Infinite One – and the absolute attunement of the consciousness with the pulse of the ABSOLUTE.

When this incalculable duration of ecstasy finally merged into recognizable dimensions, I became in essence one of a group of entities who radiated pure golden light. Yet my real self remained as always and eternally, an inseparable part of the infinite light – the very center seed atom of the Omniverse.

If a mortal being but once could "FEEL" the return of the soul to its source, he would not grope for words to comprehend Infinity. This actually represents the ultimate break-through of consciousness into Omniversality itself. An experience of such sublime magnitude can never be depicted verbally nor can it be transmitted through thought pictures.

Amidst these feelings I had a vague impression that Ashtar, Mark, Luke and John were trying to reach me, but to no avail. I accentuated and prolonged the supreme intensities beyond all limits of endurance, until my consciousness was compelled to deliberately project itself to the very lowest planes of creation in order to again manifest my individuality of being. This cycle started a series of incarnations within the sphere of the negative universes which included various planets. When the Earth planet was reached, I continued to evolve within this three-dimensional time-space sphere up to the present life. Not only were my previous lives verified beyond any shadow of a doubt, but I had succeeded in projecting a considerable distance into the future until my consciousness itself began to realize that it had to stabilize within the second veil for a reason. My awareness then became refocused within the light body, but it soon became evident that I had left the control of Ashtar and the others and was vibrating at too high a frequency to manifest to them. After an agonizing interlude of manipulating my vibrational level I finally did reappear to them.

We were in the same room as before, and I could see expressions of consternation on the faces of my companions. We all seemed to be at loss for words until Ashtar cautiously informed me that soon after the start of my trip into the other dimensions, my light body completely disappeared and their control over me had suddenly been taken away. Despite their combined efforts, they had failed to re-establish contact with my consciousness. I tried to explain a little of what had happened, but the most Ashtar could say was that some power far above their comprehension had evidently manifested itself.

Whatever degree of success I may have had in conveying my experiences to them – or to anyone else since that time, this I can say with certainty – the link I had re-established with the Infinite Light has not, to this day, been severed; nor can it ever be destroyed. It is possible to deliberately misplace our keys to knowledge and wisdom, but they never really become lost. Sometimes our limitations in a human sense, are self-imposed for the purpose of fulfilling a mission or of overcoming set personal challenges. Profound as it may seem, we become totally different individuals in every respect once we have regained our birthright – the true knowledge of ourselves and our cosmic identity.

Those of you who as yet have not experienced any phase of cosmic illumination will find it difficult to comprehend and visualize "LIGHT" in actuality or realize the effects it had on the mundane existence of one who has perceived its solidity. The reader, who is attracted purely out of curiosity, may be inclined to reject the whole concept and attribute these writings to the vagaries of a utopian dreamer. There may be many disbelievers, but there are also those who possess an inherent sense of knowingness, perhaps only a subtle intuition regarding the possibility at least, of multi-dimensional manifestations of cosmic law. It is to these expanding minority groups of progressive thinkers and doers, that this book in truth is dedicated.

Needless to say, the trip into my past that Ashtar and the others had planned for me far exceeded their expectations, particularly when I began to discuss matters not previously mentioned by them. Ashtar then decided we should resume our plans and move to a point of ingress into the spheres above the third veil.

I was now prepared for anything and felt confident of being able to weather the remaining initiations on the path of illumination.

Ashtar announced we would be transported to the planet known as Venus, there to penetrate the third veil. The stir of excitement within my consciousness was difficult to conceal, for during my projections I had already previewed this forthcoming step in my transcendence of the seven veils.

Venus And The Third Veil

For purposes peculiar to my mission, I was to undergo radical experiences on other planets in my vibrational travels. That was the reason for our transit to Venus, though actually the third veil could be penetrated directly from the planet Earth. The consciousness is able to transcend the physical planes of Earth and move into the center of the Infinite light itself without the necessity of any in-between planetary transfers.

It is no coincidence that many references have been made to Venus throughout narratives of both psychic and celestial phenomena by those who have been privileged to advance beyond the physical sphere of Earth. In the first place, Venus is the one planet within our solar system having an over-all vibrational level conductive to merging of the triune planes of planetary physical spheres and triune planes of other planetary spheres encompassing vibrational levels operating below the fifth veil. That is to say, Venus is the meeting place for all activities within the solar system covered by the first four veils, and is one point of ingress into the spheres above the fifth veil.

Venus is also the permanent home for the temporal and spiritual governments of the solar system. Physically, it houses an active assembly of an organization known as the Universal Confederation, whose membership is composed of representatives from all planets of this solar system with the exception of the beings incarnated on the negative Earth Plane and below, of our planet. All members of this confederation are allowed perfect freedom provided their efforts are directed toward serving those who need assistance. The confederation is not exclusive to our solar system, but extends to other solar systems in this Galaxy and numerous others. Spiritually, a group of masters known as the elder brothers coordinate the activities of the confederation, and directs its progress to conform to the cosmic plan of the Infinite One. These Masters, who are few in number, command great powers having to do with the utilization of the cosmic root force. They are looked upon as elder brothers by the inhabitants of all planes of the spheres operating on and through the planets of this solar system, with the exception of incarnates on our physical plane and those manifesting on even lower frequencies. In fact, the majority of Earth dwellers are completely unaware of the existence of life on Venus and other planets.

Scientists have determined that Venus is located at an estimated distance of twenty-seven million miles away from Earth at its nearest approach. These computations are based on travel in the physical sphere, taking into consideration a time-space dimension which, at present, is the accepted means of measuring distances.

Fortunately, there are other means of bridging the vast expanses between planets, although they are not generally understood. One of the methods of travel is known as teleportation. Teleportation is accomplished by utilizing the media of light energy which is similar in manifestation to an ordinary light bulb in that it emits rays in all directions. Let us consider that Venus exists within a given point along one of these rays and that Earth exists within a point along another ray from the same source. As soon as these rays have been projected outward from the center, a vast relative distance extends itself between them, which entail a certain duration of time-space travel to cross from one to the other. However, at its source, the energy going out on each ray is part of one nucleus that exists at the same place at the same time.

Our physical body, being composed of vibratory matter common to Earth is attuned with the identical point in the ray of light as the negative physical plane of our planet. However, a part of our light or basic body is eternally attuned with the infinite light, though during our lifetime, an obstructing system of veils tends to separate it from the source until of our own free will we reawaken our light body faculties and

penetrate the veils. After a series of initiations when the veils have been transcended, we are enabled to utilize the tremendous forces existent within the nucleus of light, and return the consciousness to its source through a single ray of light energy which can be projected into the other spheres by way of similar light rays. In short, when the basic body is completely integrated by having regained contact with the part of itself that dwells forever in the infinite light (the "true soul mate"), it can be immediately transported or teleported to any or all points in the Omniverse instantaneously by means of light energy. For example, the returning from Earth to the infinite light source, and then projecting through another ray to Venus, all take place instantaneously by the utilization of the power of light that is far above any dimension of time and space.

There are many limitless manifestations and properties of light energy of which volumes could be written... When the consciousness is developed or expanded to the extent that this power is available, however fractionally, we come to the realization that these incredible forces do exist and can be utilized for the accomplishment of all so-called miracles. Once an individual experiences this stage of awakening he will understand that ALL IS LIGHT and that LIGHT IS.

As I have already stated, Ashtar, Mark, Luke and I were residing within a neutral sphere known as an energy center that served as a point of contact with all frequencies of the physical sphere of our planet, as well as with energy centers located on other planets. A complex network had been projected interconnecting all of these commonly attuned energy centers, thereby making it possible for the light body to travel within and between spheres without having to return to the infinite light source for conversion. Since the same frequency was maintained throughout the energy centers and corridors, the light body was not subject to vibrational changes while transferring from one planet to another.

Similar energy centers and energy corridors exist within the spheres of each veil throughout the Omniverse. We have all had occasion to examine and admire a parallel to this miracle of design as found in nature. It is the marvelous web of the lowly spider. The same intricacy and flawlessness of design characterizes each and every facet of the ever expanding handiwork of the Master Craftsman of the Omniverse – The Infinite One.

These then, were the principles utilized for our transportation to Venus. The actual move came about instantaneously upon the emission of a distinct energy key which caused our light bodies to become light energy. Ashtar's instruction in the mechanics of creating this energy key acted to reawaken the techniques in my memory and bring them to full realization within my consciousness.

When we emitted the "key", there was a split second feeling of weightless suspension in a vacuum, immediately followed by the tremendous propulsion of the light body through the energy corridor. The meeting place we occupied faded out as a similar one came into focus, and presto – we were on the planet Venus. Fantastic? Yes, that it is to the physical comprehension, but when cosmic principles are known, it becomes simply a matter of proper application.

Directly upon our arrival in the energy center on Venus, a mighty wave of energy engulfed us, which raised our vibrational level to the frequency of the spheres beyond the third veil.

Once the first veil has been transcended, the entire procedure takes on a profoundly simple and natural rhythm, primarily because attunement of the light body becomes more rapid with each succeeding veil.

As I marveled at the functions of these energy centers, Ashtar made known to me that we would soon contact some of the Elder Brothers who were headquartered here, and that my consciousness would be further enlightened regarding the workings of the

cosmic plan and the duties of initiates.

Again a great anticipation flooded my being, especially in regard to the meeting scheduled with the Elder Brothers. I remembered that throughout my research of occult subjects, references were made as to their Omnipotence. But more importantly, because of my "sightseeing tour into the past", I instinctively knew that they were assigned to specialized levels of service in accordance with the divine plan, and that I had cooperated many times with the group whose activities were centered on Venus. I had discerned from my previous incarnations that this planet was more or less my "base of operations" while functioning on the "planes of eternity" below the fourth veil.

The Elder Brothers of Venus

The energy center we entered upon our arrival on Venus and where we remained while passing through the third veil, was located on the surface of the planet within a structure containing many chambers, of which the majority were circular in design, as was the center itself. This edifice was a part of the hub of a shimmering metropolis composed entirely of dome shaped buildings and laid out in a circular pattern.

The translucent quality of the buildings and the pleasing molded effect characterizing there construction, was created by isolating quanta of light energy and manipulating the vibratory rate of that particular area through the use of willpower and thought. The radiant material thus formed gave the appearance of being in motion, although it was solid enough to the touch. Only subsequent time relativity change in the fixed vibrational frequency could these buildings be "dismantled", as it were, and the energy material returned to the Universal substance.

This process was to me a vivid illustration of the fact that matter is never destroyed – it is merely changed. We on Earth tend to do everything the hard way by using physical or brute force, the inhabitants of Venus have long ago put cosmic principles to practical use, and effectively control matter and energy by mental means.

Although the solidity of manifestation was of a different nature than ours on the negative Earth plane, practically everything on Venus was brought into physical existence through the application of these cosmic principles.

The energy keys which can be generated mentally to change frequencies make it possible to mold energy into any desired form without limitation as to shape or size. Alchemists have utilized cosmic principles for eons of time on our planet to convert base metals into gold and silver. The only difference between one creation and another is its frequency, or the vibrational level of light energy composing the creation.

It can well be realized why these energy keys are protected from becoming public knowledge, especially in the type of civilization now seeking expression on our Earth plane. All too often in the past, sovereign peoples of Earth who for a time properly exemplified the higher laws of life, were eventually led astray by vicious beings in their midst who were selfishly motivated to misuse these principles and cause the breakdown and ultimate destruction of their respective civilizations. More physical proof of this sub-human urge toward mass annihilation, and its accompanying symptom of abject escapism based on fear of things unknown can be expected as the current cycle of human evolution nears its climax or point of change.

As we moved about in this unique building I welcomed the opportunity to examine its architecture, as well as to take note of all the well-placed objects of artistic perfection reposing on suitable stands. Particularly life-like and impressive were the numerous fine paintings, mostly landscapes, displayed on the walls. I observed a great many new color hues of unusual luminosity, which were beautifully blended throughout these masterpieces. Similar shadings of living color are abundantly present in nature and may be perceived clairvoyantly from the physical plane.

Perhaps my light body's sense of "feeling" was most pleasurably expanded on Venus when I became aware of the profusion of flowers and their many fragrances. The prominent variety seemed to be a species of orchid that exuded a rare and exotic perfume. As with the feeling derived from music the sensation of smell was quite unlike any known physical experience.

The cosmic beings we met in this sanctuary wore long, loose-fitting robes, and were not too different from the normal human individual. There was no display of haste or urgency in their manner, and all of them appeared to be perfectly integrated with the harmonious rhythm of the spheres.

After a while we came to the central point of the edifice, which was a square chamber with a high-domed ceiling. My attention was magnetically drawn to the individuals seated around a long table in the middle of the room. I recognized them at once and again experienced a very soul warming reunion.

As to outlining my relationship with these brothers I can say only that they were the remaining three members of my cosmic family who were neither male nor female, but rather a combination of both. In occult literature this type of being is referred to as the "Divine Androgyne", and in the biblical terminology they have been called Angels and Heavenly hosts. These beings manifest a balanced polarity of the positive and negative energy effects of Infinite light, and have the power to express on the lower planes when needed, either as a man or woman.

To put it another way, The Divine Androgyne is one who has discovered that his (or Her) Twin ray is the part of himself or herself that resides within the infinite light and represents his or her divine counterpart. When an individual experiences Omniversal consciousness, he becomes united with his twin ray, and a dual being both male and female is created within the light body. In effect, this represents a perfect being, masculine in nature and capable of exercising unlimited cosmic power.

My reunion with the six members of my cosmic family who had remained on the higher planes engendered a kind of happiness that can hardly be conveyed. Subsequently Ashtar left us, saying he would be with me again before I returned to the illusionary world of physical reality. Our group then began to discuss matters which tended to bring my consciousness up to date, so to speak. A number of Earth years had passed since last we met, yet it seemed but a brief moment ago that I departed from our home sphere to incarnate in my present life.

It is not possible to detail all of our conversation for indeed much of it was of a private nature pertaining directly to my individuality and its mission in this embodiment. However, I will relate some of the more general aspects of cosmic truth which were under discussion concerning the Earth planet.

First, let me enlarge upon the functions of the Elder Brothers of Venus, particularly in connection with the "wheels within wheels", which have been seen by so many of us in recent times. Venus, being the seat of government for the solar system, also controls the maneuvers of all time-space vehicles operating within the confines of our system. However, alien ships, especially those who egress from the negatively accentuated planes, do attempt to infiltrate this system from far-flung parts of our Galaxy as well as from other Galaxies. Sometimes the Venusian control points do not detect these undesirable visitors, who manage to slip through and cause some degree of unrest among the inhabitants of our planet. Many of the entities from negative planes or worlds outside our solar system, are radically different in appearance to the beings in our system, and have been known to cause a flurry of excitement wherever they had contacted incarnates of Earth. Landings of unconventional aircraft have occurred more frequently in other countries than in the United States, an observation most UFO researchers have taken into account. However, there have been some reliable reports issued of unique entities ranging from little green men to monstrous giants having emerges from spacecraft that had landed in our country. Some of these stories have no doubt been exaggerated, but where there is smoke there must be fire. It is both possible and probable that a variety of strange looking extra-terrestrials have visited this planet, not just in the recent past, but as far back as the beginning of life on Earth.

A certain number of space ships from Venus are always moving through our solar system on route to other systems in this Galaxy and beyond. At least one of the Venusian Masters or Elder Brothers accompanies these craft, particularly when they visit another Galaxy. The Elder Brothers maintain a physical as well as a spiritual liaison with Elder Brothers headquartered in other systems, and they all cooperate to promote the concept of Brotherhood among incarnates of their respective systems. The many types of culture and varying technological levels in existence would tend to create problems hindering the compatible relationships among the younger brothers were it not for the capable leadership of the Elders. They might be considered as divine mentors or guides for these people. The Venusian Masters are esteemed as true Masters and their wisdom is never questioned because it is based on thorough knowledge of cosmic truth.

These exalted beings carry out their mission in immortalized physical bodies in which they have lived for unbelievable lengths of time as we know it. They originally descended from a very high frequency of evolution and are members of the group of Masters recognized as the Christ Group (The Great White Brotherhood), of which the entity known as Jesus the Christ is the leader.

Along with the members of my cosmic family, I visited several of the Elder Brothers, being at once impressed with the profound wisdom radiating from their countenance and further expressed by the vitality of their pulses. Their auras were a beautiful shade of pure golden light and the magnetic field of their light bodies could be detected for a considerable distance. They appeared to be elderly, yet, seemed agelessly youthful. Their voices, or rather their "thought patterns", were very gentle, and I knew that they could search the mind until each and every thought was known to them.

After we had seated ourselves within a special sanctum just off the main room, one of the Venusian Masters began to speak. I shall try to quote his words verbatim as nearly as possible:

"My son, you have been made aware of why you are here at this time, together with the reasons for your reawakening. I know that your experiences have been a source of great happiness for you, but it is important that you understand the more serious aspects of this particular incarnation. There are many of you who did elect to incarnate with this cycle to assist in the planetary transition, which in reality, is only a part of the great initiation of the solar system itself, whereby it is moving up to a higher point on the evolutionary spiral. The greatest changes will be wrought in spheres having low vibrational levels of energy manifestation such as the one your physical plane is attuned with at present. Naturally, the effects of this change will be the most far reaching there. As happens in times of great change, highly developed spiritual beings must incarnate to lead those who will be exposed to the far reaching effects of a higher vibratory rate. Without this divine intervention, the majority of incarnates would fall backward into the WELL of lower vibratory spheres. Spiritual awakening has its degrees of responsibility toward fellow beings, as, in truth, we are all a part of the whole and when we allow any one projection of this whole to sink, it has a resultant effect upon the entire cosmic plan of the Father".

"You will not remember all that will transpire while you are absent from your present physical vehicle, but you will have the power of instant recall at the time of need in order to properly complete your mission. It would be impossible for you to lead a balanced physical existence should you be aware of every action that would transpire in the future of your life. You will be aware of only the major events to be forthcoming in your present time dimension, but this is true of necessity so that you may properly coordinate your particular phase with the cosmic plan, and in turn, be better prepared to work with others engaged in similar activities. You will recognize others at the proper time. They may not be able to recognize you for the part you play, and it is important that you not be premature in your efforts to hasten their awakening or to interfere with their progress in any way. All such incarnates have a given time for transcending certain

plateaus and it behooves you to avoid any infraction of their FREE WILL. You will be in possession of knowledge that must be safeguarded, lest events long in shaping be disturbed, resulting in vital phases of the Father's plan having to be re-projected".

"You are now well aware of specific events which transpired in your earlier incarnations, causing you undue karmic reactions that had to be balanced in later lives. Incarnation serves to develop you consciousness in order to attain the wisdom to better assist your brothers in their development. You are the link between those above and those below you on the spiral of evolution. Think of yourself as an actor in a play whereby the success of the entire production depends on the best efforts of all the players. Make certain you do not overact or fail to perform your part satisfactorily. It is true that some players seem to be more talented than others, but you can readily understand why this is necessary when speaking of the cosmic plan, and the function of incarnation. Some beings are invested with greater responsibilities, but if these beings are not supported, the accomplishment of their greater responsibility is seriously impaired. As in a play, poor supporting actors find it difficult to advance in their chosen fields of endeavor. The same is true when speaking of the evolutionary spiral. The degree of progress on the spiral is eternally related to the degree that the consciousness expands during embodiment".

"Of course the cosmic plan, while simple, is very comprehensive. The progress of beings incarnated on the lower planes is mentored. While a being's FREE WILL is not restricted, any actions that tend to have an adverse reaction on the success of the plan must be counterbalanced if at all possible. It is difficult to control reactions induced by the direct action of a being subject to the time dimension, when violation of FREE WILL must be avoided. This also increases the burden of responsibility for those who have been spiritually awakened while incarnated on these lower planes. That is one reason why you must assist the ones you recognize as having a supporting part in this great play of physical life, and to do it in such a way so as not to interfere with their FREE WILL nor to expose them to cosmic truth prematurely.

"I am well aware of your research efforts regarding the time-space devices referred to as flying saucers by your brothers of Earth. While it seems that these vehicles are being treated as a joke by the majority on the Earth plane, including the various governments, this is not altogether true when the deeper feelings of individuals and governments are explored. To consider these advanced devices as a laughing matter is a form of escaping for mortals who are afraid to accept the fact that such devices represent concepts they have been taught do not exist, in spite of the additional fact that your sacred writings abound with references to other forms of life and other planets".

"The true feelings of collective groups, mainly the national governments, are somewhat different. These groups, being in a position to have a more complete picture than the individual, realize only too well that the majority of the time-space devices originate from points beyond the physical worlds. This realization is strengthened by the fact that within the governments themselves, key administrators are being prevailed upon by very powerful figures who normally do not take an active interest in governmental policy to release these known truths to the public. There is another equally powerful group which is exerting every effort to keep this knowledge from the masses. However, both these groups are becoming aware of another subtle force beginning to assert itself through individuals, that are new to the governmental scene and who possess amazing powers of formulating policies regarding such phenomena. This third group of individuals, though apparently not a part of any organization, is beginning to change the balance of power between the original two factions controlling your governments. This is influencing not only the shroud of secrecy behind the time-space transporters, but many other issues that have been long suppressed, and that when revealed, will have far reaching effects on every phase of Earth life. It is the intent of the later group to bring about gradual changes in government and to minimize the effects of new and startling revelations.

"The third force being exerted at this time might be termed as one manifestation of divine intervention and represents a very vital part of the cosmic plan for the transition of Earth to a higher frequency of light. The individuals adversely affected as a result of these gradual changes in governmental policies will be those who have generated negative karma as a result of their irresponsible actions involving the restriction of FREE WILL, which has been denied the majority of beings incarnated on your Earth plane. More and more frequently, highly placed individuals are recognizing the signs of divine intervention and are changing their thought patterns for the better".

"In several instances, very influential members of world governments have been removed from their physical bodies for short periods of time for the purpose of being made aware of forthcoming events vitally related to their missions in connection with the transition. Yes my son, great souls incarnated on your plane at the present time have, in quite a few cases, reached important positions within the different governments. I have mentioned previously that the cosmic plan, though simple in concept, is very comprehensive in scope. Not only is the field of government infiltrated, so to speak, but all major components of the many activities that contribute to your modern civilization are affected, particularly the cultural phases of entertainment, communication and literature. For example, music has a definite effect on the light body as well as on certain features having a bearing on the physical personality".

"My son, your civilization must be taught to exercise the finer qualities of their being. They must understand what true brotherhood really means. They must strive to overcome their animal tendencies, such as lust, greed, hate and selfishness. Above all, they must learn of their divine attributes and kinship with other beings".

"The entire physical world is in need of a leader, and that leader must be divine. At a given time in the not too distant future, the great soul who is our elder brother and who was known as Jesus the Christ, will again manifest on the Earth plane. However, those of you who incarnated to prepare for his return must intensify your efforts to assist others in "knowing themselves" so that the great event can transpire without undue delay. Now is the time when all of us on the various planes must work together to make ready for the great transition of the Earth planet and the long heralded return of the infinite being who created it, our elder Brother Jesus, leader of The Christ Group".

There was silence following the conclusion of the Elder Brother's talk. Then after a few moments one of the other Masters spoke, directing his attention to me:

"As our Brother has indicated, you are now aware of many things. I know from your thoughts that you possess knowledge of having met with us here before. That is as it should be, and, you will met with us often in the future of your present Earth life. Following your initiatory cycle of the seven veils, you will possess the necessary energy keys to project your light body to the energy center within this sanctuary. There will be times when representatives from your plane will be required to meet with us as of old, for reasons you will shortly become aware of. There will be much that cannot, because of its far reaching implications, be passed on to others. Also, it will serve no useful purpose for you to reveal your status in relation to the spiral, or your affiliation with certain groups you will be contacting in the future. Cosmic matters are best kept within the consciousness until such time as your plane is ready to receive them. You will know of much that cannot be transmitted by either words or thought because of its supraphysical nature. The reasons for this are beyond comprehension of all but the Father. It will not be necessary for you to maintain written records of your projections into higher spheres. When necessary occasions arise that you require this information, it will be forthcoming from within you consciousness as our Brother has informed you. You know also that there is no necessity for names among us. Merely the creation of a thought picture links your vibration with ours. It is true that we all possess a spiritual identity; however, this individual distinction is necessary only within the highest spheres of light. Beings are also identified through a system of numerology, which has a bearing on the

names selected by the parents of incarnates at the time of their birth".

"You will find that unless you maintain a normal physical existence, your fellowman will have difficulty in understanding you at times. You have already experienced this to some extent in the present cycle, and you should accept it as a challenge to become a better actor in the play of life. Quite possibly your attempts to share cosmic truths will be received by only a small minority, but it will be an important minority. The greatest steps can be taken toward the conditioning of others on your plane through mental instruction during the hours of sleep, when their conscious minds are stilled. Words of wisdom can best be given by physical means through writing, which represents teaching of the highest order. Words that will inspire and awaken the mind of the student should be chosen to convey cosmic truths".

"Now the time has come for you to experience the next step in your reawakening. Transcending the fourth veil, will elevate your consciousness to a higher plateau of light, vibrationally speaking, and to another point within the universes where you will meet several more members of the cosmic group. May our peace be with you until we meet again my Brother".

Again there was an interval of silence, whereupon all seven of us quietly took leave of our esteemed Brothers and walked toward a different energy center. Here I was told that the latter three members of my cosmic family and I would be propelled through an energy-corridor to the star-sun Procyon, which is located within the constellation of Canis Minor. This move did not surprise me, even though Procyon was a sun and was, by physical standards, a fantastic distance from Venus. However, when being transported through the medium of light energy, dimensions such as time and space are non-existent and conversion is instantaneous.

I had no measure of the number of hours which had elapsed since leaving the physical body. In one respect it seemed as if an unaccountable number of years had passed, while in another, the interval had been timeless. For an instant I was allowing my consciousness to contemplate the enlightening discourses just presented by the Elder Brothers, while basking in my own peculiar time dimension as we moved toward the energy center. However, when a member of my cosmic family informed me of our new destination, my full attention reverted to the moment.

Our brief sojourn on the planet Venus was at an end, and I was about to surmount another hurdle on the path leading to a reawakened Christ Consciousness. Up to this point my consciousness had been taking giant strides in order to absorb all that had transpired, but I well realized there were no limitations or boundaries in the many mansions of our Father's house.

Procyon and the Fourth Veil

According to scientific theory, a sun is considered to be a large ball of fire completely devoid of life. As I was conjecturing about the nature of our solar system one of the Brothers interrupted my thoughts by remarking that our astronomers had a great many basic misconceptions regarding the universe – that a sun is similar to a planet except for the difference in vibratory rate. The energy composing a sun is vibrating at frequencies far above those of any planet on the physical planes, but life very definitely does exist on all suns. When I was informed that these members of my family themselves often resided on a sun in their respective universes, a score of interesting questions immediately came to mind. However, the answers would be forthcoming as usual through my experiences, so there was no reason to pursue the subject.

It was now time to transfer to Procyon and simultaneously transcend the fourth veil. The vibrational ascension was comparable to the ones I had experienced upon penetrating the first three veils, but following the emergence into the spheres encompassing Procyon, the situation was vastly different. This time it seemed as if my being had remained weightless and had blended with the emanations of the spheres themselves – somewhat like a fish in a sea of energy, drifting with the tides. My light body appeared to have expanded to an enormous size and I had acquired a feeling of great pulsating power.

The entire scene of Procyon at the point of our emergence did not even remotely resemble conditions on Venus or Earth. An atmosphere of shimmering gold bathed everything in living golden light. The bodies of my cosmic brothers were pure golden energy and my own light body looked equally radiant. I was momentarily taken aback by the sheer, indescribable beauty of it all. New and unusual music permeated every atom of my being while I floated along with the rhythm of divine melodies.

We were part of a garden, but the flowers and other manifestations of nature were as unlike anything I had ever seen before as black was to white. An intensely pleasing fragrance which rivaled the most aromatic of perfumes could be felt everywhere.

One of my Brothers explained that the star-sun of Procyon represented a focal point for the majority of spheres within the Omniverse, which naturally included the triune system of universes. This sun was the major connecting link between the universes and the Infinite Light itself. Furthermore, he revealed that the Master who was once known as Jesus the Christ, and as many other great souls on our planet, dwelled on Procyon when engaged in missions relative to the physical universes. The great Master in his true self could only be seen by a few advanced members of the Christ Group because the luminosity of his radiation was to powerful to be perceived by lesser entities, that is, entities on a lower vibrational frequency.

I learned that Procyon is the permanent celestial home of the Christ Group, and that I would have occasion to meet several members of the hierarchy during the final phases of my initiations through the seven veils to be conducted here. The means of penetrating the fifth, sixth and seventh veils was reserved for my consciousness alone. Upon completion of these initiations, I would be tested by the leader of the Christ Group himself, who was to be referred to as the Elder Brother and not as Jesus the Christ.

A brother then indicated that we must proceed, and that I should now apply the principle of teleportation, which would simplify my movement through the energy spheres surrounding Procyon and enable me to reach the "Temple" cloistered within the "Great Hall of Illumination".

This was the first reference made to this supernal retreat whose portals we were about to enter. We made our way without any apparent effort by floating along a short distance above the ground. I might add that the surface of Procyon when viewed from any height appears to be a live mass of pulsating golden energy exactly as it is in actuality.

Soon we neared the golden mansion of unlimited proportions, which resembles a great cathedral. As we floated through its massive entrance and penetrated the scintillating golden interior of this majestic structure, I experienced a kind of spiritual uplift that transcends the scope of human comprehension. Not anything known to us on Earth could possibly evoke or duplicate the feeling of supreme exaltation associated with these magnificent energy formations.

The farther we penetrated, the greater was our sensory responsiveness to the celestial music until the whole sphere in which we were vibrating became radiantly alive with harmony. We also perceived an endless variety of very beautiful shadings of manifestation within the energy sphere itself. Waves upon waves of vibrant power flowed through us we continued to move forward. By this time my light body felt super-charged with power, and a profound humility came over me as if I were in the presence of the divine architect himself.

We were approached by one of the heavenly hosts and escorted to a place deep within the network of golden corridors. Once inside this area I became vividly aware in consciousness of being an actual, integral part of the Infinite Light, while my light body blended more and more with the rhythm of the spheres until it swiftly merged with this great sea of energy.

Suddenly I was as if transfixed, A concentrated, almost paralyzing beam of energy had encompassed me, and from the depths of my consciousness arose the question as to whether or not I was ready to reaffirm my spiritual vows to the Infinite Light before entering into the Great Hall of Illumination.

Within the innermost parts of my being I knew that I was ready. Instantly I was removed from the light body as well as from the sphere I was occupying, and placed in another sphere which was all pure radiance, and in which existed only my individual consciousness and the light. In a moment of overwhelming awareness the incorruptible spark of my consciousness was stripped bare and I became reunited with the Infinite Light itself. With this experience, every atom of my being felt as if it were purged, cleansed and purified.

Then I perceived the presence of another being of pure light who was saying to me, "Oh, child of light, prepare to receive thy baptism of fire". Whereupon it seemed as if all the energy in the Omniverse had engulfed me. I was reliving every emotion that I had ever felt in my entire existence and much more – all of which seemed to disintegrate my being totally and rebuild it at the same time.

Following this regeneration, my consciousness began to stabilize within the light body which now possessed sensations altogether new and yet familiar. For the first time I became aware of my cosmic and eternal link with the creator. I had been in the fullest sense of the word, spiritually resurrected. Also, I had forged a stronger link with my soul mate or "divine counterpart" eternally dwelling within the Infinite Light itself, when I became partially reunited with the force constituting that long lost part of me. Even my individuality manifested dual attributes as if I had attached myself to another, more advanced consciousness. Actually my comprehension had evolved to a fantastic degree because I now had access to the other portion of cosmic wisdom necessary to complete the visualization of the divine plan. Last but not least, I was experiencing a far more intimate sense of "spiritual belongingness" than ever before.

My being had become concentrated and remained focused within the seed atom all during the baptism, but now the light body was re-projected, solidified, and re-attuned with the same sphere from which I had departed.

Seemingly eons of time had elapsed since my admission to the Hall of Illumination where I had reaffirmed my vows and consummated the baptism of fire. Because of this initiation, my own stability and the solidity of my environment, had assumed a correspondingly greater reality. However, I knew the great hall was not in any sense a physical creation such as a section of a building. It was rather, a separate sphere of energy whose gates had been opened momentarily to admit my light being and regenerate it completely by allowing the source to encompass and partially merge my divine counterpart with the consciousness in order to prepare me for the final entrance into the "temple" or "Godhood" of SELF.

Beyond a certain point on the path of Illumination it becomes increasingly difficult to recapture thought pictures and emotions in writing, but I will record as much as possible of what transpired during the remaining parts of my series of initiations of the seven veils.

The Three Christ Veils

The Elder Brother of Procyon who had joined us following our arrival deep within the golden mansion began to speak as soon as I reappeared after the baptism of fire. He instructed me that I was now ready to be given the combined initiation of the last three veils, or The Christ Veils, as they are termed by the group.

The Brother explained that the complete realization of the meaning of these veils would not be fully absorbed by my consciousness for some time to come. Although I would experience the power of the Christ force which accompanies the transcendence of these veils, it was not possible to retain this power upon my return to the physical vehicle, because the higher vibratory energy generated through its use would destroy the fleshly body. Hence the consummation of my elected mission for this embodiment would be prevented. In the event it becomes necessary to have the Christ force manifested in the performance of my mission, it would be accomplished by members of the Christ group operating from the higher spheres.

It is not within my jurisdiction to reveal the exact ritual or the actual parts of the initiation, but I can say that, primarily, they dealt with specific functions of the light body pertaining to the expansion of consciousness through contact with forces of light far beyond anything the mortal mind is capable of conceiving. The initiations themselves were conducted by twelve members of the Christ group within the inner sanctum of a particular structure called the "Temple of Light". Following completion of the three Christ veil initiations, I emerged a new being in all respects, and now had possession of essential keys for the application of vital cosmic principles.

The latter attainment especially, involved a great degree of responsibility on my part which impelled me to develop rather rigorous methods for controlling the "balance of forces" within my being. In other words, I had been given the means to prove or disprove my worthiness to maintain this degree of awakening, being fully aware that misuse of these principles could nullify what progress had been made relative to evolutionary aspects of the cosmic plan. My utilization of several of the principles was limited to the light body because the physical vehicle in its normal state could not withstand the higher vibrational levels required for their manifestation.

Additionally, I possessed a very deep and lasting feeling of profound peace which was brought about as a result of **knowing my-self** and the part played by each and every being within the Omniverse in relationship to one another and to the Infinite One. This degree of consciousness must be learned by actually living the experience and surviving the conflict of forces within the self. <u>Actuality is the cause</u>, but the realization of this sphere within the consciousness makes itself apparent only after the effects begin to unfold themselves*.

Without a doubt the culminating phases of my initiation into the Christ veils, were the most spiritually rewarding. As the consciousness expanded to completely encompass my divine counterpart, or soul mate, the aforementioned partial mating of my dual consciousness became a fully consummated union which reawakened the dormant Godhead within my being. Prior to my return to the physical plane the counterpart would move upward into the realms of light to remain a balancing force until my light body could sufficiently reduce its vibratory rate to enable me to reenter the lower spheres. However, my consciousness itself would remain expansive enough to retain a permanent link with the counterpart, and the effects of this "Marriage With Light" would result in an ever increasing realization of the Godhead within.

With the initiatory cycle completed, the time had come for me to leave Procyon and return to the Earth sphere to reenter my physical vehicle. The upward journey had been relatively complex but now with my greater vibrational flexibility, the return trip was simplified. My cosmic family and I began to frequency descend from a point within the Golden Temple of Light where we entered an energy vacuum for the rapid conversion. The action could be compared to that of a high speed elevator plunging downward. A short while after the frequency had been lowered; we were joined by Ashtar and the other brothers who accompanied us back to the lounge of the time-space craft.

There was a momentary feeling of "vibrational let-down" which made it seem strange to be functioning at so low a level again. Ashtar suggested we make the most of our opportunity to relax aboard the space ship while he briefed me in regard to the present status of my physical body and is future welfare.

As a prerequisite to this series of initiations, it had been necessary to remove my entire consciousness from the physical vehicle and leave it to operate on its own organic functions. Thus to some extent the body was placed in the vulnerable position of being a robot, and consequently subject to the desires of any strong discarnate who might have a particular craving to manipulate a physical shell.

Ashtar stressed the fact that my physical counterpart had been left unattended for a very good reason, primarily as a test for me. The forces now composing the vehicle were out of balance and it was up to me to stabilize the polarity upon reentry. He said a veil had been purposely interposed to prevent any physical impressions from reaching the consciousness during my period of initiation, but that the veil would be disintegrated upon my return.

He again cautioned me regarding the generating and maintaining of too high a vibrational level within the physical body, now that I had access to the higher forces, which if improperly utilized, could easily damage or even destroy it. Although I understood that my light body was conditioned to leave the physical vehicle at any time in order to perform specialized cosmic functions connected with my mission, without unduly disturbing the forces within the latter, I was well aware of my responsibility regarding both vehicles. I assured Ashtar that I was determined to develop whatever controls were effective in maintaining a vibrational level consistent with the proper balance of polarity within the bodies. Little did I realize the magnitude of this undertaking and the challenges that were to follow.

Also, we thought it best that these experiences remain locked within my consciousness until the maturity of time and circumstance permitted a small portion of what had transpired during the past Earth days to be revealed.

By now, Paul and David, our two friends from the positive Earth plane who represented the crew of the time-space craft had joined us, as had the six members of my cosmic family. I experienced no difficulty in re-adjusting myself or re-evaluating the surroundings. Among other things, my earlier curiosity concerning the "wheels" was resumed with a keen awareness proportionate to the increased spiritual vitality of body and mind.

As a parting favor I asked Paul if I might view the Hawaiian Islands from the air before returning to the incarnatory plane of illusion. He and David were most happy to oblige, and promptly adjusted the manifestation level of the craft so that we were stationed at an altitude of about 100 000 feet above Oahu, the principle Island of Hawaii. It was daylight on the physical plane – the hour being about 2 p.m., the third day following my departure – and all the Islands in the Hawaiian chain were clearly visible. Surveying a panorama like this for the first time through the transparent hull of a light vehicle was a most stimulating experience.

I mentioned to my friends how wonderful it would be if cosmic representatives from other spheres and planets could land and be extended the hand of brotherhood by the inhabitants of our Earth plane. They agreed with me as Ashtar predicted that in the not too distant future definite changes would be brought about which would make space travel not only possible but also practicable. He added that the success had by individuals like myself in performing our mission could hasten the advent of such a time.

We were ready to make our final descent. I was still marveling at the unbelievable transformation that had taken place within the consciousness during my absence from the physical vehicle, and actually regretted having to return. But I also realized why it must come to pass.

An abiding sense of inner peace and happiness more than compensated for the fact that humanly I would never be the "same". From an Initiate's point of view this priceless possession is impervious to destruction and immune to ridicule. Full well knowing the truth that the world is but a stage, as Shakespear aptly put it, I had for my part decided to plat the roles – whatever they might be – as convincingly as possible, while devoting my best efforts toward helping to alleviate the birth pangs of an onrushing new age.

My Return to the Physical Vehicle

David changed the vibratory rate of the time-space craft in such a way that our vehicles descent would not be noticeable to anyone on the physical plane. When the hospital came into view, he further increased the frequency pulsations until the ship settled down through the building so that we could see the ward where my physical body had been kept.

I was quite shocked not to find my body within the ward. By repositioning the space ship and searching, we located my physical counterpart locked in a small cell which was used for violent mental cases. A wave of pity immediately surged through me as if I were observing someone else. Ashtar then advised me that I had best not delay my return. This was a test and the only way to meet it was to take command of the mortal vehicle at once and begin to balance its forces. He instructed me to walk toward the vehicle until my light body force field encompassed it, then to project my consciousness to the seed atom of the body and reunite with it.

In the certainty that we would soon meet again, my friends then bade me a fond farewell and gradually faded out as I made contact with my physical counterpart. Immediately I suffered all the agonies the physical body was undergoing and realized something drastic had happened to it during my absence. The head in particular was very painful. More than that, the return of my light body to the physical vehicle had caused a condition of extreme sluggishness to manifest within my consciousness, and it seemed as if I would have to learn how to use my faculties all over again.

Also, I was sorely in need of sustenance. While out of the body I had no desire for either food or water, but now my craving for both was enormous. Quickly from the small window in the door of the cell, I summoned one of the corpsmen to tell him I was hungry and thirsty. "So you finally came to" was his opening remark, which caused me to question him further regarding my condition. He did not hesitate to report that I had attempted to destroy myself during the past few days, and that for a while it had become necessary to strap me down in a straightjacket. In addition, I had been given three electric shock treatments which apparently had no effect until this time. He concluded that I had probably beaten my head against the walls of the room hard enough to cause several lacerations and severe bruises to the frontal areas.

My comment was that I did not remember any of these abuses and let it go at that. The food and water he brought me helped to still the hunger pangs of the body, but the discomfort from all the aches and pains persisted for quite some time. By raising the frequency level of the physical body slightly, I neutralized the headache, being careful to observe Ashtar's precaution about maintaining the proper vibratory balance.

By now I was feeling very tired, and decided to stretch out on the mattress covering one section of the floor. Sleep eluded me however, and instead I began reviewing the ordeals to which the physical body had been subjected during the past three days. Evidently, a discarnate or some exterior force had been controlling the vehicle with the intention of bringing about its destruction. This realization made me more determined than ever to develop a dependable method whereby I could retain complete control over my physical counterpart while traveling in the light body.

I managed to rest for the remainder of that day and throughout the night, although my consciousness stayed awake. Early the next morning, one of the nurses and several corpsmen entered my cell to give me an injection with a hypodermic needle in preparation for another shock treatment scheduled to be administered that morning.

Since I had no recollection of the previous treatment, this was to be the first one I could remember. About an hour later I was taken to another small room and told to stretch out on a long table. Nearby was a compact electronic device which I decided was the shock treatment machine. Not knowing what to expect, I became exceedingly interested in the entire procedure. Six attendants positioned themselves around me and placed their hands on my body as if to hold it down. A doctor and a nurse stood at the head of the table, and the nurses placed a rubber object in my mouth. Then without delay electrodes were clapped against my temples, one on each side, and immediately there was the most excruciating pain wracking every fiber of my being that can possibly be imagined. The electricity from the shock device raced through my nervous system so violently that I completely lost control of the physical vehicle. I could feel savage convulsions contorting the body and was conscious of the corpsmen's attempt to hold me down. Though the current is applied to the patient for only ten seconds, it seemed to me as an eternity of horrible suffering and torment before the "treatment" came to an end. When at last the current was turned off, my body collapsed, and once more I became aware of being outside the fleshly vehicle but still in the same room with it.

I watched as my body was wheeled from the shock therapy room back to the compartment I had been occupying and placed on the mattress, t remain there unconscious for several hours. During this time I hovered in the vicinity of my physical counterpart while enjoying the ease of functioning in the light body again. A large number of entities were floating about through the "Astral" layer of the physical sphere, but without exception the light composing their bodies was of a grayish-black energy pattern, which spread into an aura encompassing an area of approximately two inches around the form. For some reason these other entities did not approach my physical vehicle and I began experimenting with my basic body to draw light energy, thereby extending my aura. When I did this the light forms moved further away. Thus began my education in the utilization of cosmic root force for purposes of protecting my own body as well as the physical bodies of others.

After discovering that the vehicle could be controlled from without, I decided to remain apart from it for a while in order to observe its reactions. I watched my physical body awaken, move about in the usual manner, and subsequently consume a hearty breakfast brought in by one of the corpsmen.

It was a very curious experience to be consciously aware that both the physical and the light body represent me. Anyone who is familiar with this phenomenon the strangeness of the relationship and understands the empathy felt toward the mortal body by the consciousness when focused in the light body.

I made no attempt to project my light body above the plane in which I was existing knowing that it was unwise at this time to allow the physical vehicle to become subject to attacks by possessing entities. My objective was to balance the body to the extent that further shock treatments would be deemed unnecessary. When later on the doctor came to visit me, my condition was such that he was convinced I no longer needed shock therapy.

I had reentered my physical vehicle as he was approaching the compartment. When the doctor learned of my painful experiences while undergoing treatment he was greatly surprised. His experience had indicated that the moment the voltage is applied to the patient, consciousness is lost and no pain is felt.

This observation, incidentally, was verified over the period of my hospitalization by several hundred fellow patients whom I had interrogated closely following each treatment in their shock therapy series. I have yet to find one patient who recalled anything more than the application of the electrodes and then unconsciousness, in spite of the fact that a number of these patients had received as many as sixty treatments.

During my talks with the doctor I expressed the desire to have no more of this therapy since I felt to be well in command of myself again.

That afternoon I was moved back into the ward and confined there until July 26, 1956, the date of my transfer to Walter Reed Army Medical Center in Washington, D.C. Except for a few general remarks to my wife, I had told no one about my experiences or the initiations while in the hospital, because I knew they would sound too utterly fantastic to be believed.

During my tenure at Walter Reed I had difficulty in slowing down and maintaining my physical body functions on a level consistent with activities on the physical plane. The state of tension resulting from this imbalance became increasingly evident to the medical authorities and I was given a course in Thorazine, a tranquilizing drug, which tended to relieve the tenseness and assist me in becoming more adaptable to my environment.

The medical officers at Walter Reed became interested in my UFO background, and even began purchasing flying saucer books in order to gain a deeper insight into this phenomenon. They admitted that I was the first patient they had ever had who was engrossed with such activities. On many occasions I participated in open discussions with doctors as well as with non-members of the medical profession relative to the "Wheels Within Wheels" and various occult subjects. I purposely refrained from advertizing my most personal experiences, especially those involving projections of the light body into other spheres, knowing full well that the very mention of them would result in my continued confinement.

On the 26th day of November, 1956, I was returned to active duty with the Army at Fort Meyer, Virginia. The final medical diagnosis of my case was "nervousness", and while my condition was much improved, I still experienced difficulty in controlling my nervous system following hospitalization. It seemed that time and patience plus a well-rounded program of physical activity would be the answer to my enigmatic struggle of mind over matter.

Reorientation with the Physical Plane

Perhaps one of the main problems to be solved by an initiate of the seven veils is how to prevent boredom while manifesting a physical existence. The challenges in my life seemed to have reversed themselves as a result of my attunement with actuality and the development of fundamental cosmic powers. The emphasis was now on the physical testing of what was realized through the light body, and it became a matter of living the effects of causes I had come to understand, even though I knew in advance what these effects would be and now to un-create them if it were expedient to do so in accordance with the Fathers plan.

Theoretically, an initiate should be able to generate a diversity of interests in order to maintain a balanced diet of mundane activities. In addition to equalizing the light forces within the body through mental processes, various physical means of exercising the vehicle should be employed.

During the period following my dismissal from Walter Reed my sense of values was still considerably distorted, so much so that, mental curiosity far exceeded physical drive. Consequently I continued to pursue the path of least resistance. After a short leave of absence I was reassigned as chief clerk in a staff section of the headquarters at Fort Meyer, Virginia. Although I informed my senior officer of having been hospitalized, we did not discuss the nature of my so-called "nervous condition", and I adapted myself to the new position and the daily routine of life without any apparent strain.

We moved into government housing on the post, and soon afterward became acquainted with several students of truth living in the same apartment unit. The three persons with whom we enjoyed exchanging thoughts on my different subjects including the balancing of forces within the physical body, were members of a well known fraternal order. We held meetings in our quarters regularly, and before long my wife and I also decided to affiliate ourselves with this self development organization, a step which contributed greatly toward the attunement of our physical vehicles with the increased vibrational impulses from the higher spheres.

The members of our small discussion group became interested in the "Wheels" as well as other phases of the occult, and we pursued all topics with intelligent awareness. I was very careful, however, not to introduce anything into the conversations which might cause imbalance in anyone's makeup. Ashtar would caution me periodically regarding the vibrational limitations of my physical body.

During 1957 I maintained communication with entities on the higher frequencies and experienced many projections with the light body into new and unusual spheres. Also, I expanded my contacts with other individuals engaged in UFO and occult research throughout the United States. A number of progressive ideas were realized through these channels.

The sincere student of light should conscientiously explore all avenues of knowledge and wisdom despite the misconceptions which have been imposed on some phases of metaphysical thought. By careful scrutiny he will find that certain parts fit into a pattern presaging the coming of a new age – the Golden Age of our planet. In our materialistic world all data having bearing on the doctrine of immortality should be assembled and evaluated so that eventually the necessary positive proof would be provided to substantiate the true facts of life.

There are many more physical and saucer research activities in progress than generally known and moves have been made to consolidate these groups, for the purpose of pooling, standardizing and disseminating their findings. It is an excepted fact that official sources for the release of information relative to other worlds and interdimensional travel (including advanced methods of propulsion and communication) have reversed their functions to the extent that they represent nothing more than sources for suppression of this type of intelligence, which very definitely should be presented to the masses.

It is true that an adequate educational program should very definitely precede such Earth shaking revelations in order to minimize any possible degree of panic, but the American people have proven themselves capable of absorbing some rather startling facts in the past without losing their perspective. Why then the frantic and extensive maneuvers to black-out or discredit all evidence confirming the existence of life on other planets, particularly since the masses have supposedly been undergoing educational conditioning for this very thing in excess of sixteen years?

Since the Governments have apparently reversed themselves and are no longer engaged in preparing and conditioning the populace to receive new and evolutionary concepts of truth, it fell to the people themselves to receive this enlightenment from within their own ranks, spearheaded by sincere individuals whose researches have proven occult theories to their own satisfaction, and who are being assisted daily by intelligences from other frequencies of this sphere as well as from other planets.

Many of these pioneers of Light, Life and Love have publicized their experiences and have, as a result, suffered ridicule from those who cannot bear to witness, much less encourage, a civilization advancing the principles of brotherhood. In our world today, skeptics and scoffers are renegade on all strata's of society. Mostly they are lost in their own selfishness and pride, and "couldn't care less" what happens to their fellow man. Such is the sad but true situation. Yet, these un-awakened souls must be helped in spite of themselves by the remaining few who are cognizant of universal law and of their obligation toward mankind. One thing to remember is that individuals sincerely practicing universal brotherhood always have the protection and power of the forces of light solidly and eternally behind them.

I tried to keep myself informed of the various efforts made to consolidate research groups. At the time of this writing (1963) these activities have become planet wide in scope, and "Flying Saucers" for example, are no longer being treated as a joking matter. Officials in high places are now considering a program of all-out support and serious public discussions regarding time-space devices are being conducted on a large scale. This quickened tempo has been given additional impetus of course, by the latest achievements of orbiting astronauts. More and more periodicals are devoting their pages to unbiased consideration of these vanguards for the new age, in spite of the fact that newspapers and wire services still apparently consider travel from outer space toward our planet by intelligent beings as "Taboo".

The long range implications of any one of the activities constituting this partial breakthrough should not be underestimated or disregarded.

As the year 1957 progressed, we continued our group meetings and strengthened our efforts to assist others in their unfoldment. We were able to maintain a fairly high vibrational level within our home throughout the year. The majority of our friends could sense the change immediately upon entering, and each sincere person who visited us added a little to the mushrooming energy sphere encompassing our quarters.

Of course, this higher vibratory rate was not conductive to my keeping both my feet on the mundane ground. I consciously functioned on more than one frequency at a time with the usual after-effects of moving to rapidly and completing office routine in a

fraction of the normal workday.

Toward the end of July, one of the men under my supervision related an incident which had been worrying him considerably. Earlier in the month, while we were conferring about his assignment, he had noticed that my whole face was undergoing a transformation and taking on entirely different features. He had blinked several times thinking his eyes were playing tricks on him, but my new face persisted. Since this man was not a student of the occult, he was unaware of the many changes that can occur when the "Auric" pulse of the fleshly envelope is abnormally accelerated. To him the manifestation was completely physical.

The cause behind this effect is a very simple one. After a specific frequency is attained, the vibratory rate of the mortal counterpart reflects the features of the light body, and the cosmic being that inhabits it. This manifestation should not be confused with the so-called astral body, which is merely a projection of the light vehicle to one of the gaseous levels existing within the physical sphere. This lower thought-form limits the siphoning of light energy from the Cosmic Root Force to such a degree that the Astral Body begins to resemble the physical form in density.

The operational frequency of the being's Earth shell does not necessarily need to be increased for projection of either the light body or the consciousness. However, when the projection is expanded beyond those spheres surrounding the Earth plane, the amount of light energy activated increases proportionately, and the physical sheath is adversely affected unless proper conditioning has established the necessary polarity safeguards.

As this cosmic force is channeled through the light body, it tends to "overflow", so to speak, into the seed atom within the Pituitary gland, utilizing the energy coupling (sometimes called the "Silver Cord") which exists between the two bodies. If the light circuits within the organic trunk are completely attuned with the seed atom, this extra charge flows more smoothly through the bodies and is "Auricly" dissipated without appreciably affecting the atomic pulsation level of the vehicles themselves. If, however, the forces are not resonating with the seed atom, a blockage occurs within the organic structure due to the surplus of light energy which continues to build up in certain areas and further unbalances the fleshly vehicle, thereby causing its sensory faculties to lose contact with the mundane time-space projection in varying degrees.

This is the primary reason for emphasizing special controls with respect to over-stimulating the endocrine glands. The awakening of psychic centers must be accomplished gradually enough for the vehicle to absorb vital new oscillations emitted by these glands, which in turn activate a series of energy vortices throughout the bodies. As these counter-rotational "funnels" begin to convert the increased pulsations from the atomic framework composing the material form which have been stimulated by a counter-balancing energy pattern simultaneously emitted by the endocrine family, these two phases of energy flow through the positive and negative networks of parallel nerve channels in the physical organism until they meet within a series of control centers which represent an application of the neutral component of polarity. After these focal points have performed their functions of synchronizing and neutralizing the energy flow, the resultant force is channeled through the aura, thus completing the circuit.

I am purposely omitting specific exercises involving the development of the various endocrine glands, as I have found by experimentation that a controlled stimulation of the Pituitary alone will awaken the other members uniformly, whereas, concentration upon each one individually tends to create an imbalance of forces and should be avoided. I was using the latter method during 1957 and it proved to be very unsatisfactory.

Following my concentration upon this "Father" gland alone, the physical self became far more stable and I was eventually able to induce considerable amounts of light energy to flow through both vehicles. Also, while seated in a closely knit circle with other students, I could direct this force "Auricly" through energy projection to the seekers force-fields thereby assisting in the awakening of the individual's dormant psychic centers.

As for myself, I was possessed with an extremely overdeveloped light body and an amazing expansion of consciousness, but had neglected to condition and balance the animated shell which houses the real self. I was still enigmatically struggling to achieve the ideal situation of being able to retain full physical awareness of my surroundings while projecting into still higher realms of light.

This dual polarity must be fully counter-balanced prior to the inauguration of any activity involving the conversion of the entire organic structure, such as teleportation, immortalization and other functional manifestations representing the mating effect of a marriage between the Pituitary and Pineal glands.

Aspirants towards the higher life should exercise every possible control in their efforts to reawaken latent faculties possessed by the bodies. Above all, they should first strive to balance the forces within the physical vehicle in order to be better prepared for the expansion of consciousness and depth of happiness attendant upon projection into other spheres.

Problems Of A mundane Existence Following Initiation

Without a doubt the year 1957 had presented a series of unique challenges to my reorientation program and to the ultimate balancing of the negative energy mass called the human body. I had succeeded in speeding up the time dimension in relationship to myself by trying to operate my organic faculties through the manipulation of light body functions.

These faculties were originally created for use by the light body in its operation within the higher spheres where the illusionary dimensions are for the most part nonexistent. However, I accidentally discovered that several of the functions could be utilized to precipitate a number of reactions on the Earth plane including material manifestation of thought energy.

For example, my enjoyment of motion pictures as well as television performances was being considerably curtailed because my consciousness was able to transcend the normal time dimension automatically and present me with a panoramic picture preview of the story from beginning to end. The same thing was true of all reading material, and in this respect there were definite advantages. For instance, by touching a book with the thumb and first two fingers of the right hand, I could receive impressions which were sufficiently strong to provide the consciousness with a complete knowledge of its content.

The difficulties of relaxing and enjoying a television presentation in our time dimension frustrated me to such an extent that I would mentally create a different series of events in connection with a given program. As I preformed these mental gymnastics I began to notice that something was affecting the pictures being portrayed on the television screen. As my consciousness reverted to full physical awareness the pictures also returned to normal to my perception, and upon resuming my mental rewriting of the plot the picture would again become vague.

I finally realized that the distortion was being brought about as a direct result of the power of concentration. After testing the theory that through mental action, this electronic device could convert thought forms into visible manifestation, I began having an appreciable degree of success in actually seeing my thought pictures enacted on the television screen. The change was affected simply by utilizing a basic cosmic principle which directed the light energy flow to project my thought forms "aurically" in a series. I did not know at the time, exactly how thought energy had been converted to a frequency capable of being received by a television set and then processed into visual and audible waves which could be detected by bodily senses, or more accurately, through a system of senses which I had developed by adapting my light body faculties and blending them with those of the organic counterpart. My wife and others viewing the programs continued to see the regular pictures but in a distorted manner.

I began to experiment with locally unused television channels, and my successes grew by leaps and bounds. Eventually I was able to create my own television programs on the regular channels without any interference to normal reception. Unfortunately, these "thought picture programs" manifested to my consciousness alone originally, as in reality, my thoughts were completing a cycle by returning to their source. However, several years later I was successful in developing a system whereby other individuals who were psychically inclined could perceive my thought pictures on the screen. Another effect produced by utilizing light energy which I explored, was the supplementing of weak signal impulses received from distant television stations. Even after losing their initial transmission strength through the distance factor involved, these signals still exist all around us at a reduced level too low for normal reception.

This is particularly true of the video or picture portion of a telecast. Some individuals have developed their clairvoyant perception to such a degree that these weak signals can be detected partly through the receiving devices and partly through the physical brain. Clairvoyance has the effect of sharpening the physical senses to such an extent that some sound and visual impressions have been mistaken for clairaudience. I discovered that by directing light energy into the television receiver on inactive channels, it was possible to amplify weak incoming signals from distant stations as well as other transmissions which were definitely not part of any telecast.

While speaking of strange or normally unaccountable television reception, I should mention that according to publicized references, television pictures which originated from stations in the continental United States have been received in Europe, some of them long after the date of their transmission. The foregoing provides a fair degree of physical proof that these signals, once generated and transmitted, retain their identities for an indefinite period, and can obviously acquire the necessary impetus and direction which makes it possible for them to be received at some remote point dimensionally thousands of miles away in space and years later in time.

I spent many hours applying cosmic principles to my experiments with various electrical devices which utilized a combination of physical or material elements and additional components created by a mentally directed regrouping of light particles. The latter were not perceptible to normal vision, but could be observed clairvoyantly, and included manifestations such as lines of force and specific parts similar to ultra high frequency electronic types currently in use. Research conducted with etheric components and circuits is not unique in the sense that all elements composing creations are actually light energy in its varying effects of vibratory rate and/or polarity.

It is my intention to continue applying this method of utilizing light energy in connection with operational "LITRONICS", a research project presently underway for the harnessing of free energy. The experiments I conducted during 1957 proved conclusively to my own satisfaction that results could be achieved, and that light energy can be converted to a multitude of useful functions which at present are dependent upon electricity as a source of energy.

Electricity is not manufactured as is commonly believed. Our relatively complex devices purported to "generate" this current, are but expensive collector units which harness a very small amount of the residual effect of light energy from the Earth sphere. Electricity, magnetism, electromagnetism and gravity, are in fact, manifestations of one and the same cosmic root force whose power is emitted through the media of light energy purposely crossing lines of force by utilizing a system of balanced and interpenetrating spheres vibrating a different frequencies. Suffice to say, there are other, less expensive ways of obtaining the necessary power to supply the needs of our present day civilization, than those being employed.

If the functional processes to be evolved through "litronics" or the utilization of light energy were to find wide acceptance on a practical level of application, all of our material resources would be substantially augmented. Instead of continuing to support a false economy and its attendant evils, we would have the means of creating unlimited abundance throughout the world. In the final analysis, this is not a new or revolutionary concept, but an evolutionary follow-through which must be expanded if we are to survive the drastic challenges accompanying the new vibrational frontiers.

There is every indication that electronics will play a very important part in the basic comprehension of the higher life when cosmic principles are utilized in connection with modern electronic devices. However, if these principles are not incorporated properly when combining material and etheric components, an element of danger exists for the operator since his vehicle constitutes a very important link in originally uniting the two

mediums, in that it serves as a conductor for molding lines of force.

Because my physical body was not entirely "grounded", so to speak, a condition which was further complicated by my time consuming research program during 1957, I led a life hardly in keeping with the accepted norm of a mundane existence, especially in the estimation of my immediate family to whom my conduct was a matter of continuing concern. For example, I went through periods of not sleeping for days on end, and would usually be sitting in front of the television receiver or in my litronic workshop experimenting with the principles of free energy. As I had not discussed these concepts at length with anyone else in the family, naturally they assumed that I was oblivious to my physical surroundings, which, in most instances, was the case.

When the consciousness is occupied to such an extent with other than worldly pursuits, the fleshly vehicle does not have the opportunity to become fully attuned with its environment, and the long range effects of an extended exposure to a higher vibrational level tend to dissociate the consciousness more and more from physical reality. For this reason, all students and researchers of the occult should exert every possible effort to maintain a continuing awareness of mundane activities.

I have stressed CONTROL on numerous occasions throughout my narrative, because this is by far the most valuable lesson to be learned before the consciousness is duly prepared to transcend the time-space dimension. Having come to KNOW from personal experience what can happen when awareness of physical surroundings is lost, I keep referring to the matter of CONTROL out of a sincere desire to assist others in avoiding these pitfalls. If, through my words, even a single individual can be prevented from making this same mistake, I would feel that my efforts were not in vain.

Regardless of how advanced a neophyte becomes in understanding cosmic principles, or what his position may be on the spiral of evolution, so long as he is incarnated in mortal substance, he is subject to corporeal appetites and sensuous reactions which are actually more drastic in their effects on the initiated than the uninitiated.

In spite of my initiation into the higher mysteries of light, I have many times been imprudent and allowed the physical personality ego to influence me, often to the extremes that I considered myself immune to the ill effects brought about by failing to discipline the mental-emotional layers of the personality shroud. This common failing among students at various stages of self development, must be recognized as a threat to their stability on all levels of human behavior. Whether the stimulus is positive or negative, its response is greatly intensified following attunement of the light body with the higher spheres.

No understanding of the cosmic plan of evolution is complete without the realization that the most difficult tests and challenges accompanying the expansion of consciousness, manifest on the Earth plane. The basic or animal instincts of our human nature are especially affected, and the temptations arising from increased appetites, particularly those involving the opposite sex, must be kept under the strictest control. Many students who have had their own negative reactions along these lines will agree with me that "moderation in all things" is the best policy. A more detailed synopsis regarding the basic functions of these particular forces within the Male and Female vehicles will be undertaken in chapter 32.

The principle behind this intensified reaction is really very simple to comprehend considering that all creations of light react equally or, in the same manner, when either the Positive or negative portion is accentuated. The opposite portion always strives to regain a balance with its Positive or Negative counterpart by exerting a nearly opposite force in a new direction. In order for the opposites to manifest as such, another portion is needed as a control point which can be adjusted to vary the degree of force being

imposed by either extreme. In cosmic terminology, this is the variable Neutral polarity.

Relative to our discussion involving individual control of consciousness during its homeward journey through the spheres, we can name our WILL, to represent utilization of the neutral function in limiting the extent of action and reaction. After neutral polarity has been achieved, we are in a position to exercise WILL, or focalized thought power, as a common denominator to advance our consciousness on the spirals of evolution. By having taken two opposite forces, and adding a new force common to both, we have created a condition whereby all these components are in a "balanced imbalance" under one control point, our FREE WILL. There now exists a balanced WILL which can further be directed by thought and combined with the WILL or balance points of other creations of light. Once this neutral polarity is established it will be found through a series of probes, that our being will begin to merge with the light forms inhabiting other spheres. The freedom to control our forces and to express our WILL can be used either positively to explore the firmament where the greater light IS, or negatively to delve into the WELL of darkness and despair.

Civilization on our physical plane in its present cycle, is actually dwelling in a mortally imposed WELL of DARKNESS. Were it not for the assistance of advanced entities living and working among us, we would find ourselves still deeper within the WELL, and it would take eons of time to complete our course in evolution.

Since we are all equally endowed with FREE WILL and the faculty to generate thought, we may choose the upward path where we retain our cosmic identity and experience a continuity of consciousness as we unite with other beings of light and finally become co-creators with the infinite one; or we may become one with darkness where we would not only loose our individuality of being and continuity of consciousness, but remain indefinitely on the life-death cycle.

Neutral polarity of being, while apparently complete within itself, is in reality a component similar to one of its own positive or negative portions, and possesses a degree of imbalance relative to other neutralized creations of light. This creative imbalance was originally conceived as part of the cosmic plan to bring all forces into a system of perfect balances to from infinity, and to force light to seek new avenues for achieving neutral polarity, thereby guaranteeing the continuous creation of new spheres. In other words, infinity itself, divorced certain portions of Itself from Itself so that creation would eternally evolve and yet allow for the system of balances devised by the Infinite One to maintain its function of absolute control. This holds true whether the light creation is an individual being or an entire OMNIVERSE.

The spacing of neutral spheres within the OMNIVERSE is such that a deliberate imbalance is permanently maintained and counterbalanced to the extent that a perpetual "balancing of imbalances" is ensured. In order to eternize this never-ending chain reaction, an ever-expanding projection of light energy, alternately imposed, became a cosmic necessity. If you will visualize momentarily, a pyramid club with an endless progression of individuals rushing to join, when the very act of joining the club creates another endless progression of individuals preparing to do the same thing, you will barely begin to fathom the nature of infinity.

The biblical Adam and Eve story symbolizes Infinity and demonstrates how an imbalance was affected when part of Adam was remolded to form Eve. This act provided a way for new Adams and Eves to be brought forth through the birth route, and allegorically represents light energy attempting to regain its neutral polarity. In this manner, two opposites – male and female or positive and negative – are capable of populating an entire universe with beings which they themselves are able to repeat the process. But, Man, through his negative thinking, lost contact with the Godhead and karmically caused the vertical imbalance known as death, which in our modern civilization has led to a distortion of the purposes of life through the conception of all

manner of contrivances having as their objective the extension of the life-span and immortalization of the physical vehicle. Of course an impregnable means already exists whereby the organic counterpart can be changed so as to become immortal, and were this not so cosmically ordained, the fruits of our search and research would be wasted. Fortunately for humanity and progress, the Anti-Christ forces are unable to extract this knowledge because of their vibrational impotency (lack of power) on the higher levels of consciousness.

Actually volumes could be written giving examples of this eternal causing and effecting of the Infinite One's cosmic plan. And yet, when truth can be isolated and made to stand alone, its simplicity is astounding. That is the basic and eternal challenge facing every initiate on the pathway of illumination.

I became firmly convinced that my earthly tenure of existence should be utilized to its full advantage in overcoming the problems, which were astronomically multiplied as a result of initiation, and disseminating there solutions. My determination to explore and follow through to a conclusion all aspects of life, included probing into every branch of learning – science, religion, the arts – so that specific areas of the human brain would be stimulated into unfolding entirely new concepts related to each field investigated. In due time, this main nerve center begins to cognate so fast that it can impress the mind with a panoramic picture of its analysis, which is so vivid and exact that it seems that the brain must be existing apart as a separate entity. There are no words to properly describe this sensation adequately, but without a doubt every student of light will eventually experience it for himself.

The final phases of "knowing self" are divided between disciplining and directing self. Only to the degree that the personality is tempered to express and expand the light does the individuality become a true channel of Universal Wisdom. Neutral polarity is the balance point through which all variables are achieved prior to speeding up the evolutionary processes which advance a being on the spiral.

Chapter 31

Mastering The Physical Body

To complete the presentation of my experiences, I am delineating all aspects of my hard won battle for balancing and controlling the physical vehicle. In this way perhaps fellow adventurers in quest of truth may be spared the disruptive extremes I have encountered or dared to precipitate.

As I more deeply explored the many nooks and crannies of the OMNIVERSE through the media of projection of the consciousness and light body, my awareness of physical or mundane activities became dangerously impaired, so much so that a climatic point was reached during the month of November 1957. A plight such as this may not appear to be very serious to one who has not been exposed to the temptations incident to projection into other spheres of consciousness, but as I learned, it can be a most frustrating and excruciating test which must be satisfactorily mastered prior to proper and systematic advancement on the path to illumination. For a more comprehensive study of the OMNIVERSE, its magnitude and its unlimited attractions, which by comparison tend to totally eclipse the allures of our contemporary existence, we must first examine the fundamentals of its structure.

I have mentioned elsewhere that each of the seven veils is broken down into seven sub-veils and continuing in to infinity. Each of the seven veils and their infinite number of sub-veils has its own sphere wherein the creative function of light energy is being perpetuated. This activity is increased and controlled in such a way as to maintain the necessary "balanced imbalances" that allow the plan of creation to continuously expand itself.

Each sphere encompassing a veil or sub-veil is composed of a basic positive, a basic negative and a basic neutral plane, all three having an endless series of their own breakdown patterns. As in the case of the veils, these smaller components may be called sub-spheres and sub-planes. The sub-planes follow the pattern of sevens in their infinite sub-divisions. However, this is not true of the sub-spheres. The SEVENS end with the creation of forty-nine sub-spheres, as a new pattern involving twelve and one begins.

Each of the forty-nine sub-spheres is divided into twelve additional spheres, half of them being positive and the other half being negative in polarity. With each positive and negative sub-division, a neutral component is supplied which acts as an accentuator and control point for both sub-divisions. The continuous rhythm of creation made manifest in this way is permanently ensured by the pendulum effect of an imbalanced application of the neutral polarity, whereby the internal action within a sphere is expanding through consolidation.

We now have three manifestations of light energy, the positive, the negative, which when combined with this neutral phase which is manipulated by the OMNIVERSE PULSE to create an <u>alternating imbalance between the positive and negative components in never-ending cycles, serve to consistently generate more and more energy.</u> The output of this Cosmic Root Force is channeled in two directions at once and manifests alternately positive and negative in polarity. One flow is outward toward further creation, while the other reverts back through its parent spheres and veils, causing an increased energy reaction as it travels. The light energy is then filtered through the basic seven veils into the neutral universes thereby alternately building up the positive and negative systems of universes. Simultaneously the OMNIVERSE is caused to pulsate and eternally neutralize its entire network of forces, so that a condition of <u>Center Polarity Eden</u> or perpetual motion is permanently maintained.

The net measurable result of this expansion is the effect it has on the creation of new and unusual planes of existence, along with a type of entity that would be required to manifest itself as an expression of life on such planes.

The activated rhythm of creation described above, has brought into existence countless beings and planes that differ from our own in many bizarre ways. Anyone who is able to perceive entities clairvoyantly knows that at times they appear both smaller and larger than the average human being. Psychic individuals have also observed that what is thought of as empty space abounds with life forms so numerous and varied that space itself begins to appear solid. In reality, it is composed of worlds beyond number, all vibrating at infinite cycles of frequency, and possessing extremes of dimension when compared with our plane of eternity.

It is true that clairvoyant sight can penetrate a multitude of veils, but as long as the person practicing clairvoyance remains on the Earth plane, the impressions received by his consciousness are on a physical plane background, so to speak. When the relative sizes of entities or any of the manifestations from another vibrational level are superimposed upon our physical surroundings, it is found that great differences manifest dimension wise. However, when the light body is properly projected to the various planes all such extremes cease to be apparent. The basic body always manifests itself by being cloaked in light energy drawn through the sphere encompassing the plane with which it is becoming attuned. In this way the body is in a state of complete relativity with the creations of that frequency.

Incidentally, the photographic evidence I was fortunate enough to obtain, proving the existence of entities from other planes, indicated without a doubt that there is a great variation in the size of these beings in relation to our fleshly proportions. Results of clairvoyant perception conducted from the material plane and those obtained with a camera are dimensionally the same.

Clairvoyant powers can also be activated by a being while in the light body on either a higher or lower plane, through the projection of consciousness utilizing light energy. When the student has progressed to this point in projection technique, he will be enabled to make full use of these cosmic principles.

There are extremes of creation which are comprehended intellectually to a degree at least when correlated to purely physical effects. For instance, some universes in existence can be contained within an atom or within the smallest component of an atom. Conversely, our universe is very definitely located within a minute component of a similar particle having its being in a universe possessing fantastic dimension, at least when our frame of relativity is used as a basis for comparison.

Though it is not my wish to startle anyone or strain his credulity, it was necessary to enlarge upon these concepts in order to explain that each of us has been in the process of creating his own universes since we initially departed from the Infinite source in our evolutionary cycle. What I have presented regarding inter-dimensional manifestations I KNOW to be true. Some of the readers of this books already know these facts , while others have been aware of their probability as a result of enlightening experiences they have undergone. The time is not too distant when even such verities will be pushed into the background by far more electrifying revelations.

I had been initiated into the phenomena of midget and giant universes during the month of October 1957, and had followed my usual foot first drive into new and awesome concepts of time and space by projecting into the spheres encompassing the outermost bounds of the OMNIVERSE. Of course, this multiplied my problems of retaining a conscious grasp of the physical plane a hundredfold, because projections into these extremes called for the transcending of dangerous vibrational frontiers which I had not been prepared to bridge. There were periods when the organic counterpart reacted more

like a zombie than a normal individual, a development I now realize how they must have felt, and again I say that when incarnated within a mortal body, each being must guard against plunging into anything beyond the point of losing awareness of his physical surroundings.

Before relating the climatic point in my self-development, I would like to outline the principles governing what may be termed "our own universe". Every thought we generate is permanently recorded in light, and becomes part of a "thought library", or composite thought form of the evolutionary progress we have made throughout our incarnations on all planes and all planets and encompassing all spheres up to and including our present lifespan. Moreover, our future path through light is established by our past actions and predetermined to some extent by the cyclic law of action and reaction, often referred to as the "Law of Karma".

The most vital effect of our past actions has yet to be demonstrated through general instruction and not limited to vague references disguised in symbols. This has to do with the creative power of thought. "To think is to create", and each thought sets up an energy pattern which is continually being combined through our co-creative vibrational spark, with previous thought forms, and reduced to a common denominator of creation by the interaction of light energy within our light body. This interaction is eternally being neutralized and nourished by the LOVE vibration.

Christ affirmed a basic cosmic truth in his teaching that a PLACE has been prepared for each of us following our successful journey upward through the realms of light. After our consciousness and light body have reached a fixed vibrational plateau we become attuned with a sphere that was created by the Infinite One from the unlimited power within himself. It is a sphere of Pure Love, and is known as the "Christ Sphere" containing the Christ Force.

The Christ Force possesses creative powers surpassed only by the Infinite One himself. When a being is sufficiently evolved and attuned with this sphere, his thought pattern common denominator begins to utilize the great creative force to prepare a PLACE within the OMNIVERSE that will represent, through the solidification of light particles, a divine creation of the being's Godhood. This individualized sphere is located within the cosmic light body of the Christ himself who was the first individual being projected from the Infinite One to return to its source.

The Christ Spirit was literally the Divine Love portion of the Infinite Ones being, which was projected into matter for the purpose of knowing itself and inaugurating the creative function of Divine Love. When the Christ Spirit returned, its sphere of being was so expansive that is was able to encompass the sphere of The Infinite One and literally envelope its Father-Mother being with Pure Love. It became the GATEWAY to the Father as well as the tempering channel for conversion of the Infinite Cosmic Root Force flowing through this great being.

The Christ Spirit with its Love function conditioned this unlimited force so as to manifest it as light energy, and further controlled its radiation by means of the system of "balanced imbalances" which I have previously mentioned. The Infinite One, by virtue of his self appointed mission of balancing the unlimited and ever increasing new force perpetuated by the Omniversal Pulse, is composed of a vehicle which must withstand the uttermost extremes of light. Were it not for the Christ sphere's capacity to absorb and convert this increasing force to light energy, thus controlling its distribution throughout the Omniverse, the Root Force would become self destructive and creation would cease to exist. By accomplishing its mission, the Christ Spirit is continually expanding its sphere, which acts as an unlimited reservoir for the storage of the great Love Force.

The Elder Brother taught that the "Father" could be reached only through him. This being known to us as Jesus the Christ was but a light projection from the source,

and the first to re-unite with the body of the Infinite One, thus in truth becoming the Great Cosmic Christ whose light body was so expansive as to actually be transformed into the Christ sphere or Christ Force representing the inner ring surrounding the Creator. The light projection of this Great Cosmic Christ was so powerful that a special vehicle had to be developed for its manifestation on Earth almost 2000 years ago. In spite of a perfect physical channel, the Christ projection was forced to leave the mortal body for extended periods of time to prevent its premature dissolution.

Because our beings, as well as our creations, are encompassed by and are a part of the Christ sphere, our universes, brought into existence through the common denominator of our thought forms, become an integral part of the atomic framework of light composing our individual sphere and extend outward into dimensions difficult to fathom.

Yes, by mundane standards the dimension of such creations represents the ultimate in infinitude, but without this physical measuring stick, what do we have? Then consider the opposite extreme and try to visualize how infinitely vast the Christ must be and the Father beyond him. To grasp even a minute conception of this, all secondary EFFECTS representing the physical universes we inhabit must be removed from our awareness so that nothing exists but the consciousness. This achievement is not as impossible as it may sound to someone who has never attempted to analyze anything through a medium other than the conscious mind.

Before detailing the method I used to locate and enter my own "Universe", or the sphere that my thought forms are constantly creating and modifying, I wish again to caution the aspirant regarding the inherent danger of the following exercise should he unwittingly lose awareness of and connection with physical reality.

*This exercise is really a composite of several practices individually taught as part of widely publicized occult courses of study. However, the original formula including a previously unknown practice granted me directly from the Cosmos, is not associated with any teaching I am aware of, nor have I ever before presented it for use. The exercise may or may not enable others to achieve higher states of consciousness, but I will explain the technique, feeling confident that if proper precautions are taken, the student should suffer no ill effects as a result of applying himself. In fact, he may derive hitherto unknown benefits in relaxation, and heightened awareness of self.

Basically, the key principle underlying this combination of exercises is to provide for a suspension of the majority of body functions in order to allow the consciousness to merge <u>with itself</u> within the "seed atom" located in the Pituitary gland near the center of the head. Of importance is that the exercise be practiced in parts at first with the thought in mind of retaining complete awareness of the current incarnation.

If at any time during the procedure this link appears to be slipping away, the exercise should immediately be discontinued and full consciousness returned to the physical plane. In some instances an intensified awareness of environment may manifest as part of the overall awakening effects resulting from this application of cosmic principles. However, during the earlier stages of development, utmost control must be enforced, until it becomes second nature.

There are three main divisions to the exercise, one completely physical, one both physical and mental and the third completely mental.

First, learn to breath twenty-one (21) times as rapidly and as deeply as possible and then hold the breath as long as can be endured without straining. This may be rather difficult in the beginning but with practice, you will find that the breath can be suspended for increasing lengths of time. Also, at first attempts you will experience a floating sensation which is not unpleasant but until you become accustomed to it, this new

feeling may cause a little apprehension. <u>In the event you are forced to resume breathing, immediately take three deep breaths holding each one at least forty-five seconds before proceeding</u>.

Since the mortal self is normally untrained in forced breathing or hyperventilation, each individual must undergo a period of conditioning before definite results are obtained. Possibly in the beginning a slight dizziness may be felt, but this also can be controlled with practice.

After some degree of success has been achieved in holding the breath without discomfort, keep your breath suspended, and direct the entire consciousness to the lower extremities of your body. Secondly, beginning with the toes and gradually moving upward, concentrate intensely upon each part of your anatomy until the head is reached. Here again, with practice, the proper timing can be perfected. As the consciousness is enveloping the body, create a mental image of yourself directing light energy into each atom of your organism. Use the power of your WILL and mentally pour on the oil so to speak. Meanwhile do not forget to remain aware of physical surroundings. You will feel a new vitality surging through the fleshly vehicle, which will increase as the consciousness continues to move toward the head. While the additional energy surge is vitalizing your two bodies, you will discover that much less effort is required to maintain breath suspension or to retain physical awareness. Also, the new strength now manifesting itself may cause you to feel very light and fully capable of moving out of the physical vehicle. Restrain the impulses of leaving your body, for that would defeat the purpose of this particular exercise which is intended to accomplish the opposite, that of projecting to the nucleus of your being – your seed atom.

Along with this influx of energy, try to feel the action of your internal organs, which incidentally, will be much easier than you think because all faculties are now in a supercharged state. As you reach the head, concentrate on its entire outer surface until you feel it tingling all over. Now start to reduce the scope of concentration toward the center of the head maintaining a gradually diminishing spherical pattern. It is very important that you hold a strong mental picture of this action during this exercise.

Now before considering the last division, let us observe what has happened to our bodies during the first two stages. During the initial or breathing stage, we brought much larger quantities of air into our lungs at a highly accelerated rate. There is a certain essence contained in the air we breathe which usually does not penetrate the body any further than the lungs simply because in currant Earth shells normal respiratory habits are no longer capable of fulfilling this function. The essence, therefore, is exhaled from our lungs before it can provide lasting benefits to our inactive faculties. However, by utilizing our forced breathing method to overcome this karmic degeneration, the vital essence is enabled to reach evolutionary dormant psychic centers within the body exploding them into action. In turn these essential components condition the physical vehicle in such a manner that it can withstand a much higher vibratory rate and permit a greater influx of light energy to flow through. This essence, which is actually a force, also plays another part by helping to energize the nervous system and prepare it to withstand the shock of a departing light body, accompanied by the consciousness, as well as assisting in the important function of stabilizing the vehicle with its home sphere following projection.

One effect of this supercharged state on the consciousness is the creating of the desire to vacate its material housing, which I have mentioned must be a point of control during the second stage of our exercise.

When we began to direct light energy through the physical counterpart in a focalized manner by utilizing our thought power and will, we were following a logical pattern initiated by the breathing exercise. By the time the consciousness was concentrated near the center of the head, the vitalization cycle had generated so much

power that a tremendous amount of extra light energy was beginning to bombard the Pituitary gland. We then experienced a series of sensations associated with the higher potentials of our being as a result of this energization of the "Father Gland" – the Pituitary – and its positive effect on the entire Endocrine family.

These glands immediately stated to emit a special current of balancing, neutralizing and amplifying energy of their own, which induced the light energy we had initially directed to flow in cycles through a series of energy centers, dormant nerve centers and finally through the Endocrine system of glands themselves. In the meantime, the main energy flow continued to build up which in turn increases the vibrational level of both bodies in proportion and maintains a balanced ratio or relativity between the two. The main balance of force is still being controlled by the consciousness at this point, and continues to be controlled so long as the individual does not allow his new feeling of unusual power to affect his purpose.

At the onset of the third stage I might mention, your organic sheath can possibly be manipulated into creating a number of startling effects, i.e., teleporting itself to another physical location a few feet away, levitating slightly, moving out of the time dimension to a slight degree, or to some extent penetrating solid matter. However, consider these manifestations as danger signals, and whatever happens, <u>REFRAIN FROM WILLING YOURSELF TO MANIFEST ON SOME OTHER PLANE OF EXISTENCE</u>. One's thoughts during the final steps of the exercise have far-reaching effects, as I discovered through painful personal experiences.

There is another phase of control that must be emphasized before continuing. No doubt some of you will be experiencing various degrees of success with this exercise, and henceforth should be enabled to utilize a moderate amount of creative force new to you, which could, if not properly controlled, endanger others as well as yourself. I will state most empathetically that in the event this power is used in a deliberate attempt to possess, obsess, or control the mind of another in any negative manner, the person most affected will be the individual who misuses it. The return of the energy cycle could, if your original energy directing thought were lethal enough, serve to affect your transition from the physical plane instantaneously; Your Cosmic incarnation would be terminated, and any previous beneficial evolutionary increases nullified. In other words, you are in actuality committing suicide on a universal scale by reversing the great Christ Love Force. These words that I write are not superficial viewpoints, nor are they mere opinions contrived for the purpose of filling in space.

Of course, the immediate and direct consequences I have delineated above represent an extreme. However, lesser extremes do not provide for a particularly desirable existence. For example, rampant forces could be set into motion within the practitioner's own being which would cause so disastrous a reaction as to permanently wreck his mental and physical balance. Inside the confines of a mental institution, I have had ample opportunity to observe persons in this condition, and to explore their minds; the only emotion that can be felt for them is pity.

I would not be discharging my full Omniversal responsibility in the event such negative after effects due to perversion of this force, were not revealed concurrently with the exercise. In addition, the practitioner will possess knowledge of the cause, operation and effects of these principles prior to his initial experiment, and never before in his entire Cosmic existence will the conscience be more important as his guide.

If, by portraying eternal truths, I can help unshackle even one person from the bonds of ignorance, fear or superstition, my efforts will have been worthwhile. In spite of the fact that common fact dictates we should not plunge into matters we cannot control, it is not always easy to do when utilizing cosmic principles. We may be perfectly balanced within our consciousness with no loss of memory or awareness of our mundane surroundings, and yet we may say or do things which will cause others to question our

sanity. Obviously, we cannot expect all human beings to understand occult teachings precisely as we do, so we must make allowances and guard our speech. Each and every Emissary of light should be willing to experience the depths of humbleness, and be ever alert to the opportunity, however great or small, of assisting his fellow man.

Although I have never deliberately misused any cosmic principle, I have permitted myself to make extensive use of several key exercises without being properly prepared to control their reactions, and to me, the necessity of requiring medical assistance to accomplish my final reorientation with the physical plane was sufficient to prevent a recurrence. I was a very happy person indeed, after having finally developed the procedures of mastering my mortal self and keeping its vibrational level within safe bounds.

By now I hope the aspirant is sufficiently impressed with the word CONTROL, and has it permanently implanted in his mind before attempting to undertake the final and most revealing phases of this exercise.

Our objective is to effect a concentration of consciousness within the seed atom located in the Pituitary gland. Having already focused your thought energy to an area in the proximity of the Pituitary Gland, now gradually pinpoint this force to the approximate center of the head where it will be drawn to the Pituitary Gland through mutual attraction due to the inter-action of polarity. If you are not aware of your physical surroundings at this point, the exercise should immediately be discontinued for the time being. If you are aware, you will know that you are not now feeling the natural body. You are balanced consciousness enveloped within the neutral area of your own being and are no longer subject to organic functions as much. Your only link with physical reality is the feeling of being suspended within SELF, though retaining perfect awareness of your ability to animate the mortal shell merely by WILLING it.

It would be well for those of you who are seriously interested in conducting this experiment to re-read carefully the instructions given so far in order to absorb their meaning and purpose. All precautions must be taken into consideration. Upon reaching the state I have just described you must bear in mind one very necessary prerequisite to the creation of any additional "action" thoughts, which is – TO CREATE WITH ALL THE POWER OF YOUR WILL THE MENTAL PICTURE THAT YOU ARE SEALING YOUR PHYSICAL BODY WITHIN YOUR CONSCIOUSNESS AND THAT YOU CAN ANIMATE IT AT ANY TIME YOU DESIRE !!! This safeguard may not seem important to you now, but I KNOW what the status of your consciousness will be after you have affected the condition of being suspended within yourself. Also, I have faced temptations you will be encountering then, so be absolutely certain to brief yourself thoroughly, even before practicing the initial breathing exercise.

The next step you are preparing to take is to slowly move the consciousness into the seed atom. Do this simply by creating the THOUGHT that you are leaving the physical universe to enter your innermost self, and that you are not advancing any further unless you WILL it. This is most important. It is necessary to proceed cautiously, because from here on, the WILL plays a commanding part, and the slightest urgency can cause to fast and to far-reaching a reaction. Once you have entered the seed atom, there are no dimensions until and unless you create them! If the link with your physical vehicle is firmly established there is no cause for alarm and no need for haste.

You are now ready to actually enter the seed atom. Following the creation of the THOUGHT as to what you are preparing to do, hold that THOUGHT in your consciousness and create the mental impression of AOUM – (AHOUM-M-M). At the very beginning of the experiment practice intoning this vowel sound until the entire organic counterpart seems to resonate with its vibration. To reconstruct the sound mentally, duplicate the manner in which the resonance was first produced, and when the attunement is complete you will feel a radiation of pure love and oneness with the creator permeating your light body. At this point all sensory perception will be channeled through the faculties of

the basic body, as the stimulus-response mechanism of the physical vehicle has been suspended unless WILLED otherwise.

Dispense with extraneous thought activity for a moment, while becoming accustomed to and basking in this primal radiation of LOVE and BEINGNESS. Then visualize the most perfect thoughts you are capable of conceiving. Do not be surprised if you should suddenly feel beautiful sensations of what you decide must be music, but of tangibility never before experienced consciously. This impelling perception will give you confidence and provide an added incentive for exploring the coefficient common denominator of all thoughts you have created since leaving the Infinite light as an Individual manifestation of the One Infinite Being. Bear in mind that in your present state of attunement there is no semblance to time, space or any of the dimensional limitations known to us on the physical plane, unless you create them.

When your frequency is such that you are ready to become a part of the Love vibration being then emitted from your seed atom, crate the THOUGHT that you are WILLING yourself to make one projection into the atomic structure of your light body and RETURN. Use jointly the love vibration and music as companions, and again mentally intone the AOUM.

I cannot predict the results of this projection, nor can you, until you actually make a trial exploration into a sphere of your own creation. I do know that the inversion of consciousness will be a very enlightening experience through which to gain a glimmer of insight into the vast potential of self, under the complete control of your WILL. Once you have projected successfully, you will have acquired a most valuable key to further expansion of the consciousness.

I recommend that following the first projection, you create a mental picture of returning to the fleshly envelope and then intone the AOUM. Immediately the consciousness will be centered within the physical self again. Actually, you have never left yourself, as you are eternally fused with your seed atom. However, in projecting to spheres apart from your-self the story is quite different, and great care should always be taken when proceeding without assistance. Usually your guide will be available to accompany you, although he is prohibited by cosmic law from interfering, should you be foolhardy enough to venture forward unaided. In any event, he is certain to offer advice once you have become accomplished in receiving his thoughts. The help should suffice to expand your comprehension of projection into unknown and indescribable spheres, and very vividly enrich your understanding of the basic concepts taught by the Christ – "The truth shall make you free" and "The kingdom of heaven is within".

Fellow adventurers, never forget what I have repeated time and again about the necessity of mental discipline. It is far better to safe than sorry. Through the proper methods of applying cosmic principles, the entire OMNIVERSE is opened to anyone who has the courage to bridge contemporary frontiers and explore new horizons.

Since achieving the final balance of forces within my being, I have come to realize and appreciate the true value of effective control techniques in employing the wonderful tools of creation not only to further my own investigations into infinitude, but also to gain insight into relationships with my fellow man and observe the many advantages this form of civilization offers when a sincere effort is made to be happy with the things we have. There is good in everyone and everything when we have positive thoughts, particularly when they are directed toward assisting others in knowing themselves.

My own irrepressible desire and enthusiasm for unlimited projection into the vast unknown, had led me to disregard for too long a time all good intention of maintaining correct vibrational balance following initiation. More and more the physical plane was beginning to manifest to the consciousness as only a partial materialization, and towards the end of the year 1957, I was to face the greatest crises in my reorientation program.

I finally conceded that further medical attention was unavoidable. Arrangements were made affecting my return to Walter Reed Army Hospital on the 21st of November 1957, for an additional series of treatments. Gradually, over a period of four months, and having cosmic assistance linked with my will power, I was able to synchronize my vibratory frequency to the extent of solidifying final control of the fleshly vehicle and thereby reestablishing full affinity with the physical plane.

After my case history had been thoroughly diagnosed and reviewed by an impressive staff of specialists, a recommendation was made to the department of the Army for my temporary retirement. (This recommendation was approved and I was restored to civilian life on March 21st, 1958. My retirement was terminated in January of 1963.) The consensus of cumbrous medical opinion indicated briefly that because of marked schizophrenic tendencies in my make-up, my future stability was questionable.

Strictly speaking, there was no acceptable basis for defense of my so-called "nervous condition", since individual "Initiation" of consciousness has never been included in our established worldly curriculum of growth activity, nor is it compatible with current medical practices. I, therefore, welcomed this decision and the opportunity it would afford me to carry out my mission in life – that of assisting others to transcend their three-dimensional concepts of being – without the dampers that had been imposed upon my heritage of absolute freedom. The attainment of cosmic knowledge that on one hand leads the initiate to "know himself", on the other creates a dual or triple mental function, which if not properly controlled, directly reflect symptoms of a "split personality" or schizophrenia. Medical science has not publicly admitted that a true self or soul, exists which is capable of manifesting its individuality separately, thereby making all other personality functions harmoniously subservient to it. These functions, if not properly coordinated, lead to various stages of mental derangements and ultimately to dissolution of the conscious mind.

Unfortunately, the majority of schizophrenics are the victims of obsession or possession by one of many discarnate entities, who lack spiritual attributes. For the most part these tormented individuals are unaware of such obsessions and attribute these tendencies to personality defects or deviations within themselves, not realizing that character weaknesses provide an attractive gateway through which disembodied spirits may enter and manifest. Whether "schizophrenic reactions" are caused by the real self or are the effects of an obsession, steps should be taken by all students of light to avoid the pitfalls of an extreme, either too high or too low a frequency level.

Cosmic illumination does have the natural follow-up of necessitating the initiate to live two, three or more "lives" at one time, depending on the number of initiations experienced, the accompanying plateau or level of divine enlightenment achieved, and most important of all, the evolutionary missions of the current embodiment. The higher the degree of advancement, the more difficult it becomes to "act out" the physical personality that has developed during the present incarnation. Therefore an initiate should never consider him-self immune to the possibility of exhibiting split personality tendencies, or schizophrenic reactions.

Whether our roles were self chosen or assigned by mentors, we must learn to "play our part" in the perennial drama of life to the best of our abilities and through the most fruitful channels available. In this manner do we ultimately regain our birthright and begin to assume our full stature of being as members of the Godhead and co-creators with the Infinite One.

Chapter 32

Woman's Part in The Cosmic Plan

This chapter is devoted to an analysis of the unique influence exercised by the feminine member of our civilization during each act of incarnation on the physical plane. Woman has been referred to as the negative sex, with Man as the positive. Contrary to popular opinion, it IS a Woman's world, especially from the viewpoint of a being who elects or who is selected to incarnate as the negative polarity of light energy on this plane. The responsibility for the degree of evolutionary success each civilization achieves has been assigned to Woman. She is supplied with a greater degree of the negative effect of light energy than Man is supplied with the positive effect. There are several fundamental reasons for this.

Primarily the physical planes represent the extremes of positive and negative expression. Our plane, as I have mentioned, is the negative physical plane of the Earth sphere. The negative plane represents light manifesting at a lower frequency than the positive plane. As part of the cosmic plan to continue the process of creation by causing imbalances, each one of the two planes is influenced by a certain amount of opposite force existing in the other. This holds true for the male as well as the female physical bodies.

The strongest manifestation of the neutral phase of the Cosmic Root Force light energy, and the one that underlies all creation, is known as the LOVE VIBRATION. The female physical vehicle through its higher negative charge, so to speak, attracts the love vibration more strongly than does the male vehicle with its positive charge. However, both bodies attract one another, and basically the male is more affected by the mixture of negative polarity and love than the female by the mixture of positive polarity and love emitted by the male. This constitutes one way in which the negative function is accentuated in the female to have a more positive reaction upon the male, thereby casting him in the role of aggressor. The woman being less affected assumes the passive role. The more passive the female vehicle becomes the more aggressive tendencies of the male increase. When a critical peak is reached, the love vibration being drawn by both sides, even though not balanced, sets up an energy emotion that is a composite of the predominant force in the male and female blended with the neutralizing effects of the love vibration. In a sense, two such individuals are vibrating at the same frequency and are said to be "in love" with each other. Physical love can be considered as the drawing together on the physical plane of the positive and negative forces through the common denominator of the physical emotional energy of the neutral love vibration.

While this affinity or balance of forces connects two people in an emotional bond, it fails to activate the lesser opposing forces existing within their bodies. Here again the woman accentuates her negative, but in a positive manner. She becomes the aggressor by subconsciously using her positive force to awaken the negative light energy in the male physical vehicle. The reaction, however, does not result in further attracting the male to the female, but has quite the opposite effect, due to a corresponding subconscious reaction on the part of the man. As the negative component of the light energy within the male exerts itself, the love vibration of the neutral pulsating light energy blends with the higher positive and the lower negative thus achieving a change in polarity by building up the negative energy, which actually brings about a condition wherein the male vehicle is becoming temporarily bisexual.

After the negative energy has increased sufficiently in the male to attract the lower positive energy within the female a similar subconscious reaction ensues, which once again changes the polarity and causes the woman to become somewhat bisexual, but not to the degree exemplified by the man. The differential between imbalances is so polarized as to continue the cycle back and forth from male to female indefinitely. The

interaction serves to gradually raise the vibrational level of the entire sphere surrounding us. These subtle manifestations of lesser forces are not restricted to those "in love". All men and women are affected by each other through these unknown polarity changes, often to the extent that a deep love is manifested for one's fellow man. Whatever the relationship, the progression of the entire cycle is controlled mainly by the degree of love for humanity possessed by woman. This is so because of the great concentration of negative forces composing her physical vehicle.

Light began to originally know itself through the introduction of an opposite or negative force. The Infinite One designed the best possible vehicle through which to continuously create imbalances and thereby force light to maintain its creative functions throughout eternity by endeavoring to reach an impossible degree of neutral polarity with itself. What more perfect negative could be devised to attract the opposite than woman? It has always been and always will be thus.

A familiar and interesting effect of the conscious physical love emotion between a man and woman is that the partners gradually take on like physical characteristics in cases where marriages have been harmonious over a period of years. These outer manifestations are brought about by changes occurring in body chemistry as a result of mutual interaction of polarity which has remained constant for a length of time. The intensity of this interaction is the governing factor controlling the polarized affinity.

Since free will has been granted each being, it happens that by nurturing the emotion of hate, or the opposite of love, Woman can reverse the functions of the love vibration and cause a chain reaction throughout the energy field composing each sphere, thereby lowering the overall vibratory rate and impeding the evolution of the sphere itself.

Man, however, is not entirely blameless in spite of the fact that his emotion of hate does not affect the vibratory rate as much as does the same emotion in woman. He simply becomes less positive in proportion to the amount of energy his light body feeds to the physical vehicle as the result of having created a negative energy manifestation through hate. In this instance, the function of the love vibration is not called into action to exercise its neutralizing effect and the net result is that his aura emits less positive energy to be absorbed by the sphere encompassing him.

The Infinite One – a perfectly balanced neuter being – is the symbol of pure love, and contained within this love is the secret of all creation. The love vibration flows through the neutral phase of light energy from the very center of Infinity – the seed atom of the OMNIVERSE – and becomes the strongest power in existence, endlessly creating in an ever expanding cosmos.

The female physical vehicle was ideally wrought to provide the love vibration with a channel and a means through which its purposes of procreation could be accomplished. Just as love is the highest expression of light, so is woman potentially the truest exemplification and exponent of love on the physical plane. She possesses a far more complex emotional nature than man, as well as more fully developed intuitive powers which increase her sensitivity to the higher vibrational levels and cause her to feel the effects more keenly. Moreover, Woman, having forged a closer link with love, is endowed with a deeper instinctive perception of the divine aspects of creation than is Man, and for this reason she may achieve greater evolutionary progress in a given incarnation – all of which would account for the necessity of beings having to experience both male and female incarnations during their evolutionary cycles.

Of the various metaphysical groups I have contacted, the majority of the students were women, and they indeed appeared to progress more rapidly than the men. In general, it seemed they had a better grasp of cosmic principles, although there definitely were cases of men attaining higher states of consciousness suddenly, or with very little

effort. Unfortunately though, the female member rather than the male experienced the most difficulty in learning control once she began to awaken. This handicap can create a dangerous imbalance, because the energy emitted from her aura has a great and direct influence on the man and his state of being. It is imperative that woman, particularly, be conscientious regarding the matter of control, when so much depends on their stability and awareness in connection with their utilization of light forces.

It is a cosmic truth that love makes the world go around, and unquestionably the gentler sex assumes the larger portion of responsibility in the WISE administration of this most important force, be it physical or spiritual. In the drama of "physical life" it behooves the positive sex to give the ladies their rightful billing. Both sexes play a part, but with their exceptional gifts of improvisation and insight the female actors by far outdistance the male in generating talent. May we respect them always for what they are – the major physical representation of the divine love of our creator.

All phases of love in their proper perspective lead to a more exalted "feeling" of life. In this sense, the command of our master Jesus the Christ, "Love Ye One Another", takes on an added meaning and becomes the keystone of cosmic law. On the physical plane, a harmonious understanding and joyous cooperation between the sexes would constitute a vital step forward to greater awareness of self, whose multifaceted simplicity of expression may be envisioned but never fully realized through our limited emotional resources. Only to the degree that we are able to expand the higher potentials of light within our being, do we hasten the establishment of a true brotherhood of man on Earth – with LOVE as its guiding law and WOMAN as its divine symbol

Chapter 33

The Unlimited Omniverse

In concluding my first book, I regret that much of what is destined to be revealed must remain dormant partly because our subject matter cannot be evaluated in temporal terms or reduced to purely physical equivalents. More far-reaching however, is the realization that cosmic love, once tapped, is Infinite, and that there is nothing too large or small, or too inconceivable not to be contained within its sphere of creativity.

In a practical sense, there is a limit when applying occult principles, as to which ones are of immediate value to the individual who is sincerely interested in developing latent powers and abilities along metaphysical lines. The special exercises and specific keys presented in the foregoing chapters are primarily intended to reawaken the inner powers of thought and enable the aspirant to wing his way to the fount of true knowledge and wisdom. It will be my privilege to define in subsequent writings some of the more evolutionary cosmic facts, rather than to continue dwelling on narrations of my own experiences.

I have diagnosed, impartially I trust, many of the high-lights in my own search for reality, with the thought in mind that others might be benefited. I feel this to be particularly true in regard to the unforeseen hazards and pitfalls a student of light will encounter along the way. It was necessary to detail their existence empathetically enough to create lasting impressions of caution within the consciousness of the Neophyte.

It might well be stated that the quest for truth or for all-comprehensive knowledge of the secrets of the OMNIVERSE is in itself never ending. Since the expansion of creative forces composing the OMNIVERSE is unlimited, finality can never be achieved, nor is it desired, as a part of the cosmic plan to eternally thrust the extremes of light to all possible ends. The constant interaction of these forces is so precisely regulated as to cause a continuous creation of new and stronger reactions, which follow a rhythm of controlled manifestation in their ever expanding effects.

A projection of such Infinite magnitude must, of necessity, provide for the conditioning of its components, including Man, prior to entry into new and evolutionary phases of existence. When entities were first brought into being as an integral part of creation, they expressed as individualized manifestations of light. In order for these entities to exercise creative functions of their own, the Infinite One, of his great love, invested each and every entity with FREE WILL to develop what has been called a consciousness. Thus each of the units became a self-directing being of light. In addition, the Infinite One instituted a conditioning process which was to become known as evolution and which consisted of a series of spheres of light energy, set aside and reprojected into several opposing forces in such a way as to provide a path for these manifestations of light to follow in the unfoldment and expansion of their individual consciousness.

This process originally created groups of entities destined to experience consciousness development through the trial and error method. As they gradually advanced themselves on the spiral of evolution, attaining ever higher plateaus of consciousness, they in turn imparted their hard won knowledge and wisdom to younger brothers travelling the path behind them. These great beings constitute the original group of Elder Brothers who represent the supreme hierarchy of the Christ Group, and who are sometimes referred to as the God Group because of the incredible creative powers they command.

Each one of us is spiraling at a point somewhere along the path of evolution where the effects of how we have utilized our free will have placed us. The Earth itself is subject to a cycle of evolution which was designed to prepare this type of creation for its ultimate conversion into a Sun. To a vital extent the combined thought energies (common denominator composite) generated by Man effect the evolution of our entire planet. The planet Earth is symbolical of a school building having many rooms with secret doors. If the pupils in one section decide to burn their room and the fire blazes out of control, it can destroy the entire school and the pupils with it. The students who possess the keys to open the doors may save themselves and others from an untimely end.

Throughout every one of our embodiments we have had available to us the guidance and wisdom of these Elder Brothers, as an evolutionary means of overcoming the obstacles purposely placed on the path to test our understanding. By failure to heed their advise, we may, in our straying, become so hopelessly ensnared in illusion, that our progress would be seriously impeded and unduly delayed. Many of our Elder Brothers have voluntarily retraced their steps on the evolutionary spiral to shepherd a group who has wandered off on a by-path, and help them to find their way back to the fold. They wish to share in the soul-warming experience reflected by our happiness as we arrive at key points along the way that accelerates our ascension into higher spheres of being.

In recent times our entire civilization has seemingly become side-tracked upon a gigantic detour in its reactionary deviation from the highroad which would lead us most rapidly into the prophesized Golden Age. Some of us have accepted the guidance of our Elder Brothers and have returned to the celestial trail, while others, unfortunately, are still following the advice of younger Brothers who lack even the wisdom of the majority, and are obsessed with their own negative thought patterns boldly adapted to the gaining of dominion over their fellow man.

Our Eldest Brother has incarnated on Earth numerous times in order to lead civilization toward the most direct terminus of eternal life. In his incarnation as Jesus the Christ, he exemplified many principles to us, the most important one being "Love Ye One Another". When the law of love is finally understood and universally applied, the Brotherhood of Man will function mundanely as a divine attribute.

Still, in our midst, we entertain a host of false prophets of many tongues, who unwittingly or otherwise, lend their questionable talents to those who in there lust for domination are conspiring to enslave us all, and then drive outward into space to gain control of and exploit other planets. These insatiable lords of conquest propagandize at least, that humankind is the only manifestation of mortality having actual existence within the universe. They have openly attempted to discredit the possibility of life on other planets, especially as presaged by the return of the "Wheels". Our wayward Brothers in their fiendish guise of puppetized tools of Satan, have apparently or purposely lost all awareness of their divine inner self and the efficacy of cosmic truths. How else could they so blindly ignore the revelations recorded in our Bible, or deny the credence of such statements as made by Paul in his letter to the Corinthians: "There is a natural body and there is a spiritual body" * In refusing to except the facts of life and the presence of a supreme intelligence far surpassing in power any and all human and subhuman (negative) intelligences combined, it would seem that they believe themselves to be immune to any form of retribution as punishment for their colossal greed. Even so, these spiritually debased individuals have succeeded in manipulating and coercing our civilization into developing defenses which have precipitated serious imbalances within our sphere. * - Cor. 15, 40-44

These imbalances have affected not only our negative Earth plane, but have, to an alarming extent, precipitated reactions throughout the positive and neutral planes of our planet, which in turn have been felt to a lesser degree by entities which are a part of the inner and outer spheres of our solar system. That is why positive beings from these thought planes have intensified their efforts to warn us of the disastrous consequences,

should we willfully continue to alter the established relativity of the time dimension. They have done everything possible, short of actually intervening en-mass in their desire to discourage us in our blind frenzy to destroy ourselves.

Our precarious situation is further aggravated due to the fact that entities from lower vibratory spheres are supplying additional fuel to the flames by directly consorting with the most humanly depraved factions of highly specialized negative power groups existing on our plane, thereby enabling them to derive even more potent methods of destruction through concentrated misuse and misapplication of light energy. Some of the negative planes are infested with entities which have developed types of vehicles capable of penetrating our Earth planes at definite locations throughout the planet. These vehicles are designed and operated to manifest equally well in space or under water, and quite frequently make use of our oceans and polar regions to conceal their points of ingress and egress.

However, the most vicious threat to the entire segment of physical creation originates from the negative power center in outer space which is the focal point of the Anti-Christ forces. Our planet has been consistently probed by their time space craft and agents, who during their reconnaissance have gained control, and are directing alliances with the top most echelon of negative command headquartered on Earth. Those in possession of all the facts relating to the "saucer" phenomena have not been inclined to expose this barbarous intrigue, despite the overwhelming amount of physical proof which has been compiled pinpointing these nefarious activities.

If our present civilization is to survive, it becomes mandatory that positive and complete efforts be made to weed out and neutralize all negatively inspired power factors attempting to take over our plane. Such primitive tactics as talking peace with a knife behind one's back, are becoming increasingly abhorrent to the bulk of civilized humanity. Nations must desire to be basically honest with one another on a realistic level of conduct. The only way this can be accomplished is for the people composing the masses to cause a CHANGE WITHIN themselves by endeavoring to express a deeper feeling of brotherhood towards all mankind in their daily lives. The earnest desire to cooperate can pyramid to such proportions that the political ethics and good will of nations in their dealings with one another, will be directly determined by the world citizens themselves.

In our United States we have a greater opportunity to exercise the basic human rights and freedoms than have peoples in some less fortunate countries. This fact alone should give us some incentive to display firm leadership in world affairs as well as to keep our home front invulnerable to seditious assaults from within. By employing our right to vote we are in a position to guarantee our freedoms, but only to the extent that we keep ourselves informed of domestic and foreign policy trends and let our elected representatives know exactly what we want them to do regarding the setting up and amending of such policies. The public servants we have empowered to represent us should be endowed with scrupulous instincts and mature judgment so that the wishes and needs of the majority might be conscientiously interpreted, especially concerning legislation which is processed through congress and which affects the welfare of each and every one of us. Inasmuch as we are the government, it is our constitutional responsibility to support these administrators and make certain they do not violate their office. In public life the temptation is often very great to succumb to pressure groups which do not have the best interests of the country at heart. If an elected or appointed official does not carry out the letter and intent of the principles upon which our government was founded, he may be legally removed from office and prosecuted. The citizens of this country should at all times maintain sovereignty over their inalienable rights of Life, Liberty and the pursuit of happiness. Only a strong and cohesive government BY THE PEOPLE is capable of pioneering this type of world leadership which will eventually have positive reactions throughout the entire planet by gradually eliminating the major points of differences and areas of negatively accentuated influences.

There is every indication that a series of sub-climaxes has already been reached in the unsavory chess game involving human beings as pawns. Now in progress are definite moves which will cause other countries to stabilize in their efforts to create better forms of government designed to become more compatible with our own policies of easing world tensions, provided that we as a progressive nation, endeavor to maintain flexible high standards of mutual cooperation.

A logical and complete analysis made of the fragmentary information available through what is left of our free press, combined with common sense and wisdom in fitting these pieces into a pattern, will confirm the truth of my comments regarding our climatic struggle for survival. As people expand their thinking to encompass the overall picture of totality, they will begin to comprehend events in their true light and not be so prone to allow others to do their thinking for them. Much too often we restrict our thought processes to a very limited sphere, and then suffer the consequences for having neglected to see the "forest for the trees" or the "handwriting on the wall".

The search for reality, which for so many has been an arduous groping in the dark, is only as complicated as we choose to make it. Just as LIGHT IS, so is SIMPLICITY the key to eternity, and the underlying principle of all creation. The implications of the basic factual information I have related thus far, should prove to be sufficiently thought provoking to promote further insight into this subject and perhaps induce the average man or woman to make a more thorough investigation into the normally unknown realms of being.

Let us now briefly consider the physical evidence available to substantiate much of our not so supernatural phenomena. The "flying saucer" controversy, for example, has no doubt stimulated the greatest amount of interest in recent years. Literally millions of people have beheld strange objects in the air, emerging from the sea, and landing on the surface of our planet. Some years ago, in fact, it was reported that the residence of Farmington, New Mexico witnessed an armada of spacecraft flying over their city for three days in succession between the hours of 10:30 a.m. and noon. However, the publicity in this case was confined to local newspapers, with only incidental reports of this unusual occurrence being circulated through news channels of other states.

Every serious minded individual living in these momentous times might do well to acknowledge the signs in the heavens above him and contemplate their meaning. Unconventional flying objects can no longer be outlawed as a mere mirage or mass hallucination, or the wholesale product of science fiction. In addition to the recently authenticated UFO reports, the vast number of known references made to this phenomenon throughout modern recorded history and predating it, would obviously indicate that the "wheels", whatever their guise, are this time here to stay.

Also, currently being sought is universally acceptable evidence supporting the actuality of survival after so-called "death", and the probability of life on other planes and planets, including the Moon. Throughout the centuries, proof of these facts has been kept veiled in prophesies and parables intelligible only to those whose minds and hearts were open to the truth, whatever the source.

For instance, in analyzing the well known affirmation made by the Christ – "In my Father's house there are many mansions", we more or less content ourselves with the superficial interpretations of this simple truth, and rarely conceive of its deeper significance, which would indicate that our "Father's House" is the OMNIVERSE, and the "Mansions" are the components thereof, be they planets, spheres, planes or universes. The testimony that he has prepared a "place" for us, would further reveal that the Elder Brother possesses such tremendous creative powers that he is capable of bringing into being entire universes, and that our particular planet was in its virgin state, originally one of his creations. The general belief adhered to by Christians that they will eventually go to the "place" which has been prepared for them by Christ, is literally true. However,

whether the beliefs of individuals encompass the dogmas of the Protestant, Catholic, Jewish, Islamic, Hindu-Buddhist, Tibetan-Buddhist or any other creed, they usually include in their doctrines a portrayal of the continuity of existence somewhere above, below or beyond the mortal plane.

Within the past several years science has initiated serious research into all phases of the hyper-physical or the unknown, including phenomena such as extra sensory perception, and communication with other planes. This research is not limited to the older branches of science, but has called new ones into existence. At the present time, 1963, specialists in the fields of philosophy, parapsychology, psychical research, theology and religion, psychoanalysis, psychiatry, general psychology and the natural sciences are combining their efforts to effect a major breakthrough into these heretofore hidden aspects of being. Much progress has already been made, and we may look forward to very definite and comprehensive confirmations of survival following transition from the physical plane. We may also anticipate being presented with logical and conclusive proof that our previously unused senses can be developed to the point where the human body will function the way it was originally intended to do as perfectly balanced vehicles of incarnation. Already on record are numerous documented cases tending to prove the existence of such senses.

In the field of astronomy a thorough research into the extensive recorded observations of our planets and nearby space objects, will clearly indicate that a higher form of intelligent human life exists elsewhere in our solar system. Through the vast numbers of telescopic explorations conducted during the past several years, particularly those pertaining to activity on our moon, it has been ascertained beyond a doubt, that a bridge of metal possessing fantastic proportions has been spanned across one of the more prominent craters on the satellite. Should the findings of the recently successful probes into space be publicized in their entirety, we have every reason to believe that the scientific data thus computed will be of such scope and magnitude as to render obsolete the greater portion of our formal working hypothesis. Since factual data of this nature cannot be convincingly rationalized or effectually conjured away, it is evident that immediate and drastic attempts were made to suppress the latest discoveries. Moreover, it is conceivable to suppose that the very impact of such startling information has already inaugurated no end of controversy among the hierarchies of science, religion and government, and because of its far reaching effects will completely invalidate long establishes concepts and theories embracing all phases of our existence.

When finally, every particle of physical evidence has been analyzed and given its proper perspective in relation to the composite plan of creation, human thinking can be expanded to encompass ideas which at first glance may appear to be fantastic or impossible, but when considered with an open mind, could prove to be surprisingly logical after all. Vital bits of information now being disseminated throughout the world will sooner or later supply the missing links in our organized search for more positive applications of natural law.

On an international level, it is already known that the existence of life on other planets can be proved mathematically. Recognized experts in the fields of science are cautiously beginning to express their convictions and views regarding this fact now that ridicule toward this type of thinking has subsided somewhat, and more serious consideration is being given to the possibility that we may not be alone in the universe.

That is why hundreds of years ago a privately maintained system of contacts was established, which in the present time has been greatly expanded. Many others besides me are eagerly anticipating the first confirmed reports of scattered mass saucer landings. The reader is no doubt aware of the countless number of testimonies given throughout the world by individuals from all walks of life, who allegedly had contacted beings from other planes and planets. While a certain number of these releases must necessarily be discounted, there still remain a considerable and ever increasing number

of well documented accounts by persons who have never studies the occult, and who are average hard working materialists not given to entertaining beliefs fundamentally incompatible with their way of life. Many contactees have refrained from reporting their experiences for such obvious reasons as public ridicule and eventual persecution. One such individual, known to me personally, is a forthright, conscientious citizen who, upon describing his contact, was within hours, deprived of his civil rights, and actually confined to a mental institution for a short period, so that the details of his experience might be suppressed. This particular case is being given priority attention by several congressional committees that are taking steps to prevent recurrences of civil rights violations by agencies within the various branches of our federal, state and local governments. After these infringements upon our sacred liberties have been abolished, a substantial increase will be noted in the number of authentic sightings and contact reports filed.

When it comes to perpetuating injustices against the dignity of man, Governments are by no means the only offenders. In the United States, fortunately, this is one organized body we can do something about correcting, since our government is directly and indirectly subordinate to our powers and privileges as American citizens. In the final analysis, the preservation and perpetuation of our humanitarian ideals depends entirely upon the integrity of the individual and his successful efforts to maintain the principles of freedom so courageously initiated by our forefathers in their hour of trial, and so admirably defended by generations of inspired citizens. Because of its noble inception, our constitution is projected to be the forerunner of and the pattern for a fundamental world government now in active preparation for the Golden Age. Let us honor it, by adhering to its precepts.

It is not a myth that man has a destiny. He has dreamed dreams and seen visions of its glorious freedom, and has beheld its grandeur. His journey is ever upward from spiritual ignorance to divine awareness. During this crucial phase of the cosmic transition, humanity has urgent need of all the hope and courage that a renewed understanding of the basic cosmic laws can engender. Floundering as we are at the crossroads of eternity, a complete reevaluation of the deeper problems of existence and how they were brought about, must be forthcoming. The hour is HIGH NOON – the clock is striking, and the time has come to stop dallying with effects. In short, we must begin pulling ourselves up by our respective bootstraps and start projecting a meaningful sense of direction into our lives as FREE MEN AND WOMEN OF INFINITE LIGHT.

"Blessed are the meek, for they shall inherit the Earth. Blessed are the pure in heart, for they shall see God" * (Truer words have never been prophesized). Regardless of what you, the reader may have adopted as your personal beliefs, it is my earnest hope that these writings will lead directly to the AT-ONE-MENT with every phase and facet of eternal creation. You will then discover for yourself that this is truly a magnificently vast and UNLIMITED OMNIVERSE, in every conceivable respect.

TO ALL READERS OF THE FOREGOING NARRATIVE.....

Kindly permit me to thank each and every one of you sincerely, for having paused to read this volume and examine its content.

Being deeply interested in the pattern of public response to subject matter of this nature, I would feel privileged to receive your personal views and opinions, whatever they might be. In expressing such comments, you are not only exercising your fundamental constitutional rights and freedoms as American citizens, but are perpetuating as well the Cosmic Heritage of all mankind – its boundless pioneering spirit – to which this book is everlastingly dedicated.